

SENATE SEEKERS: BELLINGHAM CANDIDATES STEP UP TO THE PLATE, P.8 ASTRAL ASSASSINS: SCI-FI SHOW IS OUT OF THIS WORLD, P.18 ANACORTES ACTION: FINE ART IN A FESTIVE ATMOSPHERE, P.20



Cotton candy? Check. Carnival rides? Check. Lots of local and regional entertainment? Yep. Find it all at the **SKAGIT COUNTY FAIR**, which kicks off Aug. 11 at Mount Vernon's Skagit County Fairgrounds



WEDNESDAY [08.04.10]

ON STAGE

Private Lives: 7:30pm, Old Main Theater, WWU

MUSIC

Jeremy DesChane: 12:30pm, Whatcom Museum Unami, Latin Expression: 5-9pm, Holly and Bay streets

COMMUNITY

Threshing Bee & Tractor Show: Through Saturday, Berthusen Park, Lynden Wednesday Market: 12-5pm, Fairhaven Village Green

GET OUT Chowder Charter: 6-9pm, Bellingham Bay

THURSDAY [08.05.10]

ON STAGE High School Musical: 7:30pm, Performing Arts Center, WWU Private Lives: 7:30pm, Old Main Theater Off the Map: 7:30pm, Anacortes Community Theatre

Bard on the Beach: Through September 30, Vanier Park, Vancouver, B.C. Good, Bad, Ugly: 8pm, Upfront Theatre Antony & Cleopatra: 8pm, Phillip Tarro Theatre, Skagit Valley College The Project: 10pm, Upfront Theatre

MUSIC

Septembers End: 6-8pm, Elizabeth Park Marrowstone Faculty Recital: 7:30pm, Performing Arts Center, WWU

WORDS Speak Easy 4: 7-9pm, Mindport

GET OUT History Cruise: 6pm, Squalicum Harbor

FRIDAY [08.06.10]

ON STAGE

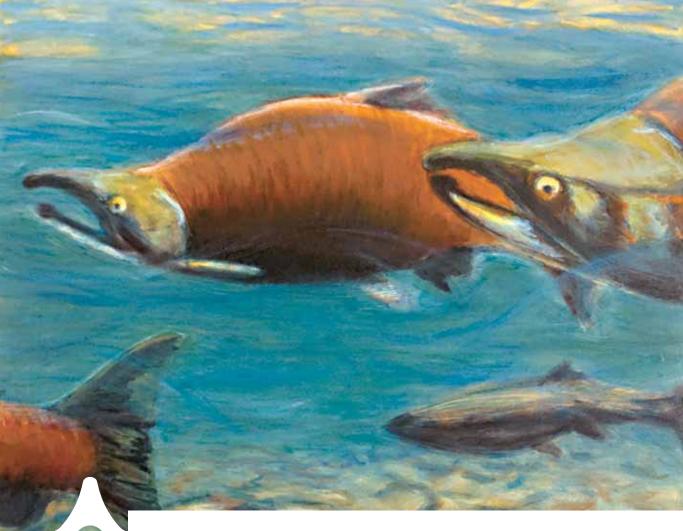
The Card Mechanic: 7pm, MBT's Walton Theatre High School Musical: 7:30pm, Performing Arts Center, WWU Private Lives: 7:30pm, Old Main Theater

Trouble at the Tropicabana: 7:30pm, RiverBelle Dinner Theatre, Mount Vernon Off the Map: 8pm, Anacortes Community Theatre Taming of the Shrew: 8pm, Phillip Tarro Theatre, Skagit Valley College

Games Galore: 9pm, Upfront Theatre

MUSIC

Summer Meltdown: Through Sunday, Whitehorse Mtn. Amphitheater, Darrington





Stay in the swim of things by attending the closing reception and **AUCTION FOR NSEA'S "SALMON AT THE BAY"** art exhibit fundraiser Aug. 6 at Boundary Bay Brewery

Free Marrowstone Concert: 12pm, Fairhaven Village Green

Cowboy Buck and Elizabeth: Noon, Bellingham Public Library lawn Bellingham Youth Jazz Band: 7pm, Bellingham Senior Center

Swil Kanim: 7-9pm, Stuart's at the Market Tommy Tutone: 8pm, Silver Reef Casino

VISUAL ARTS

Anacortes Arts Festival: 10am-6pm, downtown Anacortes Salmon at the Bay: 5:30pm, Boundary Bay Brewery First Friday Art Walk: 6-9pm, Anacortes Art Walk: 6-10pm, downtown Bellingham

SATURDAY [08.07.10]

ON STAGE

Things That Fly: 2pm, Fairhaven Village Green Antony & Cleopatra: 2pm, Phillip Tarro Theatre, Skagit Valley College

Beauty Lou and the Country Beast: 3pm and 7pm, Mount Baker Theatre

Two Gentlemen of Verona: 5pm, Phillip Tarro Theatre High School Musical: 7:30pm, Performing Arts Center, WWU

Private Lives: 7:30pm, Old Main Theater Trouble at the Tropicabana: 7:30pm, RiverBelle Dinner Theatre, Mount Vernon Off the Map: 8pm, Anacortes Community Theatre Taming of the Shrew: 8pm, Phillip Tarro Theatre Games Galore: 9pm, Upfront Theatre

MUSIC

Marrowstone Chamber Orchestra: 7:30pm, Performing Arts Center, WWU Tracy Spring: 7:30pm, Bellingham Unitarian Fellowship

COMMUNITY

Civil War Reenactment: Through Sunday, Hovander Park, Ferndale Lummi Farmers Market: 10am-1pm, Nugent Drive Ferndale Farmers Market: 10am-1pm, Centennial Riverwalk Park

Bellingham Farmers Market: 10am-3pm, Depot Market Square Drayton Harbor Days: 10am-4pm, Blaine Kids' Festival: 11am-3pm, Bloedel Donovan Park

WORDS Cowboys and Indians: 7:30pm, Lincoln Theatre, Mount Vernon

FILM Star Trek: Dusk, Fairhaven Village Green

GET OUT Lake Samish Triathlon: 8:30am, Camp Lutherwood

Bike to Battle Cancer: 9am, Bellingham Technical College Agape Run & Walk: 9am, Maritime Heritage Park Bull-A-Rama: 7:30pm, Howard Bowen Memorial

VISUAL ARTS

Grounds, Sumas

Anacortes Arts Festival: 10am-6pm, downtown Anacortes Children's Craft Fair: 10:30am-2:30pm, Deming Public Library Birds Exhibit Reception: 5-8pm, Smith & Vallee Gallery, Edison

SUNDAY [08.08.10]

ON STAGE High School Musical: 2pm, Performing Arts Center, WWU Antony & Cleopatra: 2pm, Phillip Tarro Theatre, Skagit Valley College Off the Map: 2pm, Anacortes Community Theatre Comedy Night: 8pm, Fairhaven Pub

MUSIC

Marrowstone Festival Orchestras: 3pm, Performing Arts Center, WWU Cultural Concert Series: 2pm, Peace Arch State Park, Blaine

COMMUNITY Drayton Harbor Days: 10am-4pm, Blaine

GET OUT Open Water Swim: 8am, Lake Samish Beach Day: 11am-3pm, Birch Bay State Park, Blaine

VISUAL ARTS Anacortes Arts Festival: 10am-5pm, downtown Anacortes

MONDAY [08.09.10]

WORDS Andrew Bacevich: 7pm, Village Books Poetrynight: 8pm, the Amadeus Project

TUESDAY [08.10.10]

ON STAGE Intro to Improv: 7pm, 302 W. Illinois St.

DANCE Dancing in the Park: 7-9pm, Elizabeth Park



Featuring Sakuma Brothers Berries



SwinomishCasino.com

THIS **ISSUE**

FOOD

CLASSIFIEDS

FILM

MUSIC

ART

00

STAGE

GET OUT

WORDS

CURRENTS 8

VIEWS 6

MAIL 4

DO IT 2

08.04.10

#31.05

WEEKLY

CASCADIA



With her famous folks looking on, former First Daughter Chelsea Clinton, 30, wed longtime banker boyfriend Marc Mezvinsky Sat., July 31 at the Astor Courts estate in Rhinebeck, NY. The bride wore Vera Wang, Hillary donned an Oscar de la Renta gown, Bill lost more than 20 pounds for the occasion and, all told, the price tag for the soiree came to an estimated \$3 million.

VIEWS & NEWS

4: Mailbag

6: Gristle & Rhodes

8: Seeking the Senate

11: Last week's news

13: Police blotter

ARTS & LIFE

14: War in Ferndale 16: Crab grab 18: Out of this world **20:** Fine art festivities **22:** Jamming at the Jamboree 26: Clubs **28:** A special kind of chemistry

REAR END

- **31:** Employment, Services
- 32: Wellness
- 33: Crossword
- 34: Free Will Astrology
- **35:** Advice Goddess
- 36: This Modern World, Tom the Dancing Bug
- 37: Sudoku, Troubletown
- 38: Culture and cuisine

WEEKLY

©2010 CASCADIA WEEKLY (ISSN 1931-3292) is published each Wednesday by Cascadia Newspaper Company LLC. Direct all correspondence to: Cascadia Weekly PO Box 2833 Bellingham WA 98227-2833 | Phone/Fax: 360.647.8200 info@cascadiaweekly.com

Though Cascadia Weekly is distributed free, please take just one copy. Cascadia Weekly may be distributed only by authorized distributors. Any person removing papers in bulk from our distribution points risks prosecution

SUBMISSIONS: Cascadia Weekly welcomes freelance submissions. Send material to either the News Editor or A&E Editor. Manuscripts will be returned if you include a stamped, self-addressed envelope. To be considered for calendar listings, notice of events must be received in writing no later than noon Wednesday ings, indice of events may be received in writing to take than how we used at the week prior to publication. Photographs should be clearly labeled and will be returned if accompanied by stamped, self-addressed envelope.

LETTERS POLICY: Cascadia Weekly reserves the right to edit letters for length and nt. When apprised of them, we correct errors of fact promptly and cou In the interests of fostering dialog and a community forum, Cascadia Weekly does ot publish letters that personally disparage other letter writers. Please keep your letters to fewer than 300 words.



Contact Cascadia Weekly: 360.647.8200

Editorial

Editor & Publisher: Tim Johnson 🕿 ext 260 ô editor@ cascadiaweekly.com Arts & Entertainment

Editor: Amy Kepferle 🕿 ext 204 Ô calendar@ cascadiaweekly.com

Music & Film Editor: Carey Ross 🕿 ext 203 Ô music@ cascadiaweekly.com

Production

Art Director: Jesse Kinsman Ô graphics@ cascadiaweekly.com **Graphic Artists:** Kimberly Baldridge Ô kim@ kinsmancreative.com Stefan Hansen Ô stefan@ cascadiaweekly.com Send All Advertising Materials To

Advertising Advertising Director:

Ads@cascadiaweekly.com

Nicki Oldham 🕿 360-647-8200 x 202 ô nicki@ cascadiaweekly.com

Account Executives:

Frank Tabbita 🕿 360-739-2388 ô frank@ cascadiaweekly.com Hollev Gardoski **8** 360-421-2513 ô holley@ cascadiaweekly.com Scott Herning

cascadiaweekly.com

Distribution

JW Land & Associates Ô distro@ cascadiaweekly.com

Letters Send letters to letters@ cascadiaweekly.com.



Cover: photo of Crow Quill Night Owls by Hollie Huthman design by Kim Baldridge



CONTENTS » LETTERS » STAFF



CARTOONS ARE KING

Did I miss something, or did the awesome comics get misplaced last week?

—Evan Knappenberger, Bellingham

Page constraints and placement issues did force some comics out of the last issue. We regret the omission.

VOTE GREEN

Vote for a candidate who is creative and decisive: Green Party candidate, Howard Pellett for 40th District. Democrat Jeff Morris is a fence rider.

Pellett supports the creation of a Washington State bank that will create loan programs for businesses, farmers and students. The big banks that have been bailed out have frozen loans and credit to working families and small businesses.

Pellett states that he supports I-1098, a measure to increase taxes for individuals who earn more than \$250,000, and cut the business and occupation tax and real property taxes.

In contrast, Morris states in the Herald's July 23, 2010 article, that "he hasn't decided if he'll vote for I-1098."

Concerning the environment and refinery growth issue, Morris blandly states that industries need to be "recognized." Morris won't confront big oil in this district. Do we have to have an oil disaster in Puget Sound water before we realize that pollution also affects the economy? Tourism and the fishing industry

have halted in many parts of the Gulf. There are greener industries to support. We need more wind, tidal and solar energy projects in this area. Our household would love to purchase an affordable, electric car. Even oil drilling, ambitious politicians, supporters and executives have their own grandchildren who would benefit from safeguarding our earth.

Vote for a candidate who is aware of our problems, creative about solutions and decisivevote Howard Pellett.

—Julie Steele, Bellingham

KALB FOR CONGRESS

As voting is so often a matter of picking the lesser of two evils, it's a rare pleasure to be able to cast my vote for Larry Kalb for Congress.

Larry is that rare specimen—a truly honest man who works long and tirelessly for the common good. He is genuinely committed to ending the endless wars that lack any clear objective and are destroying the lives of hundreds of thousands of innocent people, theirs and ours, and costing us literally trillions of dollars. He wants to let these dollars work for us through a sensible health care plan for all Americans, green jobs and a cleaner environment, putting people back to work rebuilding our crumbling infrastructure, and meaningful campaign finance reform with tamper-proof voting.

Larry won't misrepresent himself to court your vote. He's not afraid of research and studies hard to base his positions on facts rather than soundbyte ideology or the party line.



🕿 360-647-8200 x 252 Ô scott@

Please join me in supporting a candidate who holds the needs and concerns of real people above the wishes of bigmoney special interests. Let's send Kalb to Congress for the 2nd District.

—Eileen Herring, Birch Bay

THE LATEST ADDITIVE TO **OUR DRINKING WATER**

Lake Whatcom's second industrial accident this year, as with the first, involved problems with heavy equipment that contained fuel and hydraulic lines, transported by barge for construction work in heavily populated areas of the lake's shorelines. The second accident occurred last week when a crane fell from a barge, overturning a boat, spilling between 5-10 gallons of hydraulic fluid. Firefighters and the Department of Ecology supervised removal of the crane and boat to prevent additional spillage of fuel and fluid.

What was not reported was the City of Bellingham's use of the least protective procedures permissible under the State Environmental Policy Act (SEPA) and the Shoreline Management Act (SMA) in authorizing this project.

SEPA review should occur before a decision is made so that information from the SEPA process can be used to accept, condition or reject the proposal and the public can be involved in the decision process.

The SEPA DNS and shoreline permit exemption were based on applications submitted by the city to the state that failed to disclose the close proximity of two important wetland areas. The city was aware of the wetlands area, which were prioritized in the November, 2009 SMP for protection and restoration due to their high ecological value. Despite this, the city proposed no mitigation during the construction period for several threatened or endangered species of fish and the numerous bird species and small mammals that rely on these wetlands for food and habitat.

Construction along Lake Whatcom's shorelines warrants a higher level of public participation and municipal oversight to ensure that the "no net loss" standards of the Shoreline Management Act and the anti-degradation standards under the Clean Water Act are not violated. It is unfortunate that the city failed to respond to these concerns when I raised them during the limited public comment period in December, 2009.

When the city uses the least restrictive procedures for environmental review and shoreline development, Lake Whatcom is not adequately protected. The proof of this is evident in last week's accident at Bloedel Donovan Park.

> Wendy Harris, Bellingham (edited for length)



VILLAGEBOOKS.com

Friday, August 6 • 8pm **Tickets: \$27**.50 **Performing favorites like:** "867-5309/Jenny" "Angel Say No" "Which Man Are You" "Our Special Place" "I Wanna Touch Her" "Once You Start Walking"

FOOD 38

CLASSIFIEDS

FILM

MUSIC

ART

STAGE

4TH ANNUAL ANTIQUE-CLASSIC CAR SHOW Sunday, September 5 • 10am • Free Entry • Fun for All Ages

THE COWSILLS Saturday, September 18 • 8pm • TICKETS: \$32.50

RUMBLE AT THE REEF XV Saturday, October 16 • 7pm • TICKETS: \$39 50

BOBBY VINTON Friday, November 5 • 8pm • TICKETS: \$55

ALL TICKETS NOW AVAILABLE AT DIAMOND DIVIDENDS. Make it a weekend to remember! Call the Hotel to reserve your Event Package: 2 Show Tickets, Deluxe Room, Gaming Coupons



See Diamond Dividends for more details. Management reserves all rights. ©2010 Silver Reef Casino



THE **GRISTLE**

FOOD

CLASSIFIEDS

FILM 2

MUSIC

ART

STAGE

GET OUT

WORDS

CURRENTS

VIEWS 6

MAIL

DO IT 2

08.04.10

#31.05

CASCADIA WEEKLY

REFLECTIONS ON ELECTIONS: We'd mentioned in passing a few weeks back that the Bellingham Tea Party's candidate forums at Whatcom Community College were excellent, and the Gristle would like to elaborate on that: They *were* excellent, both in the quality of the format and the professionalism of the moderator—Western Washington University pyschologist Robert Thorndike—which offered a brisk round-robin of questions and brief responses while keeping the angry polemics to a minimum. The granddaddy of local political forums, the Bill Mize forum at Rome Grange, burdened by the same few jackasses who elbowed others aside to snarl their questions into the microphone and then sparred angrily wth the replies, could stand to adapt a few things from the format.

