

*Journeys to Wellness*  
*Refresh, Rejuvenate, Revive*

The Song Saa Sanctuary is a place of peace and gentleness where mind, body and soul are restored to their natural stillness and harmony.

From 1<sup>st</sup> May until 31<sup>st</sup> October 2016, Song Saa offers 5 and 7 night Refresh, Rejuvenate and Revive Retreats that include a comprehensive and holistic program at no additional cost for booking of our All-Inclusive Rates.





## A Journey to REFRESH

Inspired by our Stillness Spa menu, Song Saa Private Island's Refresh Retreat allows you to escape the frenetic pace of modern life and maximize your limited and precious time off, returning to the "real world" feeling rested and refreshed. The Refresh program focuses on mental clarity and detachment from stress. Luxurious spa treatments are offered in a nurturing environment, allowing you to rest, escape and return anew.

# Refresh

## 5 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
Karuna Kaya Massage *90 Minutes*  
Manipura Massage *90 Minutes*  
Personal Yoga or meditation session *60 Minutes*  
Bio-Rhythms *120 Minutes*  
Rainforest Facial *75 Minutes*  
Mani or Pedi *60 Minutes*  
Stillness Bath Ritual  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

## 7 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
Karuna Kaya Massage *90 Minutes*  
Manipura Massage *90 Minutes*  
2 x Personal Yoga or meditation sessions *60 Minutes*  
Bio-Rhythms *120 Minutes*  
Rainforest Facial *75 Minutes*  
Mani or Pedi *60 minutes*  
Stillness Night Spa Ritual  
Eye treatment  
Stillness Bath Ritual  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

Retreats subject to change without notice

## A Journey to REJUVENATE

Song Saa Private Island's Rejuvenation Retreat integrates diet, physical activity and indulgent spa treatments to detoxify, purify, and leave you feeling refreshed and renewed. Inspired by our Blessing Spa menu, this retreat is cleansing and empowering, allowing you to take control of your health, and establish a lasting foundation for ongoing happiness and wellbeing.

# Rejuvenate

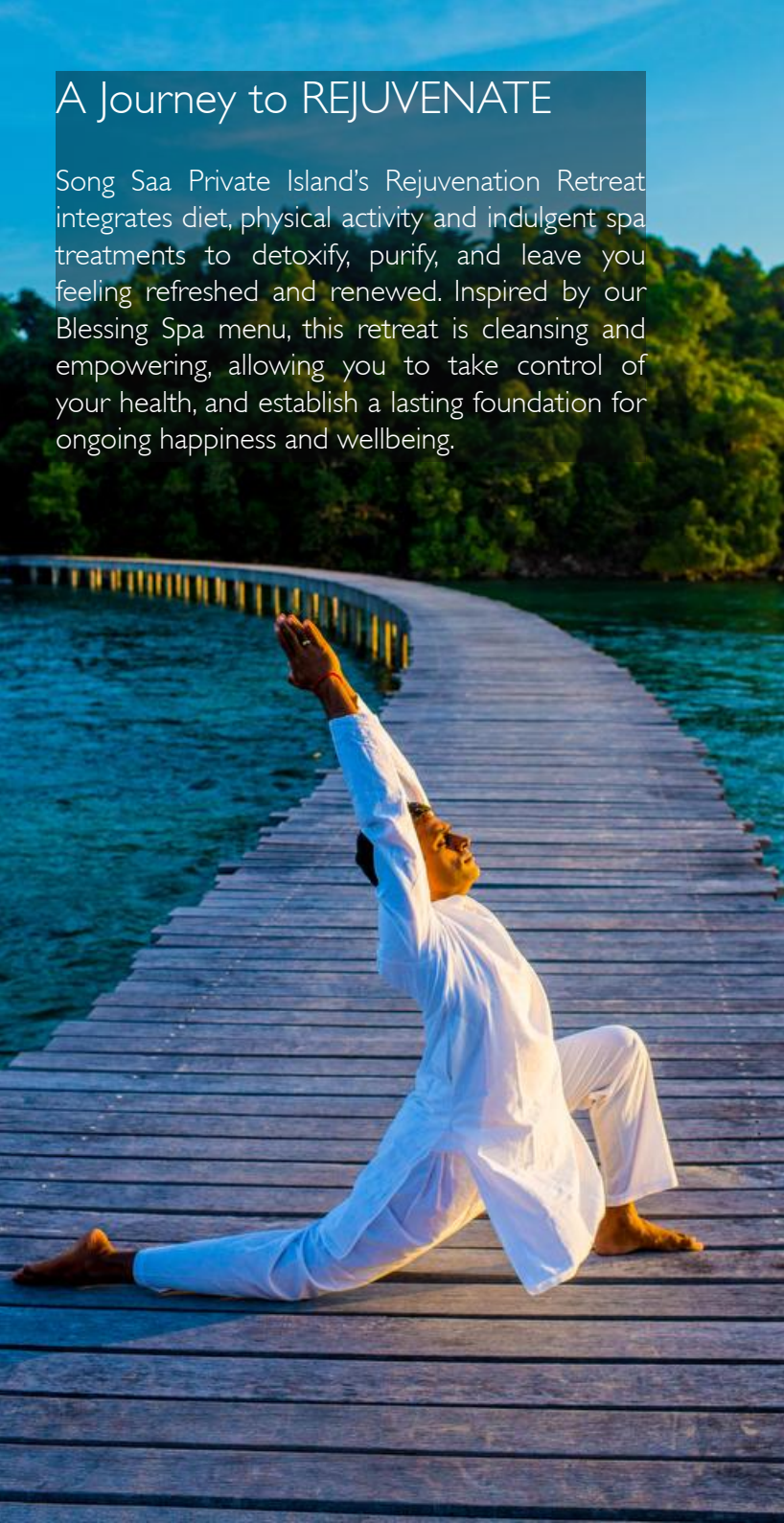
### 5 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
A spa menu designed by Chef focusing on Health & Wellbeing  
Manipura Massage *90 Minutes*  
Metta Massage *90 Minutes*  
ILA Experience (*scrub, massage, facial*) *120 Minutes*  
Personal Yoga or meditation session *60 Minutes*  
Stand Up Paddling board Yoga *60 Minutes*  
Khmer cooking class *120 Minutes*  
Buddhist blessing performed by monks in local pagoda  
Blessing Bath Ritual (*Grand Cru not included*)  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

