



#### qld.gov.au/getready

#### Prepare your household with all nine fact sheets:

- 1 Prepare your emergency plan
- 2 Prepare for evacuation
- 3 Prepare your emergency kit
- 4 Prepare your home
- 5 Tune into warnings
- 6 Check your neighbours
- 7 Pet emergency plan
- 8 Prepare your car

9 Prepare your business Available in more than 20 languages online at:

disaster.qld.gov.au

## Fact sheet



## **Always remember:**

Having an emergency kit is an important step to prepare for, survive and cope with emergencies.

Know: All householders need to know where your Emergency Kit is kept.

Check: and update the contents of your kit regularly, to ensure everything is in working order and has not expired.

Discuss: your emergency kit with all householders and make sure everyone knows what to do in an emergency.

On this page is a list of items which should be in your kit at all times.

On the other side of this page is a list of extra items which, if you do not keep at all times, you should add to your kit during storm or cyclone season.

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# Prepare your emergency kit: Essential items, all times

#### Food and water

Range of non-perishable food items Bottled water

# **Medical and sanitation**

First Aid Kit and manual
Essential medications, prescriptions and dosage
Toilet paper
Toothbrush/toothpaste
Soap/shampoo
Personal hygiene items

#### Light

Flashlight/torch with extra batteries	
Battery powered lantern	

## Communications

Battery powered radio with extra batteries
Traditional wired telephone
Prepaid phone cards or coins for phone calls

## **Clothing and footwear**

Warm jumper, waterproof jacket, hat
and gloves for everyone
Closed-toed shoes or boots for everyon

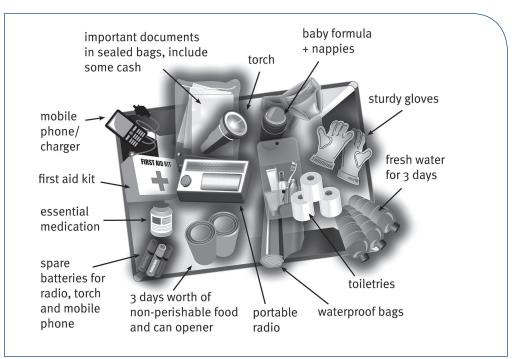
## **Tools and supplies**

Whistle, utility knife, duct/masking tape					
Plastic garbage bags, ties					
Safety glasses and sun glasses					

1	(nappies, formula etc)	
	Special items needed by elderly or people with special needs	
1	Spare house and car keys	
	Pet food, water and other animal needs	
i i	Important documents	
	Keep original or certified copies of these documents in your Emergency Kit.	
1	Scan copies of them and save the files on a U memory stick or CD to include in your kit. Kee all these items in sealed plastic bags.	
	Insurance papers for your house and contents, cars, and for valuable items	
	Inventory of valuable household goods	
1	Wills and life insurance documents	
1	House deeds/mortgage documents	
	Birth and marriage certificates	
	Passports/visa details	
	Stocks and bonds	
	Medicare, pension cards, immunisation records	
	Bank account and credit card details	
	A back-up copy of important computer files	
	Household Emergency Plan with emergency contact numbers (also see Fact Sheet 1)	

Miscellaneous

Special Items for infants









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#### **Extra items** to include in your emergency kit during cyclone and storm season.

Weather warnings are issued when emergencies like floods, storms and cyclones are expected.

During storm and cyclone season, add the items on this page to your emergency kit.

It is preferable to keep stocks of these items in your kit all the time.

However, if you do not have enough space in your kit, make a note of where to find the extra items in your home so you can collect them quickly.

Remember: if you have visitors during an				
emergency, you will need supplies for them also.				

at least ays Q is how long you may be without assistance

# Prepare your emergency kit: Extra items, storm times

#### Fo

essential medication

spare

phone

batteries for

radio, torch

and mobile

3 days worth of

and can opener

non-perishable food

Food and water	In kit or location
Three days' supply of non-perishable food (plus can opener, cooking gear, plates and utensils) Clean water in sealed containers (10 litres per person is recommended for three days supply) Water purification tablets	
Medical and sanitation supplies	
Extra supplies of medications Extra toiletry and sanitary supplies, sunscreen and insect repellant Prescription details for all medications Spare spectacles	8
Tools, communications and supplies	
Wide masking tapes for windows Wrench or pliers to turn off all utilities Tent or tarpaulin Woollen and thermal blankets A mobile phone, spare battery and charger	
Clothing and footwear	
Change of clothes for everyone, stored in plastic bags Spare clothes and bedding	
Miscellaneous items	
Extra supplies for infants (extra formula, nappies etc) Extra items for the elderly or people with special needs Spare cash in case electronic bank tellers don't work Pets – provisions and information (such as vet's papers, leash, food and water, collars with identification tag, pet beds, litter pan and scooper, carrier or harne	ess, medication)
In an emergency, there may be interruptions to power and water s Ensure you have adequate stocks on hand:	supplies.
Barbeque or portable stove with fuel Fully charged batteries for mobile phone Spare batteries for torch and radio Esky or gas / battery powered refrigerator	
important documents in sealed bags, include some cash mobile phone/ charger	



toiletries

waterproof bags

portable

radio