What distinguishes the success of the local Tea Party movement, as compared to its brethren around the nation, is their control of the message and the degree to which the local movement never broke from its mission as the heart and soul and bicep and teeth of the rightest-most Republican rump. They never lost sight of that. To lift a quip from *New York Times* columnist Paul Krugman, the only thing these folks really disliked about George W. Bush was his unpopularity.

"In my opinion, this forum would have had few people attend if it had been sponsored by the Republican Party or the Democrat[ic] Party," Tea Party supporter Lynn Carpenter observed. Carpenter said she got the idea for the format from watching C-Span.

"Many people are not happy with the parties and don't want to be associated with either," she offered. "We are tired of the finger-pointing with the political goal of making the other party look bad. The politicians in Washington, D.C., seem to live in a different world than most people. State candidates," the former finance director for Bellingham said, "don't seem to have the basic skill of balancing a budget."

True, perhaps; but the energizing issues for the spectacularly organized and politically formidable local *tea-istas* seem to recede mightily down-ballot.

The state and county *must* balance their budgets, for example, and cannot run deficits; and we've seen two years of legislators' willingness to cut hundreds of millions of dollars from the state and local budgets without a major tax increase. The kinds of *policy* excesses that have crazed the national debate are similarly simply (often constitutionally) denied to cash-strapped state and local governments; and with supermajorities of Ds in Olympia, you cannot make the case that state legislators have been paralyzed into inaction.

In short, there's a hell of a lot less to be pissed off about down-ballot—federal does not translate to state—and as a result we're unlikely to see majorities change hands in state races as we may see in national races.

The Gristle's prediction for November is the current balance of Ds-to-Rs is likely to remain pretty much the same in the 40th and 42nd legislative districts.

"Those of us who are conservative when it comes to government spending will not be voting against anyone this year, but voting for strong candidates who will represent us well," Carpenter said of these races.

But if the passion, the acidity, of the tea tends to dilute as one moves down-ballot, away from national polemics, what does this spell for the only local race, an interim election for Whatcom County Council District 1, Position B? No Tea Party forum for these candidates!

We'll make the argument that, as far as what Whatcom County mucks around with, it's "land use, land use, land use." Land use all the time.

Oh, sure, there's a crust of criminal justice, human health and social services thrown in at the margins to keep the county interesting. But those ticket items tend to be heav-



OPINIONS » THE GRISTLE

BY ALAN RHODES

Silly People Seeking Power A CITIZEN'S GUIDE TO DOOFUS POLITICS

BALLOTS ARE in the mail for the Aug. 17 Washington State primary election and there are some bright, highly qualified people running. But let's not forget the candidates that add mirth and merriment to an otherwise sober ritual: the outstanding goofballs in the race. Anybody can be serious and don a cloak of gravitas, but good comic relief is hard to find.

Space is limited, so we'll have to concentrate on Whatcom County only, sadly skipping such peerless whack jobs as U.S. Senate candidate Clint Didier, the jackbooted troglodyte of Eltopia. We can't even cover everyone in Whatcom County who harbors screwball opinions (sorry, Jason Overstreet, John Carmack, and Doug Ericksen). So let's concentrate on my three top nominees for the Whatcom Academy of Political Buffoonery.

Theresa Sygitowicz. Theresa announces on her website that she is concerned with "insuring (sic) our community is both safe and secure," and to that end she has advanced a theory that trees cause landslides. (Quick! Clearcut every hill in the county before it all comes down!) When she sent out an announcement of her candidacy for Whatcom County Council, Theresa revealed that her scientific knowledge is rivaled only by her facility with the English language: "We must live with in out budget restraints." "We must make sure that the services needed for them is protected." "The people need asses to parks and trails." Given Theresa's limited English skills, I'm not sure if that last statement means that donkey



rides should be available on local trails, or that we need to get our lazy asses out on the trails. I report; you decide.

Dusty Gulleson. When Dave Quall announced his retirement as state representative for the 40th District, a position he has held since shortly before the Peloponnesian War, people started tossing their hats in the ring. One of these aspirants was Dusty Gulleson, who operates a business out of state and who moved to Bellingham quite recently. While most people wouldn't have had time to master the street system yet, Dusty has already decided that he should be running things for us. Like Theresa Sygitowicz, Dusty needs to bone up on his middle school basics. Dusty promotes educational reform, and that's probably a good idea if his math skills are any indication. In an emailed plea for funds, Dusty said that he needed \$3,900, so if 39 people would each give him \$10, he'd have the full amount. Dusty, who was only off by \$3,510, thinks you should put him in charge of the state budget.

A math problem: Dusty Gulleson and Theresa Sygitowicz leave Bellingham at the same time on two different trains headed for Olympia. Theresa's train is travelling at 3,900 mph, while Dusty's train travels at 39 x 10 mph. Question: Will they arrive at their destination at the same time? *Dusty: Yes. Theresa: I don't no. What if my train is buried by a landslide caused by trees?*

Craig Mayberry. Lynden-based Craig Mayberry provides amusement by just being in the race. Craig is one of those perennial candidates who keeps popping up in elections. He always loses by an embarrassing margin, but gets up, readjusts his "Kick Me" sign and comes back for more. He took a failed shot at Whatcom County Council a few years ago, and then he got whomped 2-1 in a run for Kelli Linville's statehouse seat. Setting his sights a little lower, Craig also attempted to get elected to the board of the Community Food Co-op, but the granola munchers didn't like him, either.

While Craig's new kamikaze dash for the state legislature is amusing in itself, his website is also quite entertaining. Back in 2006 it came to light that Craig, who teaches business ethics, had been withholding taxes from his employees' checks, but not bothering to turn the money over to the Internal Revenue Service. Craig's attempt on his website to spin this as a noble gesture is better than anything I could make up.

Whatcom politics can get intense at times, so when folks like Theresa and Dusty and Craig come along to lighten things up, those of us in the satire trade can only say, "Thanks, guys, we couldn't do it without you." ^(C)

Alan Rhodes writes a monthly column for the Cascadia Weekly



ily ordained and determined at the state level, governed by population formulas. No, even items like Lake Whatcom which takes up a sizable portion of the legislative agenda—is predominantly a land use issue. Roadbuilding? A land use issue. Farming, forestry? Land use.

Which is why the chance to elect someone Like Jean Melious, schooled in land use law, who teaches land use and planning in a university setting, who has sat through scores of hours of public meetings and commentary as a representative of the planning commission, seems such a valuable and unique opportunity that should transcend the ordinary partisan politics Lynn complains about. Nothing in her background or temperament suggests Melious would shortchange the legitimate rights of private property owners; and her opinions would be refreshingly informed ones, water to a thirsty community too long in the wilderness.

Let's look at the viable option, business magazine publisher Tony Larson:

Larson tells us that while he doesn't believe governments can create jobs, if elected he will focus on job creation.

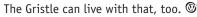
Tony is right in one regard: Unable to run deficits, with budgets tightly constrained by what they *must* spend money on, counties really *aren't* much good at job creation. There's not a heck of a lot of creative flexibility for counties.

Probably Tony means he will focus on crippling agency oversight in order to create a more profligate, *er*, profitable business environment. But that's where a better knowledge of land use law, the narrow requirements of planning and zoning under Washington's administrative code, might help him. Because there's not a lot the county can legally allow there, either, in terms of easing zoning and land uses to attract businesses (and, if anecdote is evidence, many businesses are *fleeing* from areas destroyed by lax zoning). We've seen this.

Counties can't access or assign business taxes, utility fees, or a goodly portion of sales and excise taxes, so there's not even much Tony can offer to *cut* in order to lure business here.

In short, Larson is a candidate without a credible campaign. Theresa Sygitowicz? Lipton to Larson's more aromatic blend.

"What is a good candidate to me?" Lynn responded (she made no endorsement). "A good candidate tells you in an honest, straightforward manner what he/ she thinks so that the voters can make an informed decision. I don't appreciate the politically pat answers to questions. A good elected official's goal would not be getting reelected, but doing the right thing as described in his/her campaign."







Celebration of Skagit Valley & Northwest Cooking!

Northwest Vietnamese Style Seafood Stew Lamb Chops with Lemon Balm-Honey Glaze Flat Iron Steak with Wild Blackberry Demi Glaze Wild Alaskan Sockeye Sorrel-Almond Pesto Brunch Every Saturday & Sunday

For Info & Weekly Specials, go to www.rhodycafe.com 360-766-6667 5521 Chuckanut Drive at the Edison Junction







MEET YOUR **U.S.** SENATORS

U.S. SENATE

PAUL AKERS, **republican**

Cascadia Weekly: In a crowded field of candidates, what distinguishes you and why should people vote for you?

Paul Akers: I'm a businessman here in Bellingham. I started my company in my garage 13 years ago with my wife, and it has grown into an international product development company with 2,000 distributors all over the world. We create and manufacture woodworking products in five different industries. The company has really expanded dramatically. We have 43 employees, and we have 40 outside sales people.

I'm convinced I can take the skills I've developed building this company to help fix this country's problems.

I love my country, and I feel like our country is being systematically destroyed.

I feel like the leaders on both sides do not understand basic economics, they're economic neophytes, and they are bankrupting the most powerful, most resourceful, most successful country in the world. It's the result of atrocious leadership from leaders who don't get it.

CW: What, specifically, is wrong with the track we're on economically, and how do you propose to change it?

PA: It's really quite simple. In order for anything to be sustainable, you must spend less money than you take in. Our government is spending exponentially

more money than it is taking in. That is an unsustainable course.

Eventually, someone is going to say, "I am not going to loan you any more money, because there's not a prayer that I am going to get that money back."

China is done with us; they're not going to loan us any more money. And no one else is going to loan us any more money. They're going to say, "The United States is not a good investment anymore."

We're facing a perilous situation and a severe retraction in our economy. That's why I am stepping up.

CW: You'd mentioned that expenses must be lower than revenues. Can you describe AKERS, CONTINUED ON NEXT PAGE



OCCUPATION: Founder/ Owner FastCap; Industrial Arts Teacher, Mark Keppel High School, Alhambra, Calif.; Contractor License, Washington; Instrumentsrated Private Pilot's liscense

EDUCATION: BIOLA, B.A., Education

COMMUNITY SERVICE:

Pastor, Glassel Park Baptist, Los Angeles, Calif.; YP Temple Baptist La Habra, Calif.; donor to many nonprofit organizations

BOB BURR, democrat

Cascadia Weekly: What led you to file for the United States Senate?

Bob Burr: It's a very narrow reason, initially.

I have concluded for some time now that we will make progress on none of the major problems facing the country unless we get the corrupting influence of corporate money and lobbyist money from special interests out of politics. A very modest first step toward this is the Fair Elections Now Act, which is an optional public financing bill that creates pretty stiff standards in order to qualify for four-to-one matching funds and advertising money.

For months, and very actively for five weeks prior to filing week, I pressured Patty Murray's office to join with Sen. Maria Cantwell and more than half the House Democratic caucus, who have cosponsored Fair Elections Now, to get her to become a cosponsor. She's not one of the 21 senate cosponsors. Her office stonewalled me.

She's going to raise \$12-to-\$15 million for her campaign, largely from corporate and lobbyist firms, so I can see why she would not want to alienate the big money interests that back her by doing *a little bit* to dampen their power.

My affection for Patty had been dropping on a number of issues for some time. I told her weeks before filing week that if she had not supported and sponsored the Fair Elections Now Act, I would file against her and run from the left against her. As progressive as she is, a lot of progressives are not happy with her votes and her reasons for them.

CW: Well, in light of the Supreme Court's recent Citizens United ruling in which they equated corporate money with a corporation's freedom of expression, what's wrong with having corporations deeply involved in our political discourse?

BB: I am a strong believer, as is most of the public, if there was a national referendum today on the ques-



EXPERIENCE: Vice Chair, 40th LD Democrats; 2008 and 2010 State Democratic Platform Committees; President, CCSI; Many industry committee chairmanships

OCCUPATION: Vice

President, research and development for major national corporation; small business owner; many leadership roles in professional organizations.

EDUCATION: Undergraduate, University of California; Graduate, Claremont Graduate School; Psychology emphasis

COMMUNITY SERVICE:

Activist for many causes including renewable energy, Medicare for all, fiscal responsibility, adherence to the Constitution and Bill of Rights, an end to wars that create more terrorists than they kill, and election, campaign, political and government reform. I define an activist as a lobbyist for the people.

AKERS, FROM PREVIOUS PAGE

specific federal programs you would cut or eliminate?

PA: I have a program that is really powerful called 10-3-LEAN. It's a simple program, practiced by the greatest companies in the world, that empowers people at the shop-floor level to eliminate waste every day, continuously, to create efficiency and improve quality.

That's what the federal government needs to do.

We need to shrink the size of the federal government by a LEAN initiative. We can shrink the government by 10 percent for three consecutive years without laying off a single person or eliminating a single job, just by elimination of waste.

That's what the 10-3 portion is: Cut taxes and spending by 10 percent across the board, even defense, every program, for three consecutive years and we will balance the budget in two and a half years.

- **CW:** If—again—expenses need to be lower than revenues, why would you cut taxes, the source of revenue?
- **PA:** We have great historical precedence. President Kennedy cut [corporate] taxes from 90 to 70 percent and created so much revenue no one could believe what happened....
- **CW:** Because it spurred growth in the private sector, job creation?

PA: Absolutely.

CW: It sounds a little like supply-side economics, the trickle-down economics of Ronald Reagan.

PA: Under Clinton and Newt Gingrich, they cut capital gains and balanced the budget in two years. Everyone from around the world invested in America because it was a *positive business climate*. This is how you create more revenue and create jobs.

Look, for every dollar the federal government spends, the private sector would get twice as much from that dollar. The federal government is the most wasteful, inefficient way to distribute money.

A tax cut allows you to take you own money and allocate it as you see fit. That is going to create jobs and economic growth.

The federal government does not do that.

CW: But we are, right now, living in the midst of the Bush tax cuts. For the past 10 years, we have been living with exactly the kind of tax cut you are describing. Why haven't we seen the results you describe? Do you think the Obama tax cuts on middle incomes have also created a beneficial result? **PA:** The Obama Administration hasn't made *any* positive steps, in my opinion. Not a single one.

He promised unemployment would go no higher than 9 percent with the stimulus bill. Now it is at 10 percent, probably more like 18 percent. We have 38 percent unemployment in this state in construction alone.

His policies have been a total disaster.

- **CW:** You've described yourself as being different from our current leadership, Democrats and Republicans. But I've heard a lot of Republicans say exactly what you've said; in fact I think the opinion of the majority of Republicans in D.C. is identical to your own. Can you discuss what you see is the failure there?
- **PA:** I want to be even-handed. I think both sides have failed us. And the problem can be reduced to one simple thing: egocentric leaders, people who go into leadership positions for the express purpose of gaining power. It happens on both sides.

Until we elect people whop believe that their goal is to *serve* and deliver results, not to acquire power, nothing is going to change.

My position in the U.S. Senate will be to give power back to the people and empower them for success.

I have this incredible proven track record of results. I have never had to lay a single person off, even in this economy. And I can bring that efficiency to government. In the worst downturn in 30 years, I have even hired new people. In the construction industry!

How did I do it? I am a principled person, an effective leader, and a LEAN thinker.

CW: Given that most federal programs are under the president's administration, how would you—in Congress create and enforce that LEAN efficiency among civil service workers?

PA: First, we have to get a quorum of people who think this way, who are LEAN thinkers.

As I go into Congress, there are going to be a lot of new, fresh people there who are *business leaders*. There are 2,000 people like me who have never run for political office before who are running.

That suggests to me that there are going to be people there like me who "get it," who understand the concept of servant leadership, principled leadership, who are going to get together to empower people at the shop floor level.

We're going to deliver results.

People are going to say, that's the real leadership in this country, that's who we want to be.



40TH LEGISLATIVE DISTRICT, HOUSE OF REPRESENTATIVES, POSITION 1

BY TIM JOHNSON

COWBOY **D** OUR INTERVIEW WITH DEMOCRAT TOM PASMA

WE WERE unable to connect with Tom Pasma before we went to press last week, so we could not include our chat with him alongside other candidates. He's definitely a frontrunner in the 40th LD, securing the endorsement of district Democrats.

Cascadia Weekly: What made you decide to run for the 40th Legislative District?

Tom Pasma: When [Rep.] Dave Quall decided to retire, he asked me to run. Jeff Morris and Kevin Ranker have both pointed out that I've spent a lot of time in Olympia doing half of what a legislator does, so I might as well go the whole way. A lot of people have asked me to run.

We have a lot of challenges, and we have to be honest about that. We have to have a plan to go forward.

CW: How would you go about that?

TP: Well, I do know we can't just go in there saying we're going to slash this, that, that, that. That would be irresponsible until we know what we're looking at.

I know everyone's an education advocate, and it's in the state constitution. We know it's in the constitution, we know it's a priority. But we still haven't been funding it properly.

So, for starters, we have to fund education.

I support I-1098 [the high income tax initiative to fund education], and there are many reasons I do. We also have to deal with the business and occupation tax, that is absolutely crippling the largest employer in the state—small business.

We need to focus on local jobs, which have three times the economic multiplier effect to keep our money circulating in our local economy.