### 7 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
A spa menu designed by Chef focusing on Health & Wellbeing  
Manipura Massage *90 Minutes*  
Metta Massage *90 Minutes*  
ILA Experience (*scrub, massage, facial*) *120 Minutes*  
2 x Personal Yoga or meditation sessions *60 Minutes*  
Stand Up Paddling board Yoga *60 Minutes*  
Khmer cooking class *120 Minutes*  
Buddhist blessing performed by monks in local pagoda  
Blessing Night Spa Ritual  
Mani or Pedi *60 minutes*  
Indian Head Massage *60 Minutes*  
A guided hike across Koh Rong and a picnic lunch  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

Retreats subject to change without notice





## A Journey to REVIVE

Inspired by our Healing Spa menu, this retreat will instil serenity and restore your sense of self, focusing on inner wellness, restorative treatments, and personal luxury. Physically and mentally detach, indulge the senses and attain the skills to achieve long-lasting calm in your life. The Revive program is designed for anyone experiencing transition or disruption in their lives. Perfect for those wanting to restore their spiritual balance and acquire a set of tools to empower lasting change.

# Revive

### 5 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
Manipura Massage *90 Minutes*  
Karuna Kaya Massage *90 Minutes*  
Personal Yoga or meditation session *60 Minutes*  
Marine Flora Immersion *120 Minutes*  
Buddhist blessing performed by monks in local pagoda  
The Khmer Poultice Massage *90 Minutes*  
Marine Flora Face Therapy *75 Minutes*  
Healing Bath Ritual (*not including the Moet Chandon*)  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

### 7 night retreat includes:

Consultation with our Sanctuary Manager *30 Minutes*  
Manipura Massage *90 Minutes*  
Karuna Kaya Massage *90 Minutes*  
2 Personal Yoga or meditation sessions *60 Minutes*  
Marine Flora Immersion *120 Minutes*  
Buddhist blessing performed by monks in local pagoda  
The Khmer Poultice Massage *90 Minutes*  
Marine Flora Face Therapy *75 Minutes*  
Healing Night Spa Ritual  
Mani or Pedi  
Underwater Meditation  
Guided hike across Koh Rong  
Healing Bath Ritual (*not including the Moet Chandon*)  
Nightly turn down bath rituals  
Daily spa treats from the kitchen

Retreats subject to change without notice



# SONG SAA

PRIVATE ISLAND

Voted among the "Top 10 Spas" by  
Organic Spa Awards

"Best in Cambodia" by SpaWellness  
Travel Awards 2015



"Song Saa is quite literally a spa without walls. Everywhere you look and walk and listen, a bliss is realized that's thankfully hard to shake" - Dallas Morning News - USA

"Song Saa is also as gorgeously organic as it gets" - Organic Spa Magazine - USA



"Integrity and soul stand at the forefront of everything the two conjure up, which makes one's stay an unforgettable treat that is embellished with many little heartwarming details that you'll treasure forever in your memory." - AsiaSpa Magazine - South East Asia

5 night retreats start at \$7,200 and 7 night retreats start at \$10,080.

Rates also include:

- Five-star accommodation in your private over-water, ocean view or jungle villa
- Everything that passes your lips from sunrise to sunset.
- Unlimited access to our house wines and spirits, beers and non-alcoholic drinks, including villa mini bars which are restocked daily
- 3 pieces of laundry per person per day
- Speed boat transfers between Sihanoukville port and Song Saa Private Island,
- High-speed internet and satellite TV
- Free use of the resort's kayaks, sailing boats, and snorkeling gear
- Guided tours of the unique terrestrial and marine environments of Song Saa's twin islands

For more information please contact [reservations@songsaa.com](mailto:reservations@songsaa.com) or [Book Now](#)

[www.songsaa.com](http://www.songsaa.com)

[www.songsaafoundation.org](http://www.songsaafoundation.org)

Terms and conditions: Rates based on Double Occupancy | Subject to availability at the time of booking | This offer is not valid in conjunction with any other promotion | Additional nights will be charged at a normal nightly rate with no spa inclusions | Speedboat transfers are based on daily schedule | Special blackout dates may apply | Early Bird discount not applicable |

Offer valid from 1<sup>st</sup> May to 31<sup>st</sup> October 2016 | Rates are exclusive of tax and service charges (23.42%)