

FIRST SUNDAY OF LENT

INTROIT

Invocabit me

Ps 91 (90): 15, 16

VIII
W

Hen he calls to me, * I will answer him;
I will rescue him and hon-or him; with long life will I
satis-fy him.

Psalm 91 (90)

1. He who dwells in the shelter of the Most **High**, *
and abides in the shade of the *Almighty*,
says to the LORD, “My **refuge**, *
my stronghold, my God in whom *I trust!*”
2. He will free you from the snare of the **fowler**, *
from the *destructive plague*;
he will conceal you with his pinions, †
and under his wings you will find **refuge**. *
His faithfulness is buckler *and shield*.
3. You will not fear the terror of the **night**, *
nor the arrow that flies *by day*,
nor the plague that prowls in the **darkness**, *
nor the scourge that lays waste *at noon*.

Glory be to the Father ...

OFFERTORY

Scapulis suis

Ps 91 (90): 4-5

VIII

T HE Lord will overshadow you with his pinions, *
and you will find refuge under his wings. His faithful-
ness will encompass you with a shield.

Psalm 91 (90)

1. He who dwells in the shelter of *the Most High*, *
and abides in the shade of *the Almighty*,
says to the *LORD*, "*My refuge*, *
my stronghold, my God in *whom I trust!*"
2. You will not fear the terror of *the night*, *
nor the arrow that *flies by day*,
nor the plague that prowls in *the darkness*, *
nor the scourge that lays *waste at noon*.
3. A thousand may fall at your side, †
ten thousand fall *at your right*: *
you it will never *approach*.
4. Your eyes have *only to look* *
to see how the wicked *are repaid*.
For you, O *LORD*, *are my refuge*. *
You have made the Most *High your dwelling*.

COMMUNION

Scapulis suis

Ps 91 (90): 4-5

III

HE will overshadow you with his pinions, * and
you will find refuge under his wings. His faithfulness will
en-compass you with a shield.

Psalm 91 (90)

1. He who dwells in the shelter of the *Most High*, *
and abides in the shade of the *Almighty*,
says to the LORD, “*My refuge*, *
my stronghold, my God in whom *I trust!*”
2. He will free you from the snare of *the fowler*, *
from the destructive **plague**;
For you has he commanded *his angels* *
to keep you in all *your ways*.
3. They shall bear you upon *their hands*, *
lest you strike your foot against *a stone*.
On the lion and the viper you *will tread*, *
and trample the young lion and *the serpent*.
4. Since he clings to me in love, I *will free him*, *
protect him, for he knows *my name*.
When he calls on me, I will answer him; †
I will be with him in *distress*; *
I will deliver him, and give *him glory*.

5. With length of days I will *content* him; *
I will show him my *saving* power.

Glory be to the Father ...

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