Our tax incentives and tax breaks are absolutely outdated. The citizens of this state subsidize services that no longer do anything for us any more.

We have a chance to do all that, to make government work a lot better.

CW: *I* think you've confused people at recent forums. You look and sound like a conservative. Are you a conservative quy?

TP: [laughs] "A cowboy who's a Democrat?" That's not right!

I'm actually very progressive. I'm a fourthgeneration Democrat, from a family of ranchers. We've benefited in the Northwest from those progressive views on farming, on hydroelectric power. My views are progressive, but also common-sense—like hydroelectric power.

The Democratic Party gives out an award each year for the hardest-working Democrat, named in honor of my uncle, Jim Pasma. We've been ranchers and farmers our whole lives, and we've been Democrats forever. But most of all, we've been proud American citizens, working together.

EXPERIENCE: Worked

as a citizen advocate to help draft and pass two pieces of legislation that benefitted the 40th District

Operator, Double S Quarter Horse Ranch, Bow; professional auc-

EDUCATION: Colorado State University, Equine Reproductive Management; Western School of Auctioneering

COMMUNITY SERVICE: 20 years in Skagit County; American Quarter Horse Association, past president; Coastal Conservation Association; Washington Farm Bureau; Board of Equi-Friends Therapeutic Riding Program; Blanchard Community Association; 25-30 charity auctions a year, including raising money for families facing medical bills

I'm very proud of the bipartisan support I'm getting.

A good idea is a good idea, no matter where it coms from. We've got to get over this idea that one party, one group, has all the right answers. We need to work together in Olympia, like we used to. **CW:** I take it you believe the public sector has a role to play in solving our country's problems.

TP: Look at poverty. We can pretend that we don't have poverty in our communities, but the reality is we do. I get asked to raise money so children can have enough food to eat, and that is a calling for me, but it shouldn't be happening in our communities. But we're never going to overcome that if we're not honest about it.

This didn't happen overnight and it is not going to be solved overnight, or by simple solutions.

CW: You don't agree that if you just cut taxes, cut spending that all our problems will be solved, it will all balance out?

TP: It doesn't balance out. That doesn't even make anv sense.

There are people out there who absolutely need help. And there are always abuses, but the majority of instances are not abuses. We should always try to make things better.

I'm sitting at a forum at the grange listening to people talk about how awful the government is, and we're sitting in a grange! The U.S. Dept of Agriculture built the granges! They used to be the very centers of our communities, the heart and soul.

The United States passed the biggest GI Bill in history in 1948, and that put more people back into agriculture than at any time in the history of our country.

So don't tell me government can only do awful things.

CW: What makes you and your voice unique in Olvmpia?

TP: If elected I would be the only Democrat with a working agricultural background in the House or the Senate.

I've been very involved in the sustainable agriculture movement in Skagit. It is a critical part of our economy that needs attention.

BARR, FROM PAGE 8

tion of whether corporations are people that referendum would come back strongly with the results that corporations are *not* people.

The Founding Fathers of our country were rather intensely anti-corporation and put all sorts of restrictions on them.

At the recent Tea Party forum in Bellingham, I waved my copy of the Constitution and said, "I defy you to show me in this document it says corporations are people."

This myth is the result of judicial activism.

I believe we've become a government "of the corporations, by the corporations, for the corporations."

CW: How did that message resonate with the "We the People" crowd?

BB: [laughs] I polled higher than [Congressman] Rick Larsen. I think it does resonate, and I think that's why I polled higher than other progressive candidates.

I also spent some time describing our national debt and the causes of that debt—number one, unnecessary wars. Two, deficits don't result simply from overspending; they also result from insufficient revenue. Three—and until we get an accounting from the Federal Reserve we're not going to know how large of a factor this is-I would lump all the bailouts and stimulus efforts under the category of "corporate welfare," welfare that's written directly into the tax code.

CW: You received the nomination, over incumbent Sen. Patty Murray, of the progressive caucus at the Democrat's state convention in Vancouver, Wash. earlier this summer. Did they support you because of these beliefs?

BB: The three major *raisons d'etre* of the progressive caucus at the moment are public finance reform; health care for all; and ending the wars.

Patty and I have significant differences on all three.

Her silence on public financing is glaring. Patty is also part of the senate leadership that took single-payer health care off the table in the very beginning, prevented it from even being discussed as an option; and she refused to sign on to the letter insisting on a public option for health care insurance. On the wars, bless her, she signed on to the losing effort to actually force the Dept. of Defense to actually offer a *plan* for extricating forces from Afghanistan, but she has always supported funding the wars, even though she did vote against Irag in the first place.

I am one of two candidates for U.S. Senate in the Democratic Party in the whole country who has signed a pledge to vote for no additional war financing except to bring the troops home.

CW: We've seen a lot of dysfunction in the U.S. Senate. What might be done to address that?

BB: Absolutely when the new senate meets, even if it has a distinctly different make-up than it has currently, they can vote on the rule for that session and can moderate the filibuster rules. And they should do so.

The filibuster has never been used like the Republicans are using it. Democrats in recent history have not had the cojones or the solidarity that the Republicans have, and so the senate has gotten tremendously dysfunctional, requiring a supermajority to even discuss a bill.

The house, by comparison, has made a lot more progress on just about everything when compared to the senate.

We desperately need new Democratic leadership in the senate; and I was disappointed when the senate leader's challenger in Nevada turned out to be a total nutcase, because it appears we're not going to get it it. We could have used a change there.

CASCADIA WEEKLY

10

OCCUPATION: Owner/

tioneer for local charities and non-profits





07.27.10 TUESDAY

Gov. Chris Gregoire joins a coalition of **seven western states and three Canadian provinces to offer the most detailed strategy yet for controlling greenhouse gas emissions** blamed for climate change, saying they hope it will stand as a model for national systems in the United States and Canada. The goal of the Western Climate Initiative is to cut greenhouse gas emissions in the next 10 years to levels 15 percent below those in the year 2005.

Two members of **Washington State's congressional delegation vote against a war funding bill** in the U.S. House of Representatives. Democrats Jim McDermott of Seattle and Jay Inslee of Bainbridge Island were among the 102 Democrats and 12 Republicans voting "no." Inslee said it's wrong to pay to train police officers in Kabul while cities like Lynnwood face cuts in their police forces.

07.29.10 THURSDAY

The state Supreme Court lifts the stay of execution for Cal Coburn Brown. The high court unanimously rules against Brown's claims that the state's execution process is unconstitutional because of a recent change made by the state Department of Corrections. Earlier this year, the state changed its method of execution from a three-drug cocktail to a one-drug system. Last year, the high court issued the stay just hours before Brown was set to die for torturing and killing a Burien woman in 1991. The state will reschedule the execution.

Lee Boyd Malvo tells a television audience he and fellow **convicted DC sniper John Allen Muhammad had worked to get recruits** to help carry out their deadly attacks, and they may have been involved in more shootings than authorities suspected. A psychiatrist who worked with Malvo said the shooter confessed to at least 42 shootings during the killing spree that culminated with shootings in 2002 that terrorized the nation's capital. Malvo and Muhammad, who'd organized in Bellingham prior to the shooting spree, had previously been linked to as many as 27 shootings resulting in 17 deaths. Malvo is being held in a southwest Virginia prison. Muhammad was executed in Virginia last year.



A crane rolled off a barge and into Lake Whatcom at the Bloedel Donovan boat launch late Friday afternoon, overturning an accompanying boat and spilling fuel into the lake in the process. No one was injured in the accident and crane operators quickly deployed absorbent boom and pads to contain and clean up the fuel spill. A larger crane is able to pull the submerged crane from the lake.



The Washington state Department of Transportation reports excessive vibrations in the driveline of the state's newest ferry during sea trials. The department says that engineers will work with Todd Pacific Shipyards to pinpoint the cause of the vibrations of the ferry *Chetzemoka*, a 64-vehicle vessel scheduled to serve the Whidbey Island-Port Townsend route later this year.

A barge laden with Hawaiian trash is again stopped before it can dump its contents in a Washington landfill. A temporary restraining order is issued to stop the inaugural shipment of trash from Honolulu. A federal judge questioned whether the U.S. Department of Agriculture had adequately assessed the environmental impacts of the planned shipments.

An early morning fire, apparently ignited by curing hay, **burns a barn** at an Everson area dairy. Fire crews beat back the flames, while neighbors with heavy equipment moved an estimated 160 tons of smoldering hay into a nearby field. No one is injured in the blaze. Loss to the dairy is estimated to be nearly \$100,000.

07.30.10 FRIDAY

Federal regulators shut down another bank in Washington, along with others in Oregon, Georgia, and Florida, lifting to 108 the number of U.S. banks to fail this year as the industry has struggled to cope with mounting loan defaults and recession. The Federal Deposit Insurance Corp. shuttered Cowlitz Bank in Longview, Wash., with assets of \$529.3 million.

08.01.10 Sunday

Organic farmers in Whatcom County say that a herbicide contamination in the manure and compost they obtain from non-organic farms is causing severe crop damage. The Bellingham Herald reports that farmers are linking the herbicide aminopyralid. They say cows ingest the herbicide through grass contaminated with it. Farmer Kirk Hayes says the herbicide killed off most of his potato crop this year.



The City of Bellingham grants a three-month extension of development rights to Greenbriar Northwest Associates, the group that has proposed the Fairhaven Highlands development south of the city. The deadline for completion of their environmental review was set to expire Aug. 1. The city has made tentative offers to purchase Chuckanut Ridge from Washington Federal, the bank that received the property when Horizon Bank failed earlier this year.



ORGANIC

Peaches, Plums, & Pluots Oh my! (including donut peaches)

> From 6 small farms working together to make up the Okanogan Producers Marketing Association, the Co-op brings you organic flavor and quality you just can't find anywhere else.

Shop the Co-op!



Downtown-1220 NL Forest St. at Holly St.

Cordata— 315 Westerly Rd. at Cordata Pkwy.



SICILIAN STYLE

On July 27, restaurant owner Giuseppe Mauro was cited for whacking his former landlord, Doug Tolchin, with a metal coat tree in an effort to drive him off the premises. Bellingham Police report, "There has been a falling out which has led to eviction notices and lawyers getting involved. Today, Tolchin went to his property to photograph the interior as Mauro is in the process of moving out of the location. This caused a heated argument" in which Mauro tore up his lease, leading to "some pushing and shoving, ending with Mauro assaulting Tolchin with a coat rack," police reported. Tolchin received minor injuries. Giuseppe reopens his restaurant in a new location later this month.

On July 21, Blaine Police interrupted a woman who was yelling at her landlord. The woman explained she had just been released after five months in jail, and was upset that her belongings had been removed from the apartment. She had not paid rent during her absence. She calmed down when the business assured her they had every intention of helping return her property.

ON PINS AND NEEDLES

On July 27, a woman called Bellingham Police for assistance after she discovered she'd apparently been forgotten by her acupuncturist and locked inside the business for the night... with needles still in her back. The locks on the interior required a key, so she could not get out. "Her movement about the office apparently set off the motion detectors, and the individual contacted 911 for assistance to get her out of the building," police said.

PEACE PORTAL PUPPY PATROL, PART DEUX

On July 27, a Blaine Police officer again saw two puppies running loose in their yard, dangerously close to Peace Portal drive with no human supervision in sight. The officer was able to phone the owner's house, "as the puppies were loose last week as well. He left a message asking the owner to bring the pets under human control to avoid them escaping and earning him a ticket," police reported.

WAY OF BUSHIDO

On July 26, a Sunnyland man was taken into protective custody after he emerged from his home carrying a sword and threatening to kill himself. Bellingham Police took him into custody without further incident.

WARCHALKING

On July 28, Bellingham Police arrested a 44-year-old man observed writing on the sidewalk in front of the police department headquarters.

SOUR NOTE

On July 29, a motorist struck a doe, a deer, a female deer. Bellingham Police didn't give her a ray, a drop of golden hope. Police euthanized the animal and arranged to have the body removed from the roadway.

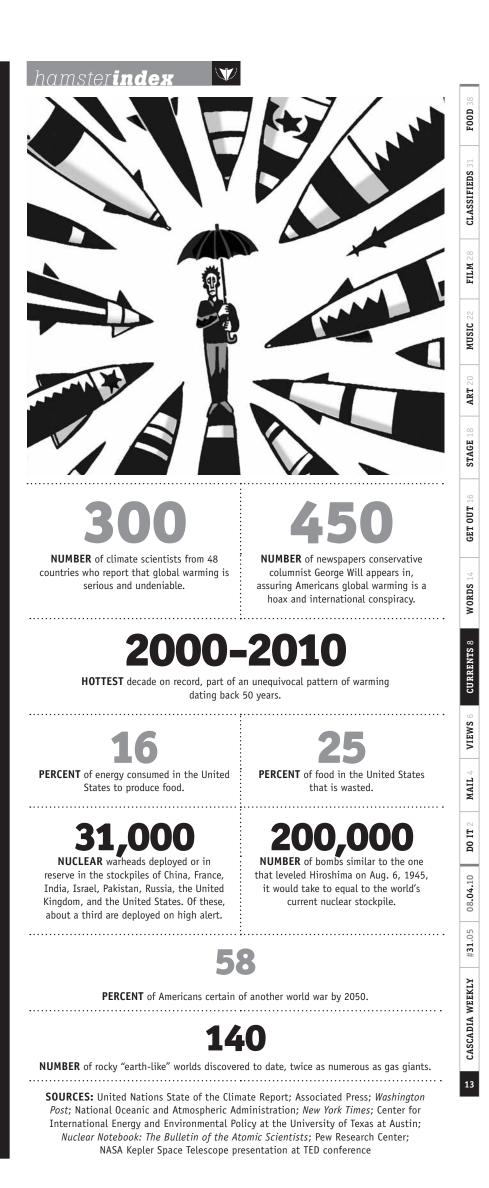
'WAR OF WASTE'

On July 25, a man called Blaine Police to complain that the person next door had trespassed on his property. The man explained that he had placed grass clippings and debris against his side of the neighbor's fence to block his view of her dogs. His neighbor pushed the debris off her fence, leading the caller to make his report. "The grass pusher did not set foot on the clipping piler's property during the course of the war of waste," police noted, "ergo, no trespass was committed."

On July 22, Blaine Police returned to the scene of "a (very) ongoing dispute over a property line the person shares with a next door neighbor." One neighbor likes her lawn trimmed, the other likes her lawn tall. Patrol officers were notified of the problem, and a (very) weary officer spoke with the parties again.

NIPPER AND THE NAPPER

On July 22, disgruntled former sleepers called Blaine Police at 4:40am to ask for help quieting a barking dog in the neighborhood. "Police located 'Nipper' in his yard, busily barking his furry face off," officers reported. "An officer was more successful than the dog had been at convincing the pet's owner to let him in for what little was left of the night." ^(C)





FOOD 38

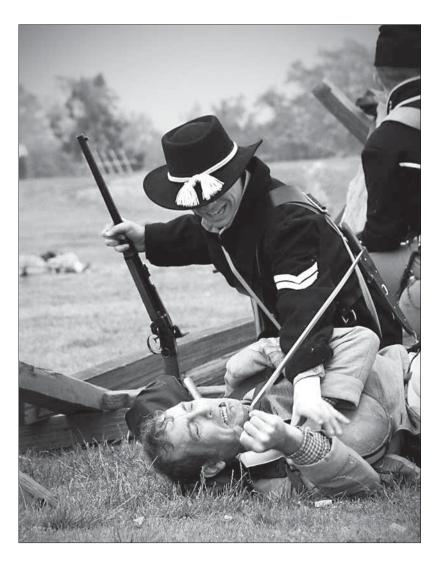
CLASSIFIEDS 31

FILM 28

MUSIC 22

ART 20





BY AMY KEPFERLE

Living History WELCOME TO THE CIVIL WAR

IF YOU'RE out for a stroll this weekend at Ferndale's Hovander Homestead Park, don't freak out if you happen to see a bunch of guys with guns. It's just the folks associated with the Washington Civil War Association's 11th annual "Battle of Hovander Farm." Organizer Jerry Shiner explains further.

Cascadia Weekly: If somebody had never been to one of these events, how would you explain it?

Jerry Shiner: We are trying to depict a living history of how the soldiers lived during the American Civil War. There is camp life, medical demonstrations and a civilian camp with displaced civilians who followed the armies around.

WE ARE NOT TRYING TO GLORIFY WAR, BUT HELP PEOPLE UNDERSTAND WHY THOSE PEOPLE DID WHAT THEY DID —JERRY SHINER

We also have battle reenactments.

CW: How does it get decided who's on what side of the war?

JS: It's up to the individual. We suggest someone visit all the different units to see where they feel they would fit in best. Some people have relatives that fought with a particular unit or state, and they want to honor them.

CW: Why relive parts of a bloody war?

JS: The revolution created us as a nation. The Civil War defined us as to who we are, even to this day, and the form of government that came out of the war is

> our form of government today. It's the only civil war that worked.

The men and women who started these reenactments were people who knew and met the actual soldiers who fought through the conflict. They impressed upon those people to not let future generations forget what they went through and how this nation survived the Civil War. That's why most of **JS:** For me, it's the interaction with the reenactors themselves. We come from every walk of life—just like they did in the 1800s.

I also enjoy talking with the public as they come through camp. There are a lot of people out there who love this country and know a lot of history about the United States. It's very rewarding talking with them, as well as sharing what you know that they would like to know.

