

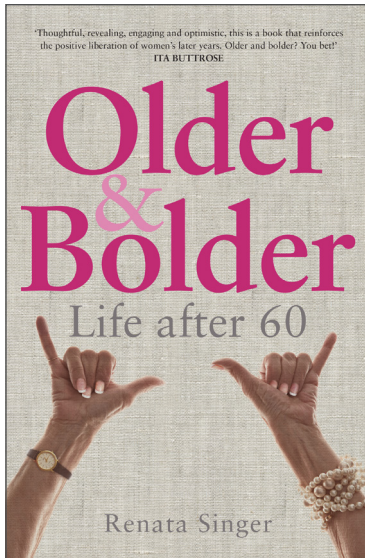
MEDIA RELEASE

Books with Spine – The best in politics, current affairs and biography



EMBARGOED UNTIL: 01 AUGUST 2015

Level 1, 11-15 Argyle Place South, Carlton 3053 Australia :: +613 9342 0300 :: mup.com.au



RRP Print \$34.99
RRP eBook \$14.99

Renata Singer will be available for interviews from mid-July.

For more information please contact:

Monica Svarc at MUP
on 0413 697 664
or email msvarc@unimelb.edu.au

OLDER & BOLDER

Life After 60

by Renata Singer

'Thoughtful, revealing, engaging and optimistic, this is a book that reinforces the positive liberation of women's later years. Older and bolder? You bet!'—ITA BUTTROSE

For the first time in history, women can expect to live well from their sixties for another three decades. A drab existence of retirement, disease and disconnection is not an option for this generation of women.

In *Older & Bolder*, Renata Singer contrasts the stories of the pioneers of active, productive old age against the anxieties of those facing the milestone of turning sixty, considering each viewpoint in the light of revealing research.

Older & Bolder is her rallying guide to living audaciously in the last third of your life.

Renata Singer is a writer who conceived the idea of *Older & Bolder* when she realised how much she loved talking to old people. Her other books include *True Stories from the Land of Divorce*, *Goodbye and Hello* (on the experience of emigration) and a novel, *The Front of the Family*. With her husband, philosopher Peter Singer, she co-edited *The Moral of the Story: Ethics Through Literature*.

Renata likes to get things done. After working with disadvantaged women in New York, she co-founded Fitted for Work, the Australian non-profit that helps women back into the workforce. In earlier lives she was a high school teacher, a community worker, a publications officer for Oxfam Australia and a member of the Workcare Appeals Tribunal.

Renata and Peter have three children and four grandchildren. They divide their time between New York and Melbourne.

MELBOURNE · UNIVERSITY · PUBLISHING

Find MUP on Twitter/ MUPublishing or Facebook/ MUPublishing