CW: What can the public expect?

JS: As in the first statement, we try to depict life in the 1800s. We try to keep all modern items out of sight. People stay in period costume the whole weekend. Some people take on a persona of an actual person from the period. Camp life can be interesting. There could be mail call, drilling, weapons cleaning, court marshals, etc.

CW: Do you use real guns?

- JS: Yes, we use real guns. We do not fire any type of projectile out of the guns. We only use black powder. So you get a lot of bang and a lot of smoke. We are very strict with safety regulations.
- **CW:** Do you think these events are a good tool to each historical lessons?
- JS: These events are excellent for showing people a part of their heritage. Reading in a book is one thing, but actually seeing it in person really brings home one's understanding of where we came from and hopefully where we are going. We are not trying to glorify war, but help people understand why those people did what they did. They were real people who breathed, had emotions, thoughts and beliefs just like we do now. We try to honor those real people because without them we might not be here now. ©



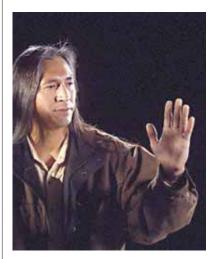
ATTEND WHAT: 11th

annual Civil War Living History and Battle Reenactment WHEN: 9am-5pm Sat., Aug. 7 and 9am-3pm Sun., Aug. 8 WHERE: Hovander Homestead Park, Ferndale COST: \$2-\$7 INFO: www.wcwa.net

us do what we do.

- **CW:** Was there really a "Battle of Hovander Farm?"
- **JS:** No battles were fought in the Northwest. With the limited numbers of reenactors we have we try to show real battles.
- **CW:** What do you enjoy about taking part in the reenactments?

doit



Tlilngit storyteller and actor Gene Tagaban will be among the performers taking part in a "Cowboys and Indians, Poets and Storytellers" fundraiser Aug. 7 at Mount Vernon's Lincoln Theatre

WORDS

WED., AUG. 4

BUDDHA BOOK: Rodney Smith shares ideas from his book, Stepping Out of Self-Deception: The Buddha's Liberating Teaching of No-Self, at 7pm at Village Books, 1200 11th St.

FRI., AUG. 6

SPEAK EASY: If you're out and about for tonight's downtown Bellingham Art Walk, attend "Speak Easy 4" from 7-9pm at Mindport Exhibits, 210 W. Holly St. Poetry readings by area writers Nancy Canvon, Sue Johnson, Rena Priest, Paul Sarvasy, and Scott Stodola will be part of the free fun.

A www.mindport.org

SAT., AUG. 7

COWBOYS AND INDIANS: A benefit for the Swil Kanim Foundation, "Cowboys and Indians, Poets and Storytellers," begins at 7:30pm at Mount Vernon's Lincoln Theatre, 712 S. First St. Performers include Kanim, Dana Lyons, Gene Tagaban, Timothy Lamb, and others. Admission is \$16. WWW.LINCOLNTHEATRE.ORG

MON., **AUG.** 9

ANDREW BACEVICH: Author of Washington Rules: America's Path to Permanent War, Andrew Bacevich, shares his ideas and stories as 7pm at Village Books, 1200 11th St. Entry is free.

WWW.VILLAGEBOOKS.COM

POETRYNIGHT: Through August, read your original verse at poetrynight at 8:30pm at the Amadeus Project, Cornwall Ave. Sign-ups start at 8pm.

1 WWW.POETRYNIGHT.ORG

WED., AUG. 11

WRITERS THEATER: The monthly Chuckanut Sandstone Writer's Theater begins at 7pm at the Firehouse PAC Café, 1314 Harris Ave. All are welcome. WATER GHOSTS: Shawna Yang Ryan reads from her novel. *Water Ghosts*, at 7pm at Village Books. 1200 11th St. The tome follows a community of Chinese immigrants in a small California town in 1928..

671-2626

COMMUNITY

WED., AUG. 4 FAIRHAVEN MARKET: The Wednesday Farmers Market is open from 12-5pm at the Fairhaven Village Green. The midweek market continues through September.

647-2060 OR WWW.BELLINGHAMFARMERS.ORG

GREEN DRINKS: The monthly environmentally friendly networking event known as Green Drinks happens tonight from 5-7pm at the location you'll find by checking out the link below. H WWW.RE-SOURCES.ORG

AUG. 4-7

THRESHING BEE: The Puget Sound Antique Tractor & Machinery Association will host the annual Threshing Bee & Tractor Show Aug. 4-7 at Lvnden's Berthusen Park. WWW.LYNDEN.ORG

THURS., AUG. 5

FAIR FUN: Bring lunch along for a "Northwest Washington Fair Centennial Celebration" program at 12:30pm at the Whatcom Museum's Old City Hall building, 121 Prospect St. Suggested donation is \$3.

A 778-8930

SAT., AUG. 7

FERNDALE MARKET: Attend the Ferndale Farmers Market from 10am-1pm at Centennial Riverwalk Park. The market continues every Saturday through Oct. 9. Today's event will also feature an Antique Show and Sale happening until 3pm. **A** 384-3042

BELLINGHAM MARKET: Purchase and peruse local fruit and veggies and artistic offerings at the Bellingham Farmers Market from 10am-3pm at the Depot Market Square at the corner of Railroad Avenue and Chestnut Street.

€ 647-2060 OR WWW.BELLINGHAMFARMERS.ORG

LUMMI MARKET: The Lummi Island Farmers Market occurs from 10am-1pm every Saturday through the summer next to the Islander grocery store. IVNDEESTUDIOS@GMAIL.COM

BLAINE MARKET: Local vendors will sell their wares at the Blaine Gardeners Market from 10am-2pm at H Street Plaza. The weekly event continues Saturdays through Oct. 9. WWW.BLAINECHAMBER.COM

KIDS' FEST: Bellingham Parks and Recreation will host its 21st annual Kids' Festival from 11am-3pm at Bloedel Donovan Park, 2214 Electric Ave. The free event will feature booths, prizes, food, a bike rodeo, inflatable jumps and much more. **f** 778-7000

AUG. 7-8

DRAYTON HARBOR DAYS: Vintage and military boat displays, sailboat races, arts and crafts, live music, a pirate costume contest and many other activities will fill Drayton Harbor and downtown Blaine from 10am-4pm Sat.-Sun. as part of Drayton Harbor Days. Most events are free. WWW.BLAINECHAMBER.COM

TUES., AUG. 10

IN THE KNOW: Bellingham resident Ron Glazier, the former director of the Santa Ana Zoo, tells "Stories and Anecdotes of the African Bush, Part 2: Fast Africa" as part of the "Locals in the Know" series at 7pm at Village Books, 1200 11th St. WWW.VILLAGEBOOKS.COM

WED., AUG. 11

SKAGIT COUNTY FAIR: "Bringing it all Back Home" will be the theme of this year's Skagit County Fair, which kicks off today and continues through Aug. 14 at Mount Vernon's Skagit County Fairgrounds. Entry is \$5. WWW.SKAGITFAIR.COM

welcome to the world beyond.

it's made of chocolate.



Late Night

Happy Hours Fri/Sat

New Downtown B'ham Gelato & Chocolate Cafe, 1426 Cornwall / Find us on Facebook Hours: 10 am - 10 pm M - TH, 10 am - 11 pm FRI - SAT, 12 pm - 6 pm SUN ; 733-6666



BEAUTIFUL SUNSETS!!!



BY AMY KEPFERLE

Crab Grab

NOTES FROM AN EXPERT

I'M NOT embarrassed to admit that one of the reasons I relocated from the landlocked forests and deserts of Idaho to western Washington in the late summer of 1997 was because it was closer to the Dungeness crabs I so dearly love.

Since my family started coming to our small cabin on Lummi Island when I was approximately 10 years old, I've been entranced by everything having to do with the crafty crustaceans—both their taste and the way looking for them forces me to spend some quality time in nature. When it's the off-season, I often dream about strolling through the eelgrass and looking for the telltale bumps that indicate their presence, or pulling up wire pots made heavier by the saltwater dwellers.

Come next week—Aug. 11, to be exact—when Marine Subarea 7 North (Bellingham to Point Roberts) opens for the season, I'll make sure and schedule some hours in my days to bond with the underwater denizens. If the tide's not low enough to nab them on land, I'll then see what I can do to repair the family rowboat—which, unfortunately, currently sports a variety of duct-taped slivers the size of band-aids on its underbelly—and drop a pot or two in front of the cabin.



ATTEND WHAT: Recreational Crab Harvest Season WHEN: Wednesdays through Saturdays through Sept. 30; Open the entire Labor Day weekend WHERE: Marine Area 7: San Juan Islands, Anacortes to Bellingham, and Bellingham to Point Roberts INFO: www.wdf.wa.gov

If either of the aforementioned options is a bust, I'll offer my services to somebody who's got a working watercraft and isn't afraid to use it. What will I bring to the table? Tiny hands that are dexterous enough to grab the crabs from behind without putting my digits in danger, a lack of fear of pinchers, the ability to discern whether

SINCE MY FAMILY STARTED COMING TO OUR SMALL CABIN ON LUMMI ISLAND WHEN I WAS APPROXIMATELY 10 YEARS OLD, I'VE BEEN ENTRANCED BY EVERYTHING HAVING TO DO WITH THE CRAFTY CRUSTACEANS

the specimens are male or female without even looking at their belly markings, and the know-how to cook and clean them in preparation for the dinner table.

While I'm fully capable of eating an entire Dungeness by myself, one of the things I've always loved about pulling up a full pot or collecting my limit off the beach is that it gives me an excuse to host a community feed.

When my siblings and I were kids, our parents wouldn't even bother to bring the buckets of crustaceans back to the cabin. Instead, they'd build a small fire on the beach, cook up the catch in fresh saltwater, and disperse as needed.

We'd use rocks to crack what we couldn't manage with our teeth, and if we needed butter-which wasn't really necessary, considering the freshness of the meal-we'd use the leftover juices from the Dungie (a no-no right now, as it's the one part of the crab that could possibly contain red tide toxins). When the meal was over, the shells were returned to the same waters they came from.

To make sure you're staying within the rules of crabbing when you host your own feast, go to the Washington Department of Fish and Wildlife's Web site to find out current specifics of crab fishing in your area. I was just there, and took the "Recreational Crabbing Quiz" to make sure I was an apt crewmate if the need arose. I only missed three questions out of 18-and that was with no studying—so, if you read this and need someone to help you, give me a few minutes to get ready, and then we'll head out. 🕲

doit

WED., AUG. 4

WORK PARTY: Help establish an urban forest in an undeveloped park at a work party happening from 6:30-8:30pm at Squalicum Creek Park. **A** 778-7105

CHOWDER CHARTER: The summertime Chowder Charter happens from 6-9pm every Wednesday through Aug. 28 aboard the 65-foot sailing vessel, the Shawmanee. Tickets are \$45 and include all the Boundary Bay salmon chowder vou can eat.

1 734-9849 OR WWW. BELLINGHAMSAILING.COM

THURSDAY, AUG. 5

HISTORY CRUISE: Brian Griffin will helm the Bellingham Bay History Cruise starting at 6pm at Squalicum Harbor's Island Mariner Dock, Once onboard the Island Caper, Griffin will fill attendees in on the historical significance of the nearby environs. Cruises are \$30-\$35 and happen every Thursday through Aug. 19. **6** 778-8963

WONDERLAND TRAIL: Adventurer, educator and photographer Bonnie Campbell will share tales and shots from Mt. Rainier's "Wonderland Trail and Northern Loop" at 7pm at REI, 400 36th St.

647-8955

FRI., AUG. 6 BIRCH BAY BIRDS: Dick McNeely will lead a "Birds of Birch Bay" outing starting at 7pm at Blaine's Birch Bay State Park. Families are welcome.

G 371-2800 OR WWW.FOBBSP.ORG

SAT., AUG. 7

SAMISH TRIATHLON: The Lake Samish Triathlon starts at 8:30am at Camp Lutherwood. The cost to participate is \$75-\$105; funds raised will benefit the Lake Samish Fire Department.

WWW.LAKESAMISHTRIATHLON.COM

CANCER RIDE: A "Bike to Battle Cancer" non-competitive ride begins at 9am at the Bellingham Technical College. Choose from a 30- or 60-mile route. Entry is \$35.

WWW.BIKETOBATTLECANCER.ORG

AGAPE WALK & RUN: Help out women and children who are homeless by taking part in today's Agape Walk & Run starting at 9am at Bellingham's Maritime Heritage Park. Entry is \$5 for dogs, \$6 for kids and \$12 for adults. WWW.THELIGHTHOUSEMISSION.ORG

WOMEN ON THE WATER: The Bellingham Yacht Club will host its annual "Women on the Water" regatta today in Bellingham Bay. A party will follow the fun. Entry is \$25.

WWW.BYC.ORG

WINCHESTER WORK PARTY: Join members of the Mount Baker Club for a Winchester Lookout work party today. Call the number below for details. **A** 738-8349

BIRD WALK: Bring the family along for a "Bird Walk" from 10am-12pm at Blaine's Birch Bay State Park. A WWW FORBSPORG

RIVER CLEANUP: Join RE Sources, the Puget Soundkeeper Alliance, and the Stilly-Snohomish Fisheries Enhance-

16

FOOD 38

🔰 doi



It'll be humans-versus-bovines at the "Bull-A-Rama" Aug. 7 at the Howard Bowen Memorial Rodeo Grounds in Sumas

ment Task Force from 10am-1pm for today's Stillaguamish River Cleanup. Temporary Fish and Wildlife parking permits will be available for those who them.

733-8307 OR WWW.RE-SOURCES.ORG
 MUD FLAT SAFARI: Kids and adults can take part in today's "Mud Flat Safari" from 10am-12pm leaving from the Padilla Bay Interpretive Center. If today's free outing is full, another one happens Aug. 24.
 WWW.PADILLABAY.GOV

BULL-A-RAMA: Mutton-busting, bull riding, stick races and more will be part of the annual "Bull-A-Rama" at 7:30pm in Sumas at the Howard Bowen Memorial Rodeo Grounds. If you're brave, you can pay \$25 to get in a ring with a bull. The last one left in the "Ring of Fear" will get a cash prize. General admission is \$5-\$10.

SUN., AUG. 8

OPEN WATER SWIM: An "Open Water Swim" begins at 8am at Lake Samish's Camp Lutherwood, 1185 Roy Rd.

MORNING WALK: Join Wild Whatcom Walks for a "New Moon Morning: Pond-Dipping at Tennant Lake " outing from 10am-12pm in Ferndale. Admission is by donations, but registration is a must.

WORDPRESS.COM

BEACH DAY: Explore crabs, clams and other "cool critters" at today's Birch Bay Beach Days event from 11am-3pm at Blaine's Birch Bay State Park. The event which will feature naturalists, prizes and lots of intertidal exploration—is free and open to all ages.

733-8307 OR WWW.RE-SOURCES.ORG

TUES., AUG. 10

BACKPACK BASICS: Find out where to go and what to bring along at a "Backpacking Basics" clinic at 7pm at REI, 400 36th St. Entry is free, but registration is requested.

647-8955

WED., AUG. 11

BIKE TO BEER: Fanatik Bike will host a "Bike to Beer Cruiser" starting at 6pm in the parking lot of Bellingham High School, 2020 Cornwall Ave. The free event—which doesn't actually require a cruiser—will end at Boundary Bay Brewery.



18



THEATER » DANCE » PROFILES



BY AMY KEPFERLE

Staged Sci-Fi SCRAPING THE B-MOVIE BARREL

ALIENS ARE kind of sexy. At least they are in the case of *Cat-Women of the Moon*, one of three cheesy-on-purpose science-fiction one-acts that will take over the stage at the iDiOM Theater this weekend and next.

Attractive as the unitard-clad aliens may be, the trouble with them—as you'll also see in the other two offerings, *It Conquered the World*, and *Robot Monster*—is the extraterrestrials in each theatrical selection are also hellbent on destroying Planet Earth.

According to director Riley Penaluna—who culled the three pieces from among a roster of classic 1950s B-movie sci-fi films—the shortened versions have much of their original personality intact.

"Adapting them was mainly a process of editing," Penaluna says in the program notes for the show. "Occasionally I added or changed a line when I needed my editing to make sense, but for the most part my cast has to deliver the same awkward and ridiculous dialogue as the original actors."

As for his artistic justification for "scraping the B-movie barrel," Penaluna notes that, well, he just thought it would fun.

At a recent dress rehearsal, it was clear everyone involved with the production was taking his directive to heart. As the jovial cast gathered for the run-through, big brains were donned, unitard cleavages were straightened, astronaut helmets were collected and distributed and a bubble machine was plugged in.

Following an introduction by Penaluna—in the guise of a interplanetary host with his own evil plans—it was time to space out.

First in line was Cat-Women of the Moon. After



SEE IT WHAT: Science Fiction Triple Feature Live! WHEN: 8pm Aug. 5-7 and 12-14 WHERE: iDiOM Theater, 1418 Cornwall Ave. COST: \$10 INFO: 201-5464 or www.idiomtheatre.com a crew of astronauts led by a woman named Helen (Kari Severns) decides to land on the dark side of the moon. it's not long before they realize they can breathe the moon's air. Soon thereafter, Helen hooks up with the cat women (a race of aliens that no longer need males to survive), alliances are forged and the "earth mongrels" are forced to make some tough decisions. It Conquered the World takes place back on earth, as two bril-

liant scientists, Paul (Pete Crandall) and Tom (Tim Greger), let an evil monster from Venus come between them, their marriages and the future of the entire planet. The camp's toned down here, and even though the audience realizes the world's coming apart, all the action happens in Paul's living room.

Last, but certainly not least, was *Robot Monster*. Penaluna notes the 1953 flick was named among the worst-of-all-time B-movies ever produced the original director's budget didn't even allow for an entire robot costume, so he substituted a gorilla suit—and he tried to stay true to the ineptitude of the film. Here, the last seven people left on earth after an attack by Ro-Man (Crandall again, with a space helmet and fur) must fight to vanquish the enemy—who may or may not be experiencing weird feelings called "emotions."

"To think for yourself is to be hu-man," Ro-Man theorizes at the end of *Robot Monster*. Indeed, if there's a theme to be taken from the two hours of entertaining sci-fi silliness, it's that earthlings may not be perfect, but, thank the stars, at least we can feel. ⁽¹⁾

🖤 doit

STAGE

AUG. 4-7

PRIVATE LIVES: Noel Coward's *Private Lives* can be seen at 7:30pm Wed.-Sat. at WWU's Old Main Theater. The play tells the story of a man and a woman who were once married—but meet by accident while honeymooning with their new spouses. Tickets are \$8-\$10.

650-6146

THURS., AUG. 5

GOOD, BAD, UGLY: Watch "The Good, the Bad and the Ugly" at 8pm every Thursday at the Upfront Theatre, 1208 Bay St. At 10pm, stick around for "The Project." Entry is \$5 for the early show, \$3 for the late one.

733-8855 OR WWW.THEUPFRONT.COM

AUG. 5-8

HIGH SCHOOL MUSICAL: The WWU Department of Theatre Arts presents *Disney's High School Musical* at 7:30pm Thurs.-Sat. and 2pm Sun. at the Performing Arts Center's Underground Theatre. Tickets for the spirited song-and-dance production are \$8-\$12.

650-6146

OFF THE MAP: Joan Ackerman's dramatic comedy, *Off the Map*, shows at 7:30pm Thurs., 8pm Fri.-Sat., and 2pm Sun. at the Anacortes Community Theatre, 918 M Ave. Tickets are \$16 and additional showings take place through Aug. 21.

AUG. 5-11

ANTONY & CLEOPATRA: Shakespeare Northwest's Antony & Cleopatra features showings of the Bard's work at 8pm Aug. 5 and 11 and 2pm Aug. 7-8 at Skagit Valley College's Phillip Tarro Theatre. Tickets are \$8-\$12 and additional performances can be seen through Aug. 15.

AUG. 5-SEPT. 30

BARD ON THE BEACH: Head to Vancouver, B.C.'s Vanier Park for the 21st season of Bard on the Beach. *Much Ado About Nothing* opens the season, and will be followed by *Antony and Cleopatra, Falstaff*, and *Henry V*. Tickets are \$19-\$38 (Canadian).

• www.bardonthebeach.org

FRI., AUG. 6

CARD MECHANIC: Richard Turner—also known as the "Card Mechanic" for his internationally renowned wizardry with cards—will perform at an "Action for Africa" fundraiser at 7pm at the Mount Baker Theatre's Walton Theatre, 104 N. Commercial St. Tickets are \$35-\$200.

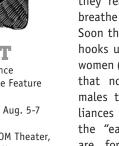
1 734-6080 OR

WWW.MOUNTBAKERTHEATRE.COM

AUG. 6-7

TAMING OF THE SHREW: Shakespeare Northwest's version of *The Taming of the Shrew* can be seen at 8pm Fri.-Sat. at Skagit Valley College's Phillip Tarro Theatre. Tickets are \$8-\$12 and additional showings happen through Aug. 14.

TROPICABANA TROUBLE: A murder mystery, *Trouble at the Tropicabana*, shows at 7:30pm at Mount Vernon's RiverBelle Dinner Theatre, 100 E. Montgomery St. Tickets are \$20-\$40 and additional showings hap-



🖤 doit

pen through Aug. 28.

WWW.RIVERBELLEDINNERTHEATRE.COM GAMES GALORE: Favorite games culled from a vast repertoire can be seen at "Games Galore" shows at 9pm at the Upfront Theatre, 1208 Bay St. Tickets are \$-\$10.

₱ 733-8855 OR WWW.THEUPFRONT.COM

SAT., AUG. 7

SHAKESPEARE IRON MAN: Steel yourself for a day of the Bard at Shakespeare Northwest's "Iron Man" starting with Antony & Cleopatra at 2pm at Skagit Valley College's Phillip Tarro Theatre. At 5pm, The Two Gentlemen of Verona can be seen, and, at 8pm, so can The Taming of the Shrew. An all-day pass is \$20.

THINGS THAT FLY: WWU's Department of Theatre Arts presents *Things That Fly* at 2pm at the Fairhaven Village Green. The free performance—which can be seen every Saturday in August—tells the story of siblings who attempt to build a flying machine in their backyard.

BEAUTY, BEAST: See local kids who took part in the Missoula Children's Theatre weeklong summer theater camp alongside pro actors at performances of *Beauty Lou and the Country Beast* at 3pm and 7pm at the Mount Baker Theatre, 104 N. Commercial St. Entry is \$6-\$10.

₱ 734-6080 OR WWW.
MOUNTBAKERTHEATRE.COM

SUN., AUG. 8

COMEDY NIGHT: A weekly Comedy Night happens at 8pm every Sunday at the Fairhaven Pub & Martini Bar, 1114 Harris Ave.

WWW.FAIRHAVENPUB.COM

MON., AUG. 9

THEATRE CAMP: Local kids can sign up for the Missoula Children's Theatre's Treasure Island Theatre Camp, which begins today at the Mount Baker Theatre and continues daily until Aug. 14, when the show will be performed. 734-6080

TUES., AUG. 10 IMPROV WORKSHOP: Sheila Goldsmith will lead a free introductory improv class for adults from 7-9pm at 302 W.

Illinois St.

DANCE

THURS., AUG. 5

FOURTH CORNER FOLK: Hook up with the Fourth Corner Folk Dancers at 7pm every Thursday at the Fairhaven Library, 1117 12th St. If you're new to the world of Balkan, Israeli, Romani, and Greek dancing, entry is free—otherwise a \$5 donation is suggested. **9** 380-0456

TUES., AUG. 10 DANCING IN THE PARK: The Bellingham Scottish Country Dancers will host their final "Dancing in the Park" event of the summer from 7-9pm at the Elizabeth Park gazebo.



The Black Drop Coffeehouse Now Open on Sundays, 8:30-4:00 every step, every day, over and over 300 W. Champion Street Downtown Bellingham 738-DROP *50 Splendid Cheeses* Sensuous Skin Lotions Fresh Organic Produce Ben's Local Blueberries Mexican Coca Cola Custom Hero Sandwich Ghanaian Trade Jewelry Where Upscale Meets Downhome Hiway 9 – Van Zandt www.everybodys.com Center for Expressive Arts August 6th, NEST Art Show Reception 6-10pm examining the ideas of place & home Free Kids Art Workshops! Aug. 7th & 21st, Sept. 4th & 18th, Oct. 2nd & 16th Imagination Celebration!! Saturday August 14th 12-4pm all ages Teen Art Party Tuesday, September 2nd 6-10pm, \$10 per person Teen Art Nights Tuesday, Starting September 7th 6-8pm, \$15 drop in or \$50 for 4 sessions July & August Dance Classes Adult & Me Movement (walk-3y) / Thursdays 9:30-10:15am Creative Dance (3-6y) / Saturdays 9-9:45am Let's Dance (7+yrs) / Saturdays 10-11:00am Adult Art Classes Intro to SoulCollage® by Jamie Olson August 19th & September 16th 6:30-9:30pm No formal artistic experience required, \$30-\$40 Young Writers Studio: www.youngwritersstudio.org

1317 Commercial St. #201, Bellingham / 671-5355 www.centerforexpressivearts.com



FOOD 38

CLASSIFIEDS 31

FILM 28

MUSIC 22

ART 20

STAGE 18

GET OUT 16

WORDS 14

CURRENTS 8

VIEWS 6

MAIL 4

DO IT 2

08.04.10

#31.05

CASCADIA WEEKLY

19





BY AMY KEPFERLE

FOOD 38

CLASSIFIEDS 31

FILM 28

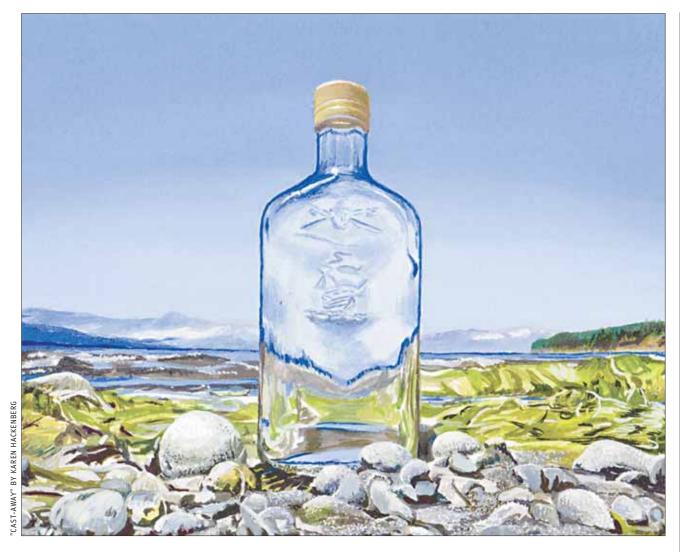
MUSIC 22

ART 18

STAGE 18

Anacortes or Bust!

FINE ART IN A FESTIVE ATMOSPHERE



STAYING POWER is often what separates those who succeed from those who fail. For an example of the first camp, look to the group of community-minded citizens who, in 1962, decided to band together to put on the inaugural Anacortes Arts Festival.

With just \$300 in seed money and a desire to provide "fine art in a festive atmosphere," those in charge didn't let their lack of funding or reputation stop them. Instead, with the help of countless volunteers— who did everything from donating materials and manpower to building display racks and postering—and a vision to bring the fruits of creativity to the masses, they grew their success year by year.

These days, while organizers are still dependent on volunteers to help execute the three-day celebration, the coffers aren't exactly bare. Thanks

to a long list of sponsors, numerous grants and a public that shows up in droves every August to support the event, those in charge of the festival can now concentrate more fully on what they do best—which is to provide a premier destination for people to enjoy art in all its many guises.

While fine art by Northwest artists is still the main focus of the waterfront soiree—which this year will play host to 260 juried booth artisans, three exhibits and a mural project by Samish Native painter and carver Tsul-ton the menu of events has continued to expand along with the number of years.

For instance, if you don't find music that moves you on the Main Stage—which has everyone from The Clumsy Lovers to Rivertalk to the Mark Dufresne Band on its lineup—move on to one of the three other sound-filled prosceniums to get your fix. Or stop by one of the food booths—the culinary arts component of the



WHAT: 49th annual Anacortes Arts Festival WHEN: 10am-6pm Fri.-Sat., Aug. 6-7 and 10am-5pm Sun., Aug. 8 WHERE: Throughout Anacortes COST: Entry is free INFO: www.anacortes artsfestival.com

festival, natch-for a well-deserved repast. And, because they realize that the younger set may not want to spend 20 minutes gazing at a painting of a sunset, the powers that be have also set up a Youth Discovery Area on Anacortes's 7th Street. Instead of looking at what others have created, your budding artists can make origami, learn about printmaking, get their faces painted or, among a full roster of

related events, explore ethnic crafts.

While next year's half-century celebration is likely already in the works, it's worth noting that the current personnel responsible for executing the citywide party is, this year, experiencing an anniversary of their own. For 10 years, Director Joan Tezak and her four yearround staffers—Mary Leone, Don Morton, Rita James, and Earl Hillis—have collaborated to make the Anacortes Arts Festival a success.

A quick look at this year's long list of painters, sculptors, photographers and musicians who are lending their talents to the mix shows that Tezak and company's decade-plus commitment to the mission of the festival—"A nonprofit organization that promotes and funds arts, artists and art education to create a vibrant arts community"—is going strong. It seems as if they, too, have that little thing called staying power. ^(S)

doit

EVENTS

FRI., AUG. 6

PASTEL SHOW: The 4th annual Northwest Pastel Society Member Show opens tonight with a reception from 6-9pm at the Scott Milo Gallery, 420 Commercial Ave., Anacortes. See it through Aug. 31.

♠ www.scottmilo.com

CYGNUS OPENING: View mixed media works and sculptures at an opening reception for an installation dubbed "Between" from 6-8pm at La Conner's Gallery Cygnus, 109 Commercial St. The pieces can be viewed until Aug. 29.

(360) 420-9568

ART WALK: Explore diverse works as part of the monthly Art Walk happening from 6-10pm throughout downtown Bellingham. Peruse the listings below, or pick up a map at participating locations.

WWW.DOWNTOWNBELLINGHAM.COM

WHATCOM MUSEUM: If you haven't yet seen "Show of Hands: Northwest Women Artists 1880-2010" at the Whatcom Museum's Lightcatcher Building, you should know that this is the last weekend to do so. Entry will be free from 6-9pm as part of the Art Walk, so don't delay. • WWW.WHATCOMMUSEUM.ORG

BLUE HORSE: "Tranquility," a solo show by "Public Hanging" winner Michael Deeb, opens from 6-10pm at the Blue Horse Gallery, 301 W. Holly St. See the paintings through Aug. 27. WWW.BLUEHORSEGALLERY.COM

DIGS: "One Foot Gap," a mixed-media collaboration by Solomon Olmstead and Erin Clancy, opens from 6-10pm at Digs, 200 W. Holly St. See the works through August.

WWW.DIGSSHOWROOM.COM

ALLIED ARTS: An opening reception for "Femme Fatale" happens from 6-10pm at Allied Arts, 1418 Cornwall Ave. The works by Linda Hughes, Carmen Moise, Kay Little, and Katy Frank can be viewed through Aug. 28. WWW.ALLIEDARTS.ORG

CENTER FOR ARTS: "Nest," an art show examining the ideas of place and home, can be seen at an opening reception from 6-10pm at the Center for Expressive Arts, 1317 Commercial St. 671-5355

SAT., AUG. 7

CHILDREN'S CRAFT FAIR: Kids can sign up to take part in today's Children's Craft Fair from 10:30am-2:30pm at the Deming Public Library, 5044 Mt. Baker Hwy. Entry is free. 6 592-2422

ART KITES: Textile artist Seiko Purdue will lead a workshop focused on making "Wish Kites" from 12-4pm at the Whatcom Museum's Family Interactive Gallery, 250 Flora St. The event is free with admission.

₱ 778-8930 OR WWW.WHATCOMMUSEUM.ORG

BIRDS OPENING: More than 50 regional artists will be featured at an opening reception for "Birds" from 5-8pm at Edison's Smith & Vallee Gallery, 5742 Gilkey Ave. The works can also be seen from 11am-5pm every Wed.-Sun. through Aug. 27.

WWW.SMITHANDVALLEE.COM

SUN., AUG. 8

CIRKUT CAMERA: Ron Karabatch will lead a program focusing on "Sandison's Cirkut Camera and How it Works" at 2pm at the Whatcom Museum's Old City Hall building, 121 Prospect St. The event focuses on the mechanics of noted Bellingham photographer J.W. Sandison's cam-

era. Suggested donation is \$3. www.whatcommuselim.org

TUES., AUG. 10

TEEN ART NIGHT: Young adults can learn new art forms at the weekly "Teen Art Nights" happening from 6-8pm every Tuesday at the Center for Expressive Arts and Experiential Education, 1317 Commercial St., suite 201. 671-5355

ONGOING EXHIBITS

ARTWOOD: The carvings of Doug Hudson will be highlighted through August at Artwood Gallery, 1000 Harris Ave. 647-1628

BELLINGHAM RAILWAY MUSEUM: The museum is open to the public from noon-5pm Tues. and Thurs.-Sat. at 1320 Commercial St.

6 393-7540

CEDAR WORKS: View and purchase a variety of Native American art from 10am-6pm Wed.-Sat. at the Cedar Works Art Gallery, 217 Holly St. 647-6933

FOG: View a variety of works by noted artists at the new Fairhaven Originals Gallery, 960 Harris Ave.

WWW.BELLINGHAMFOG.COM

GOOD EARTH: Patricia Morse's clay art will be featured through August at Good Earth Pottery, 1000 Harris Ave.

WWW GOODEARTHPOTS COM
 OM
 OM

INSIGHTS: The multi-artist "Animation" exhibit shows through Aug. 13 at Insights Gallery, 604 Commercial Ave., Anacortes.

WWW INSIGHTSGALLERY COM

MINDPORT: "Strum Into Summer" can be experienced through August at Mindport Exhibits, 210 W. Holly St. **O** WWW MINDPORT ORG

MONA OPENING: "Artists, Poets, Scholars: Fishtown and the Skagit River" and "Max Beniamin, Helmi Juvonen, and Louis Mideke From the Permanent Collection" will be up through Oct. 4 at La Conner's Museum of Northwest Art, 121 S. First St. H WWW.MUSEUMOFNWART.ORG

QUILT MUSEUM: "All That Blooms" and "Japanese Textiles" can be perused through Sept. 26 at the La Conner Quilt & Textile Museum, 703 S. 2nd St. WWW.LACONNERQUILTS.COM

SKAGIT HISTORICAL MUSEUM: "The Way We Played: Early Skagit Recreation" can be seen through July, 2011, at La Conner's Skagit County Historical Museum, 501 4th St. **(**360) 466-3365

NORTHWEST ESSENCE: As part of the "Healing Through Art" program, a group exhibit by seven Bellingham artists dubbed "Northwest Essence" shows through Sept. 30 at the PeaceHealth St. Joseph Medical Center, 2901 Squalicum Pkwy. **A** 733-5361

WHATCOM ART GUILD: From 10am-6pm every Friday through Sunday, stop by the Whatcom Art Guild's Art Market at Fairbayen's Waldron Building, 1314 12th St.

WWW.WHATCOMARTGUILD.ORG

WHATCOM MUSEUM: "Expanded Horizons: Panoramic Photographs by J.W. Sandison," "Show of Hands: Northwest Women Artists 1880-2010" and "Outside the Home: Photographs of Women in the Workplace" can currently be viewed at the Whatcom Museum.

www.whatcommuseum.org



WORDS 14 **CURRENTS** 8 VIEWS 6 MAIL 4 DO IT 2 08.04.10 #31.05 **CASCADIA WEEKLY** 21

The Temple Bar 306 W. Champion St. templebarbellingham.com



BY CAREY ROSS

Subdued Stringband

A DECADE OF PICKIN' AND GRINNIN'



FOR AS long as the Subdued Stringband Jamboree has been taking place—this year marks the event's 10-year anniversary—I have been writing about it. After all, one could argue that I am the right woman for this job as, with one exception, I have been at every single Jamboree since its inception.

Reasons to attend Stringband, which takes place Aug. 13-14 at the Deming Log Show Fairgrounds, are legion, from the music to the setting to the late-night pickin' parties, and, in honor of the Jamboree's 10th anniversary, I've compiled a list of 10 of the best ones.

1. THE FLAT STAGE MUSIC: Of course, Stringband's *raison d'etre* is its musical offerings, many of which take place on the so-called Flat Stage. The lineup typically comprises everything from regional favorites to local heroes, jug bands to old-timey ensem-

bles and everything in between. The music starts early (4pm Friday and noon Saturday) and runs late into the night. Figuring out who's playing at any given moment is a no-brainer, as the schedule, complete with set times, is painted onto a giant wooden board that lives in front of the stage. And, miracle of miracles, unlike most multi-day, multiband musical endeavors, Stringband actually manages to stick to that schedule (give or take a few minutes here and there), which is likely owed to a crackerjack staff of volunteers who are well-versed in rotating bands on and offstage in a timely fashion. As for this year's lineup, it kicks off Friday with Louis Ledford, before segueing into the likes of the Naked Hearts, Anais Mitchell with Jefferson Hamer, and CR Avery and the Tender Lender String Quartet. Headlining the Flat Stage's first night will be the

STRINGBAND, CONTINUED ON NEXT PAGE

Rumor Has It

WHEN I WROTE last week about the head injury Chuckanut Ridge Wine Co. owner John Powers suffered in a fall at Bellingham Golf and Country Club, I knew his injury was a serious one. After all, John was in a coma, and had been for a couple of days at that point. However, much like most anyone who knew John, I believed he would make a full recovery. Any other outcome seemed, frankly put, unthinkable.

And for several days, as reports about his condition indicated steady improvement, that optimism seemed warranted. However, during the night of July 30, John suffered a massive brain hemorrhage and died, leaving behind immeasurable grief and a business now in limbo. He died as he'd lived, surrounded by people who loved him—although there isn't a hospital room big enough to hold all those whose lives were touched and made better by him.

A head injury is supposed to be one of those experiences from which people arise changed, with a firmer grasp on

what is important, a better perspective with regard to priorities that truly matter. If that is the case, it is tough to imagine what John would've gained from the experience—other than, maybe, to watch his step in the future. You see, more than anything else, John was, simply put, really good at living. Even someone like me, who had a relationship with him that would be most accurately



described as just a shade greater than an acquaintance, could see that. When it came to living right, John was a bona fide expert.

In fact, we would all do well to emulate those lessons that John so fully embodied during his life. Lessons that might look a little something like: Follow your passion. And, if you find that following your passion isn't any fun, it's either not your passion or you're doing something wrong. It's O.K. to be smart and driven in pursuit of that passion. But it's equally as important to be honest and fair.

Cherish the people around you. Always remember that your loved ones are your most important resource. They're the ones who make your passion worthwhile.

Money isn't the only currency you've got to spend. Kindness goes a long way as well. And if you happen to be gifted with more than your fair measure of effortless charisma, don't be stingy with it. A million-watt smile doesn't hurt either.

Learn to tell a good joke. Even better, learn to laugh at the jokes of others. Always remember that hospitality isn't just part of a successful business plan. When people feel at home in the environment you've created, it's both a gift and a compliment.

While it's a fact that everyone has problems, it's equally true that most problems are seldom so big they can't at least be mitigated by a glass of wine, good company and some jazz music. If you're fortunate enough to be able to devote your life to providing those things to people, you're luckier than most.

A celebration of the life of John Powers will take place at 1pm Sat., Aug. 7 at the Leopold at 1224 Cornwall Ave. Afterward, I'm sure if you'd like to raise a glass and make a toast to a rich life, lived well, John would certainly approve—provided, of course, that the wine in the glass was a good one. [®]

22

STRINGBAND,

FROM PREVIOUS PAGE

riotously popular Gallus Brothers, a dynamic duo who have used their hiatus from Bellingham's stages to incorporate new feats of mancrobatics into their act. Saturday's entertainment includes sets by Barnum Jack, cello master Dylan Rieck, the Librarians, Foghorn String Band, Polecat, the Crow Quill Night Owls, festival organizer and brain trust Robert Sarazin Blake, and the now-legendary all-star jamboree (more on that below). Please note: this is not a comprehensive listing of all the Flat Stage performers, but rather a random sampling of that which you can expect from your Stringband experience.

2. THE SLANTED STAGE: But the entertainment doesn't end with the Flat Stage. More performers than the Flat Stage could hold, combined with a desire to keep the audience entertained during the inevitable set-up/tear-down lull that exists between bands spawned the phenomenon known as the Slanted Stage. Sitting just to the side of the



HFAR WHAT: Subdued Stringband Jamboree WHEN: Aug. 13-14 WHERE: Deming Log Show Fairgrounds, Deming COST: \$30-\$60 MORE INFO: www. stringband jamboree.com

could actually make the argument that the smaller Slanted Stage is a harder worker than its larger counterpart. After all, the bands start playing on the Slanted Stage at 1pm Friday and 9am Saturday, which, if you're keeping track of such things, is a full three hours before the Flat Stage acts gear up on both days. Bands appearing on the Slanted

Flat Stage, one

Stage include Go Slowpoke, Cherry Blossom Family Delivery, Below the Salt, Peter Blake, Prozac Mtn. Boys, Timmy Sunshine and the Conductors, the Old In-Betweeners, and more. The Slanted Stage is also the locale from which the square dance is called and the brave souls involved in the band scramble exhibit the fruits of their impromptu creative labors (keep on reading for more about both Stringband standbys).

3. DO SI DO AND ALLEMANDE LEFT: Square dancing: we've all done it. Likely we were in a smelly grade-school gym at the time, but the timeless steps remain, well, timeless. Take those tried-

and-true moves, transport them to the field in front of the Slanted Stage, scare up a willing partner, follow the instructions of the capable caller and dance to the old-timey rhythms of the Tallboys. I know you may think you're not the square-dancing type. I also know you're probably mistaken. Many folks who are stronger than you have succumbed to the seductive pull of the Stringband square dance. There's no shame in it. What happens at Stringband, stays at Stringband.

4. THE BAND SCRAMBLE: This is a somewhat-recent Stringband innovation that I just straight love. The premise is simple: willing (and sometimes unwitting) musicians gamely throw their names into a hat. At some point, names are drawn, ad hoc bands are formed and those newly minted bands have an insanely short period of time (in the past it's been as little as half an hour) to come up with a song, which they will then perform on the Slanted Stage. Past results of this particular exercise in musical dexterity have produced some hilarious and downright amazing results, as musicians of differing styles and skills must mesh their talents in less time than it takes some bands to set up and tune their instruments. The products of all this good-natured musical labor can be heard at 7pm Sat. (or thereabouts). Don't miss it.

5. GET ACTION ALL NIGHT LONG: Many Stringband veterans, performers and fans alike, would argue that the party doesn't really get started until the scheduled entertainment has called it a night. This is when musicians gather around assorted campfires and pick and jam into the wee hours, trying out favorite songs, collaborating in ways they'd never be able to onstage and generally embodying all that makes the Stringband experience one that folks return for, year after year. Camping out away from the city and under the abundant stars is dirt cheap—\$15 for a limited number of RV spots, \$10 for tents and cyclists camp for free-but the experience is priceless.

6. THE FEEL-GOOD GRASSROOTS ETHOS: Part of what has made Stringband so near and dear in the hearts and minds of its many musicians and fans is that it is the definition of a grassroots affair. Since the beginning, the staff has pretty much been all-volunteer (indeed, the first year, the musicians themselves

STRINGBAND, CONT. ON PAGE 24



Antipasti, Panini, Wine & Beer, Salads, Espresso

FOOD 38

CLASSIFIEDS 31

FILM 28

MUSIC 22

ART 20

STAGE 18

GET OUT 16

WORDS 14

CURRENTS 8

VIEWS 6

3 | 9

躇 old

WORLD

DELI

..................

Old World Deli celebrates it's 3rd anniversary, and we've got subs, panini, beer, wine, and an expanded selection of market items to prove it. Stop by!

> www.OldWorldDeli1.com Now located at 1228 N. STATE ST DOWNTOWN B'HAM 360 738-2090 Monday 8-4 Tuesday–Friday 8–6 Saturday 9–5

Oyster Bar now open From 6:00 p.m., Wed.- Sat. **Fresh Local Oysters** - Light Menu - Cocktails -**Downtown Sounds**

Wednesdays 5-9 August 4: Latin Expression with Umami Hours:

Tues.- Thurs. 11 to 10, Fri. 11 to 11 Sat. 10 to 11, Sun. 10 to 9





1300 Bay St. 360.752.2968 (75.BAYOU) www.bayouonbay.com

music » festivals

BONNIE 'PRINCE' BILLY

He's not actually royalty of any kind. In fact, his name isn't Bonnie "Prince" Billy at all. It's Will Oldham, and he's made a career out of crafting songs that are fragile, lo-fi folk gems. His fans tend to throw around the word "genius" with abandon, and, while I won't go that far, I will admit His Musical Majesty definitely has the power to compel. -Carey Ross

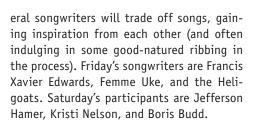
Bonnie "Prince" Billy and the Cairo Gang play at 9:30pm Tues., Aug. 10 at the Wild Buffalo, 208 W. Holly St. Cost: \$15. More info: www.wildbuffalo.net

STRINGBAND, FROM PAGE 23

set up the stage and ran the show), the musicians play for next to nothing and everyone is more than willing to pitch in whenever necessary to make the event a success. And that all-for one, one-for-all philosophy is evident everywhere you look, from folks who freely share space on their blankets and refreshment from their coolers to musicians who lend each other instruments and expertise. And while the performers are no longer required to help, it remains a form of entertainment unto itself to show up early and watch the staff assemble the stage.

7. THE ALL-STAR BAND JAM: Aside from the band scramble, this is my other favorite part of the Jamboree. Per Stringband tradition, the final night's entertainment always wraps up with a scheduled-yet-still-impromptu jam session in which any/all willing festival performers take the stage together to play, well, whatever songs the majority of them are capable of playing, however rustily. Sure, it can be a big ol' noisy mess, but in the magical environment created by the Jamboree, it's also a big ol' messy good time. The performers clearly love the opportunity to get onstage and play together all at once and the fans clearly love what results from it.

8. SONGWRITERS IN THE ROUND: While this is not an idea pioneered by the Jamboree, it's one that has become an integral part of the event. Each day, on the Flat Stage, sev-



9. IT'S A STAYCATION !: Yeah, yeah, we're all broke. None of us can afford to take those exotic five-star jaunts we used to embark on without considering the cost. Granted, that was never my reality, and odds are, it's not yours either, but with its out-of-town, middle-of-nowhere (while still being close to home) locale and its sense of being a world away, Stringband is truly the perfect staycation. Tickets are a steal—\$40 for an advance weekend pass, \$60 at the gate and \$30 for a single-day pass—and I've already mentioned how cheap camping is. Not to mention the fact that kids younger than 14 get in free. So this is a family-friendly weekend getaway.

10. THE ALL-IMPORTANT ELEMENT OF SUR-

PRISE: For me, the best part of Stringband is always the thing I didn't realize was going to happen. Whether it be falling in love with a band (in last year's case it was Petunia and the Vipers), running into friends I haven't seen since the last Stringband or even watching volunteers gamely work to overcome technical and weather-related difficulties, dealing with-and being entertained by—the unexpected has become part and parcel of the Jamboree experience.

musicEvents

WED., AUG. 4

DOWNTOWN SOUNDS: Umami and Latin Expression will perform at tonight's Downtown Sounds concert, which happens from 5-9pm every Wednesday through Aug. 11 in the 1300 block of Bay St. WWW.DOWNTOWNBELLINGHAM.COM

AUG. 4-8

MARROWSTONE FESTIVAL: As part of the annual Marrowstone Music Festival the Northwest's premiere orchestral training program—attend a variety of chamber and classical concerts through the week at WWU's Performing arts Center. Costs vary.

WWW.MARROWSTONE.ORG

THURS., AUG. 5

MUSIC IN THE PARK: Septembers End will play a mix of country, rock and blues tunes from 6-8pm at Bellingham's Elizabeth Park. The free summer concert series continues every Thursday through Aug. 26. **9** 778-7000

FRI., AUG. 6

FOR THE KIDS: Cowboy Buck and Elizabeth will make music as part of the free Brown Bag Children's Concert Series at noon on the lawn of the Bellingham Public Library, 210 Central Ave.

A 778-7000

SWING BAND: The Bellingham Youth Jazz Band will perform at a swing dance and fundraiser starting at 7pm at the Bellingham Senior Activities Center, 315 Halleck St. Admission is by donation. 676-5750

SWIL KANIM: Virtuoso violinist Swil Kanim will do his thing at a free concert from 7-9pm at Stuart's at the Market. 1530 Cornwall Ave. **9** 714-0800

AUG. 6-8

SUMMER MELTDOWN: The 10th annual Summer Meltdown takes place Fri.-Sun. at Darrington's Whitehorse Mtn. Amphitheater. The three days of music will include everyone from the Presidents of the United States to Flowmotion, Ivan Neville's Dumpstaphunk, Eoto, the Acorn Project, Vicci Martinez, and many, many more. Ticket prices vary.

WWW.SUMMERMELTDOWN.COM

SAT., AUG. 7

TRACY SPRING: Musician Tracy Spring will be joined by a handful of talented friends for a fundraising CD release show at 7:30pm at the Bellingham Unitarian Fellowship, 1708 I St. Suggested donation is \$10-\$25. WWW.TRACYSPRING.COM
 WWW

SUN., AUG. 8

CULTURAL CONCERT SERIES: The public is invited to the first in a month-long "Cultural Concert Series" performance at 2pm at Blaine's Peace Arch State Park. Ruze Dalmantinka and Bonaca kick off the Sunday performances. (360) 902-8500

WED., AUG. 11

IAN SCONTI: Classical Flamenco pieces and original compositions will be on the lineup when guitarist Ian Sconti performs at 7pm at the Roeder Home, 2600 Sunset Dr. Suggested donation is \$10. WWW.FRIENDSOFTHEROEDERHOME.ORG



musicvenues

31 F00D 3	See below for venue addresses and phone numbers	08. 04 .10 wednesday	08. 05 .10 thursday	08. 06 .10 Friday	08. 07 .10 Saturday	08. 08 .10 sunday	08. 09 .10 monday	08. 10 .10 tuesday
CLASSIFIEDS	Archer Ale House	Fischer Street, Eagle's Whistle					T-Bone Taylor	
CLASS	Beach Store Café				Red Racing Stripes			
FILM 28	Boundary Bay Brewery	Aaron Guest (taproom), Yogoman's Wild Rumpus	Happy Hour Music feat. Robert S. Blake and the High, Wide and Handsome Band	Snug Harbor (early)			Wells Creek Band	Henry Wesson (early), Jazz Jam
TC 55	Brown Lantern Ale House		Open Mic		Spoonshine			
S N M	The Business			Ali Marcus			11120	
AKT 20	Cabin Tavern	Fag Rag, The Keys Knees, more		Rooftops, Biagio, Mary Mary, Meconium	Broadcast Zero, Cathoholix, Unlearn	The Little Elephant, more		J. PA
_	Chuckanut Brewery	Green Drinks	Damon Dimitri Jones					
STAGE 18	Chuckanut Ridge Wine Company		Blake Angelos Jazz Trio	Marion Weston Trio	Sabrina Y Los Reyes	ANUHEA/Aug. 7/Wild		No. Sta
01. IO	Commodore Ballroom	Steel Panther, Stinkmitt	Reverend Horton Heat, Hillstomp, Split Lip Rayfield		Third World	Matisyahu		

Archer Ale House 1212 10th St. • 647-7002 | Boundary Bay Brewing Co. 1107 Railroad Ave • 647-5593 | Brown Lantern Ale House 412 Commercial Ave., Anacortes • (360) 293-2544 | Chuckanut Brewery 601 W Holly St. • (360) 752-3377 | Chuckanut Ridge Wine Company 1017 N State St. • 527-0900 | Commodore Ballroom 868 Granville St., Vancouver • (604) 739-4550 | Common Ground Coffeehouse 351 Pease Road, Burlington • (360) 757-1015 | Edison Inn 5829 Cains Ct., Edison • 360-766-6266 | Glow 202 E. Holly St. • 734-3305 | Fairhaven Pub & Martini Bar 1114 Harris Ave. • 671-6745 | Graham's Restaurant 9989 Mount Baker Hwy., Glacier • (360) 599-1964 | Green Frog Café Acoustic Tavern 902 N State St. • 756-1213 | Honey Moon 1053 N State St. • 734-0728

NorthwooD



Over \$15,000 In Cash Prizes With Three Magic Wishes!

Every Friday & Saturday Night in August you can win up to \$1000 playing Three Magic Wishes!

Drawings are at 7pm, 8pm and 9pm. Pick up your free weekly entry at the Winners Club, and earn more with your play.

Win \$100 Instantly With Your Free Daily Aladdin's Lamp Magic Ticket!

Pick up your free Aladdin's Lamp Magic Ticket at the Winners Club, then scan it at the nearby Aladdin's Lamp Kiosk. You know instantly if you've won \$100, \$25, or \$10!

Not an instant winner? Drop your ticket into our Second Chance Drawing Barrel. Then come back for the Second Chance drawings on August 29 – when 10 Lucky Winners will receive \$300! Pick up your daily ticket at the Winners Club beginning August 1.



SAMPLE

Aladdin's Lamp

in's loan

26



		/ UILU					
See below for venue addresses and phone numbers	08. 04 .10 wednesday	08. 05 .10 thursday	08. 06 .10 Friday	08. 07 .10 saturday	08. 08 .10 sunday	08. 09 .10 monday	08. 10 .10 TUESDAY
Conway Muse	Open Mic	Tango Café	Marvin J	Corbin Keep, Mel Watson	Drum Circle (early)		
Downtown Sounds	Latin Expression, Umami						
Edison Inn			Bob Caloca and Friends		The Bow Diddlers		
Fairhaven Pub	Karaoke		Monkeywrench	Afrodesiacs		Open Mic w/Chuck D feat. Brian Hillman	College Night
Graham's Restaurant		Bent Grass		Musekiwa Chingodza			
Green Frog Café Acoustic Tavern	Liz Longley, Reed Waddle	Lincoln Crockett	Chatham County Line		Second Sunday Singer/ Songwriter Slam, Open Mic	Joe Pug, Kasey Anderson, Jeremy Burk	Lucas Revolution
Honeymoon	Open Mic	The Naked Hearts	Fritz & the Freeloaders	The Librarians			A History of Silence
Jinx Art Space			Art Walk feat. Pan Pan, The Moandingers	Caparza, Umbilical Parracide, Nitroba, Defen- strator			
Main St. Bar and Grill		Country Karaoke	The Dogtones	Sovereign	Karaoke		
Nooksack River Casino		Open Mic	DJ Roy Boy	Andy Koch			A C
Plan B Saloon	Open Mic	Karaoke w/ Poops	Live Music	Live Music	ROOFTOPS/ Aug. 6/Cabin Ta PHOTO BY HOLLIE HUT	15	PAC
Rockfish Grill	Savage Jazz		Cee Cee James	Dikki Du and the Zydeco Crewe			5
Royal	One Hit Wonder Night	DJ Jester	DJ Jester	DJ Jester	DJ Jester		'80s-'90s Dance Hits
Rumors		Throwback Thursdays w/DJ Shortwave	DJ QBNZA	DJ Mike Tollenson	Band Fight Night	Karaoke w/Poops	DJ Postal, DJ Shortwave
Semiahmoo Resort			Robert S. Blake and the High, Wide and Handsome Band (Seaview Terrace)	Replazements (Packers), Jon Mutchler (Stars)			
Silver Reef Hotel Casino & Spa			Tommy Tutone (Pavilion), The Motown Cowboys (Lounge)	The Motown Cowboys (Lounge)			
Skagit Valley Casino			Shane Thomas	Shane Thomas			
Skylark's	Spence	Jeff Reier & Mark Wood- worth	Steve Faucher & Friends	Stirred Not Shaken	Irish Session		
Temple Bar	R	REVEREND HORTON HEAT/Aug.	5/Commodore Ballroom	Blake Angelos Jazz Trio			
Three Trees Coffeehouse		Justin Klump	Jeremy Serwer	Drypoint			Open Mic feat. Jared Brown
Village Inn			Karaoke				
Watertown Pub	Karaoke w/Rick		The Clumsy Lovers	DJ Ben Brown			
Wild Buffalo	Reggae Night w/Blessed Coast DJs	Apeisode vol. 2 ft. DJ Colby B, The File Jerks, Coup	Keaton Collective	Anuhea, The Green, NW Sons, Tamarama		Cotton Jones, The Parson Redheads	Bonnie Prince Billy, The Cairo Gang

Main Street Bar & Grill 2004 Main St., Ferndale • 384-2982 | New York Pizza and Bar 902 N. State St. • 733-3171 | Old Foundry 100 E. Maple St. • 312-3880 | Rockfish Grill 320 Commercial Ave., Anacortes • (360) 588-1720 | The Royal 208 E. Holly St. • 738-3701 | Rumors Cabaret 1119 Railroad Ave. • 671-1849 | Silver Reef Casino 4876 Haxton Way, Ferndale • 383-0777 | Skagit Valley Casino Resort 5984 N Darrk Lane, Bow • (360) 724-7777 | Skylark's Hidden Cafe 1300 11th St. • 715-3642 | Swinomish Casino 12885 Casino Dr., Anacortes • 888-288-8883 | Three Trees Coffeehouse 118 W. Holly St. • 392-0289 | Underground Coffeehouse Viking Union 3rd Floor, WWU | Watertown Pub 314 Commercial Ave., Anacortes • (360) 293-3587 | Wild Buffalo 208 W. Holly St. • www.wildbuffalo.net | To get your live music listings included in this esteemed newsprint, send info to clubs@cascadiaweekly.com. Deadlines are always at 5pm Friday.



REVIEWED BY PETER DEBRUGE

The Other Guys BRING ON THE BROMANCE



AFTER A season of coed action comedies ranging from *Date Night* to *Knight and Day,* it figures Adam McKay would be the one to bring back the bromance, milking the testosterone-fueled buddy-cop genre for touchy-feely fun in *The Other Guys.* Starring Will Ferrell and Mark Wahlberg as two paper pushers who'd surely be sidelined in a traditional policer, the film sets out with more of a plot than such previous McKay comedies as *Anchorman* and *Talladega Nights*.

In keeping with previous Ferrell showcases, *The Other Guys* identifies a character who could easily support a series of *Saturday Night Live* sketches—in this case, milquetoast police accountant Allen Gamble (Ferrell), whose perky posture and contented smile reveal the intense satisfaction he takes from being a team player, even if the closest he comes to the action is typing up case reports for star cops Highsmith (Samuel L. Jackson) and Danson (Dwayne Johnson).

We've seen variations on this too-naive-to-know-better routine from Ferrell before, which makes Wahlberg the movie's casting coup. As Terry Hoitz, Wahlberg plays a screw-up who'd give anything to be the sort of tough-guy hero the actor usually plays (where other films have exploited Wahlberg's abs, *The Other Guys* goes out of its way to make it look as if he gets by on an all-doughnut diet).

Hoitz would probably be in the field, too, if it weren't for a trigger-happy accident at a Yankees game.

Hoitz sees his chance after a particularly overzealous stunt by Highsmith and Danson puts the spotlight-hogging cops out of commission, with the desk jockey dragging his Prius-driving, wooden gunwielding partner Gamble into the fray. The pair hardly gets along at first, but the film doesn't exploit their differences for long, preferring to concentrate on the mushier notion that their relationship matters. Yes, there's a case to be solved, but Gamble's real mission, as he tells hotheaded Hoitz, is "to climb over that anger wall of yours." Just when things should be getting interesting, their captain (Michael Keaton, playing babysitter to a department of overgrown kids rounded out by Rob Riggle and Damon Wayans Jr.) separates the two. Putting more stock in their relationship than we do, the movie serves up a mopey montage of the partners trying to make do without each other—an uneven sequence that plays like something out of a romantic comedy.

Luckily, the two leads have a special kind of chemistry. With a few flamboyant exceptions (such as Hoitz insisting, "I'm a peacock. You gotta let me fly!"), Wahlberg is tasked with playing it straight, while Ferrell is free to improvise at will. There's more room for such comic latitude early in the film—including a rowdy run-in with Gamble's ex-girlfriend (Natalie Zea) and her emasculated new beau (Brett Gelman)—but once the plot kicks in, there's less opportunity for wayward jokes, leaving the movie conspicuously less funny in the process.

Watching Hoitz and Gamble butt heads, there's little doubt a perfectly entertaining movie could be made without leaving the office, but these characters are clearly not alone in their craving for some action. In a field dominated by Michael Bay types, McKay qualifies as one of "the other guys," a director more given to orchestrating punchlines than pyrotechnics. Here, he understandably seizes the opportunity to blow stuff up, although it would be more accurate to say the opportunity overtakes him, as the laugh-aminute pace established in the first act downshifts into something more akin to a standard '80s buddy-cop movie (a la Lethal Weapon or 48 Hrs.) once the procedural elements take hold.

McKay and co-writer Chris Henchy may have set out to make a satire of such films, riffing on everything from the occasional ruminative saxophone solo to the obligatory character-grounding domestic scenes (in a recurring joke, Eva Mendes plays Gamble's impossibly hot wife). But the result could pass for one of those films, assuming you can get past the tongue-incheek approach to every setpiece.

McKay is obviously having a blast staging explosions, chases and even an epic Mexican standoff; a pity the movie bogs down in an unnecessarily complicated evil-investor plot. It was a clever choice to make the villain a slimy Wall Street racketeer (Steve Coogan), giving the film a chance to lob a few timely critiques at our current financial predicament. But that theme feels only half-baked (awkwardly resurfacing as a PowerPoint-style economics lesson over the end credits), while the mystery effectively forces Hoitz and Gamble into the shoes of competent cops, more or less defusing the underlying beta-male concept that some guys simply weren't born to lead.



We want YOU to become a member of Sustainable Connections

We are a non-profit membership organization of 650+ NW Washington independent, locally owned business leaders working to transform and model an economy built on sustainable practices.

Member benefits include; opportunities to **network & connect**, marketing & promotion of your local, independently owned businesses, educational materials & opportunities and more!

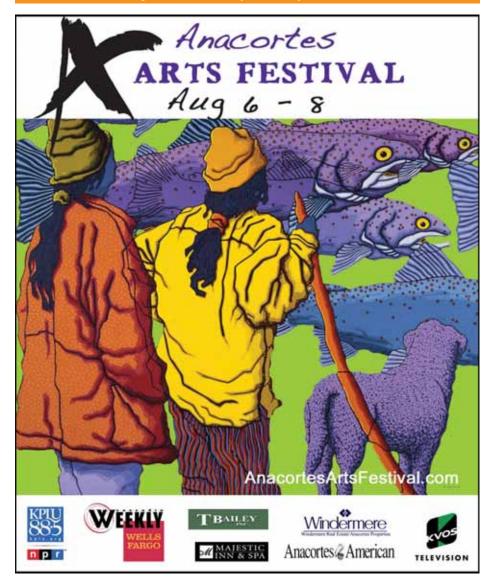


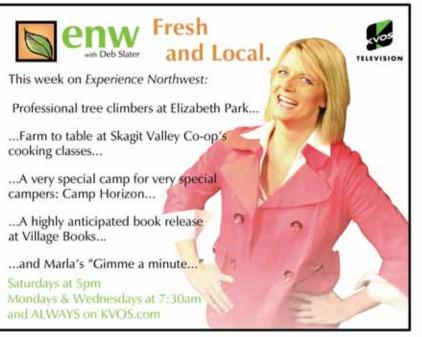
Join by NOW to be included in the 2011 Where the Locals Go! Coupon Book Period to join and still be included in the book ending soon. Contact us ASAP to reserve your spot.

It's easy to join! Visit our website www.sustainableconnections.org/membership or call Abby at 360 647-7093, ext 103



650+ businesses taking action for a healthy community









Savor barbequed steaks, wild salmon, baby back ribs, oysters and prawns, all prepared on our mesquite grills. Entrées come with grilled vegetables, fresh watermelon, garlic bread and a baked potato.

Enjoy Live Music on our Seaview Terrace August 6 • High Wide & Handsome

August 13 • Blues Union August 20 • JB Quartet

NA KY Hosted by Ken Richards of KAFE 104.1 FM on August 13

Visit semiahmoo.com for details and a list of upcoming bands

Sere and

Featuring

Brewery

Award Winning

Craft Beers by Boundary Bay



Just North of Bellingham - Blaine, Washington I-5 Exit 270 • semiahmoo.com

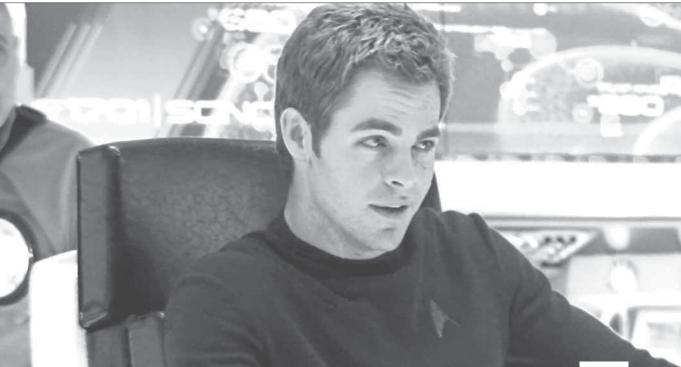


CASCADIA

29

film » showtimes

30



BY CAREY ROSS FILMSHORTS

Cats and Dogs: The Revenge of Kitty Galore: CGI-enhanced canine crime-fighters? An elite crew of feline secret agents? Hey, after the guinea pigs who tried to take over the world using household appliances, I'll believe anything. Cats and Dogs, I am your unwitting audience. ★★ (PG • 1 hr. 22 min.) Bellis Fair Call 676-9990 for showtimes.

Charlie St. Cloud: I've been watching teaser spots for this movie on heavy rotation on such networks as MTV and the WB for months now, and I've come to the conclusion that Hollywood is banking less on the finer plot points of this film than they are on the sheer prettiness of Zac Efron and his dreamy eyes and glossy hair. Swoon. ★★ (PG-13 • 1 hr. 49 min.) Bellis Fair Call 676-9990 for showtimes.

Despicable Me: I love the idea of an animated flick that tells its story from the point of view of the villain, rather than the hero. I love it even more when that villain is voiced by the deadpan and dead funny Steve Carell. Sure, this movie totally rips off Pixar, but, in my opinion, that can only be a point in its favor. ★★★★ (PG • 1 hr. 35 min.) Sunset Square 12:30 | 2:45 | 5:10 | 7:30 | 9:45

Dinner For Schmucks: This movie, based on a

much-loved French farce, stars funnyman Steve Carell with straight man Paul Rudd. The premise is simple: Rudd's boss hosts a monthly dinner, and the person who brings the biggest schmuck wins a promotion. In case the comedic dream team of Rudd/Carell isn't enough for you, the film also features a little thing called Zach Galifianakis. $\star \star$ (PG-13 • 1 hr. 50 min.) Sunset Square 1:30 | 4:15 | 7:15 | 10:00

The Girl Who Played with Fire: The second installment of Stieg Larsson's Millennium series, this one sees Lisbeth Salander (played with eerie perfection by Noomi Rapace) in a whole world of powerful trouble as demons from her past reach out to really screw up her present. Can former flame Mikael Blomkvist help her save herself before it's too late? ★★★★ (R • 2 hrs. 9 min.)

Pickford Call 738-0735 for showtimes.

Grown Ups: What do you get when you team Chris Rock, Adam Sandler, Kevin James, Rob Schneider, and David Spade up in the same movie, at the same time? Comedic disappointment on an epic scale. Pretty much the only way this movie could be any worse is if Carrot Top were also starring in it. And by "worse," I actually mean "way awesomer." ★ (PG-13) Sunset Square 12:15 | 2:40 | 5:05 | 7:35 | 9:55

Inception: With every single cinematic outing, Christopher Nolan has proven himself to be a filmmaker of rare and extraordinary vision. Now with the kind of budget and clout only a massive blockbuster can buy (I'm speaking, of course, of Dark Knight),

Patrick Gallery

STAR TREK

he essentially has all the rope most directors would normally use to promptly hang themselves. But not Nolan, who rounds up Leonardo DiCaprio, Ellen Page, and a whole slew of mind-boggling special effects to craft a film that is, literally, the stuff that dreams are made of. **** (PG-13 • 2 hrs. 22 min.) Sehome 11:45am | 3:00 | 3:40 | 6:45 | 7:15 | 10:00 | 10:30

The Kids are All Right: This film features a veritable indie-flick dream team. It stars Julianne Moore, Annette Bening, and Mark Ruffalo, and is directed by Lisa Cholodenko (High Art, Laurel Canyon). Watch what happens when the progeny of a lesbian couple seek out their biological father. $\star \star \star \star$ (R • 1 hr. 44 min.) Sehome 12:05 | 3:20 | 7:30 | 10:15

The Last Airbender: Just to confuse matters, this movie was originally titled Avatar: The Last Airbender. But it features no sexy blue catpeople, no mixed messages about people who preach peace while waging war and no James Cameron anywhere to be found. However, it was helmed by M. Night Shyamalan, who is a filmmaker I'm not quite willing to write off as a total disappointment. (Previous statement amended to reflect accuracy instead of idiocy.) ★★★ (PG • 1 hr. 43 min.) Sehome 12:25

Otello: Verdi's last tragic opera, like Shakespeare's play, is a shattering psychological drama. The new production for the Salzburg Festival is directed by Stephen Langridge, who in 2006 attracted attention with his production of Offenbach's Bluebeard in

Bregenz. ******** (Unrated • 2 hrs. 22 min.) Pickford Aug. 8 @ 11:00am

The Other Guys: See review previous page. $\star \star \star$ (PG-13 • 1 hr. 47 min.) Sunset Square 12:00 | 1:15 | 2:30 | 3:45 | 5:00 | 6:45 | 7:45 | 9:30 | 10:15

Salt: Angelina Jolie does her best Jane Bond impression in this action-packed outing. Which pretty much definitively answers the question of who the sexiest Bond ever is: a lady called Salt. $\star\star\star$ (PG-13 • 1 hr. 39 min.)

Sunset Square 1:00 | 3:30 | 6:15 | 9:00

The Sorcerer's Apprentice: I tend to judge all Nicolas Cage movies by the believability of his hair. To wit: Raising Arizona = a credibly wild mane and, therefore, the kind of over-the-top performance that can make Cage a compulsively watchable actor. Con Air = totally unrealistic weave and the kind of cringeworthy turn that Cage also especially excels at. I would like Cane's performance in The Sorcerer's Apprentice to fall into the former category, but the mangy mane he's sporting does not fill me with confidence. $\star \star$ (PG • 2 hrs. 1 min.)

Bellis Fair Call 676-9990 for showtimes.

Star Trek: I'm no Trekkie and I don't care one whit about nerd-hero J.J. Abrams (sorry, Losties, it's the truth), but I do like this movie. A retooling of a sacred franchise that easily could've been a huge flop, it's instead smart, savvy and original while still paying adequate homage to the tradition that spawned it. And, much like in the original, you still don't want to be the dude in the landing crew in the red suit. Music by Reid Kerr opens the show. ★★★★★ (PG-13 • 2 hrs. 7 min.) Fairhaven Village Green Aug. 7 @ 7:30

Step Up 3D: I wasn't even aware the Step Up franchise required another installment, much less one in 3D. However, as adding that additional dimension means we now no longer need to pay any mind to things like plot or character development, I'm all for it. Bring on the shirtless dudes and the killer dance moves. ★★ (PG-13 • 1 hr. 37 min.) Bellis Fair 11:00am | 1:40 | 4:20 | 7:00 | 9:45

Toy Story 3: Pixar has amassed a string of hits unprecedented in Hollywood history—and don't expect that streak to end here, as this film hews to what has become that studio's trademark blend of stunning, innovative visuals and emotionally resonant storytelling. $\star \star \star \star \star \star$ (G • 1 hr. 42 min.) Bellis Fair Call 676-9990 for showtimes.

The Twilight Saga: Eclipse: Are you Team Edward? Or Team Jacob? Me, I'm on Team I Don't Give a Flving Fu-what I'm trying to say is this is a movie about vampires. Or werewolves. Or maybe it's a love story. Between vampires and werewolves. Yep, I think that's it. ★★★ (PG-13 • 2 hrs. 4 min.) Bellis Fair Call 676-9990 for showtimes.



Without Going to Court **Free Consultation**

Divorce With Dignity & Mutual Respect

Bellingham







49 It may include a

50 Scrappy-____

51 Ankle bones

five-point harness

1 14	2	3		4	5	6	7	8	9		10	11	12	13
						ľ	Ľ	ľ	ľ		10	l.,	'^	"°
				15							16			
17			18								19			
20						21				22				
			23	24	25					26				
27	28	29		30		31	32	33	34			35		
36			37								38			
39					40						41		42	43
		44		45						46				
47	48			49								50		
51			52						53		54			
55					56	57	58	59			60	61	62	63
64					65				66	67				
68					69							70		
71					72							73		

Across

1 "Australia" director Luhrmann 4 Sidearm outlaws pack 10 ____ Sutra 14 Tahiti, par exemple 15 "Ad astra per 16 Mine, in Marseilles 17 Injury from Fluffy, perhaps

19 Below average 20 Jacob's biblical twin 21 During every season 23 Word after acting or stink 26 Dog's master 27 Tiebreaker rds. 30 Least based in reality 35 "Do or do not--

there is no ____" 36 Pop-Tarts flavor released in the 2000s 39 ex machina 40 Sky blue 41 Unlikely to bite 44 1961 album showing Sinatra straightening his tie 47 Online outburst

53 With "off," British swearer's phrase 55 "I've got nothing else to say" 60 Al Kut's country 64 Dog food once hawked by Ed McMahon 65 Two-Face's alter ego, in the "Batman" series 68 One of 52 69 Cuban dance: var. 70 Half of half of half of octo-71 Bum 72 Not goofing around 73 High school assembly goal Down 1 Bo who lost to Carrie Underwood on "American Idol" 2 "____, poor Yorick!" 3 Greek letter 4 " -Man Fever" (1980s hit)

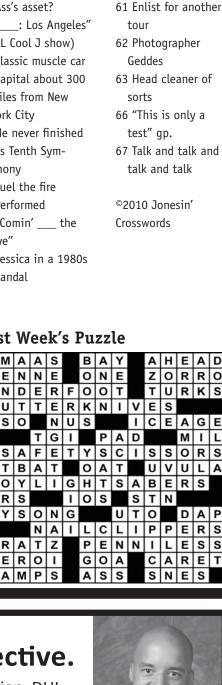
5 Haifa's nat. 6 Perform part of a

Bob Barker wish 7 Henri's head 8 Killer whale 9 Bert who played the Cowardly Lion 10 Hard-hitting noise 11 Invoice phrase 12 Someone who's the butt of many pranks 13 Use a clothespin, perhaps 18 Classroom replacement 22 "Portnoy's Complaint" author Philip 24 Mystery craft 25 Classic arcade game with tractor beams 27 Cleaner's condition 28 Most common word in English 29 Rationalizing from the inept 31 Early Hollywood agent Swifty 32 1990s dating show 33 Spookily weird 34 Opera subdivisions 37 CBS show with

Eric Szmanda 38 "____ be an honor" 42 Letters on the 6 43 Ass's asset? 45 "___: Los Angeles" (LL Cool J show) 46 Classic muscle car 47 Capital about 300 miles from New York City 48 He never finished his Tenth Symphony 52 Fuel the fire 54 Performed 56 "Comin' ____ the Rye" 57 Jessica in a 1980s scandal

Last Week's Puzzle



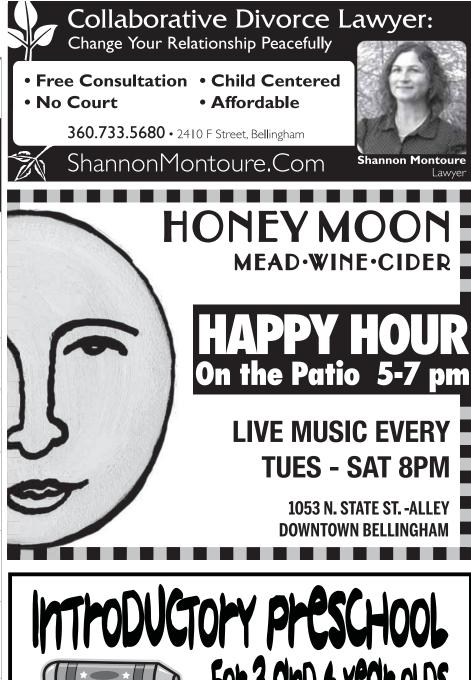




58 Stuck in _

59 Rating for "The Sopranos"

FOOD CLASSIFIEDS 8 FILM MUSIC 20 ART 00 STAGE 9 DUT GET WORDS CURRENTS VIEWS (MAIL DO IT 08.04.10 #31.05 CASCADIA WEEKLY 33



For 3 (m) 4 year olds Space available in our Fall Preschool program

Under the direction of trained teachers, children are guided through a variety of experiences geared specifically to their level of development. Art, music, stories and science are a part of each morning's activities. An indoor gym is available for

large muscle development in addition to a complete outdoor playground. Children learn cooperation, decision making, and socialization

in a relaxed atmosphere.



Come see why we have served hundreds of preschoolers over the last 30 years!



FOOD 38

CLASSIFIEDS

FILM 28

MUSIC 22

ART 20

STAGE 18

GET OUT

WORDS 14

CURRENTS 8

VIEWS 6

MAIL 4

DO IT 2

08.04.10

#31.05

CASCADIA WEEKLY

34

Bellingham Parks and Recreation For more information visit www.cob.org/ezreg or call (360) 778-7000

ARIES (March 21-April 19): The ancient Greek god Dionysus did not, in fact, encourage people to get sloppy drunk, lose control, and do stupid things. His preference was that they free themselves from their inhibitions by imbibing moderate amounts of alcohol. With this medicinal spur, they might get unstuck from their worn-out old behavior patterns and invite refreshing doses of wildness into their lives. Healing was the intention, not craziness and frenzy. It is true that if someone was not willing to escape their rigidiy—if they clung to their hidebound attitudes and refused to open up to the call of self-transformation—Dionysus might lure them into reckless inebriation. Keep these thoughts in mind in the coming weeks, Aries.

TAURUS (April 20-May 20): In her 1960 song "This Bitter Earth," Dinah Washington sings, "If my life is like the dust that hides the glow of a rose / What good am I, heaven only knows." I bring this to your attention, Taurus, because you now have the power to prove once and for all that your life is NOT like the dust that hides the glow of a rose. So please get out there and reveal the glory of the world you inhabit. Draw out and enhance the radiance of people you encounter. By week's end, you may be able to say, as Washington does in the final line of the song, "This bitter earth may not be so bitter after all." (Hear the song here: tinyurl.com/BitterEarth.)

GEMINI (May 21-June 20): More than onethird of adults under 35 confess that right after making love, they tweet or text-message or check their Facebook pages. In the coming week, I strongly advise you not to do that or anything remotely like that. You should give your best, brightest, most focused attention to every phase of every adventure you have. The foreplay and the aftermath are just as important to the total revelation as the height of the action. This is a time in your long-term cycle when you can't afford to scrimp on completion and closure and resolution.

CANCER (June 21-July 22): August is Banish Your Superstitions Month, Cancerian. To celebrate this auspicious festival, purge yourself of every irrational belief and unfounded fear you can stand to live without. But also keep in mind that you may have to keep a crazy delusion or two, at least for a while. You've become so used to your chronic anxiety that it might be risky to get rid of it all at once. So proceed deliberately, casting off one false belief today and another quaint fallacy tomorrow and a third rotten figment of your imagination next week. By September 1, you may be surprised to see how high you've ratcheted up your level of fearlessness.

LEO (July 23-Aug. 22): For a special episode of her TV talk show, Oprah Winfrey wanted a stage set that was fabricated out of chocolate. It took workers 1,400 hours to construct it. When the day came to unveil the decadent monument, Oprah offered her audience members the chance to tear it apart, eat it, and take it home as plunder. They dismantled it in half an hour. Let this be a cautionary tale, Leo. I dearly hope that the creation you're beginning to work on will endure for a long time and continue to provide meaning and pleasure far past the time it makes its initial splash. Build your baby to last.

VIRGO (Aug. 23-Sept. 22): New Age author Bob Frissell wrote a book called Nothing in This Book Is True, But It's Exactly How Things Are. It contains a host of seemingly far-fetched theories about UFOs, crop circles, ascended masters, earth changes, and monuments on Mars, all of which adds up to a beguiling Theory of Everything about the hidden nature of reality. I see your life right now as having resemblances to this curious tome. If I had to give a title to the next chapter of your story, it might be "Nothing That's Happening Will Make Much Sense Until It Has Finished Happening, Whereupon It Will Yield a Burst of Insight about the Big Picture of Your Destiny."

LIBRA (Sept. 23-Oct. 22): One of the best ways to cultivate your own radiant brilliance or native talent is to look for excellence in other people. So if you suspect there's some half-hidden or partially dormant reservoir of genius within you—a mother lode of intelligence that you have not been fully successful in tapping into—I suggest you make it a point to identify the genius in everyone you know. Whether it's your cousn's knack for flower arrangement or your co-worker's telepathic capacity to read the moods of people she wants something from, you can fuel your own luminosity by noticing and appreciating others'.

SCORPIO (Oct. 23-Nov. 21): Imagine you and I and a bunch of our friends are seven years old. We're playing the rough game "King of the Mountain" on a huge pile of dirt. Since there are some girls among us, we've changed the name of the game to "Awesome Magic Boss of the Mountain." Today, you're the strongest one, warding off all challenges to your authority, pushing away everyone who tries to knock you off your place at the top. It's like you have extra power you've never displayed before; as if you're drawing on reserves of determination and stamina that were previously unavailable. I believe this is a metaphorically accurate portrayal of your actual life right now.

SAGITTARIUS (Nov. 22-Dec. 21): My Sagittarius friend Lisa dreamed she was at a party with Jon Carroll, a writer she admires. In the dream, she managed to join a circle of people with whom he was conversing. Twice she tried to insinuate her way into the conversation with comments she thought were flattering to Jon. But he ignored her. Finally she opened an oversized picture book she had with her and showed him a striking photo of a huge nest containing a speckled, glittery dragon's egg. This caught his eye. He took her by the arm to a table where they pored over this fascinating image together. Learn from Lisa's dream, Sagittarius. To captivate the attention of the people you're interested in, appeal not to their vanity but to their imagination.

CAPRICORN (Dec. 22-Jan. 19): Homeboy Industries is an organization in East Los Angeles that helps former gang members find jobs. One of its most successful programs has trained over a hundred ex-cons as solar panel installers. That's the kind of dramatic conversion I'd like to see you make in your own life, Capricorn—getting face to face with the most messed-up part of yourself and conspiring to transform it into something brighter and more useful. Now would be an excellent time to dive into that worthy project.

AQUARIUS (Jan. 20-Feb. 18): I'm all in favor of you pumping up your yearning and stoking the fires of your ambition and fantasizing in explicit detail about a fantastic dream—on one condition: The object of your craving has to be real and achievable. It can't be an impossible idol or remote delusion, nor can it be an escapist distraction. The longing you feel must empower you, not demoralize you. The vision that gets you activated each morning must be something you can actually manifest by carrying out a detailed, stepby-step master plan. If you're willing to satisfy these provisions, you have my go-ahead to get more than a little wild with desire.

PISCES (Feb. 19-March 20): When you try to communicate with a baby, you get nowhere if you talk as you normally do. Nor can you rely on your usual assumptions about human behavior as you read the baby's verbal cues and body language. There's a similar principle at work when you interact with animals: You have to speak a different language. And that brings us to your current challenge, Pisces. Life is currently sending you signals that will remain incomprehensible if you insist on interpreting them from the viewpoint of a rational adult. To decipher the encrypted code, you'll have to get into a mindset that is equal parts child, animal, and angel.



THE ADVICE GODDESS

THE LARVA OF THE PARTY

I love to dress up and go socialize with people. My boyfriend, however, can only smile friendly and chitchat for about 20 minutes before he seats himself in some corner and starts reading the host's books. Last time we went to a dinner party, I found him alone in a room petting the owner's dog! I do introduce him around and encourage him to be more outgoing. I think if he'd just make more of an effort to talk to people, he'd have a better time. He says he's not miserable but just can't do this social stuff for long. I love having him with me, even though he's kind of not actually with me. So, can it work with a self-proclaimed introvert and a party girl? -Social Butterfly

It's a party! You're in your element, making the rounds, meeting tons of new people, racking up invites to parties after the party, and your boyfriend's, well, probably in that little crawl space under the host's stairs.

Sartre once said, "Hell is other people at breakfast." An introvert sees no reason to narrow it down to a particular time of day. My own introvert boyfriend is charming and fun one on one, but his favorite kind of party is one that's canceled, and his preferred RSVP would be something Ving Rhames said on the set of *Out* of Sight: "I don't want to talk to anybody I don't already know."

Ever since Freud decided (sans evidence) that introverts were repressed, narcissistic trolls under the bridge, extraversion has been considered the ideal and introverts have been seen as socially stunted. Introversion is also wrongly conflated with shyness, but shyness is fear- and shame-based quite different from seeing no reason to say anything to strangers unless you or they are on fire.

More and more, research points to a strong biological basis for personality. Brain imaging shows distinct differences in introverts and extraverts. Studies by neuroscientist Debra L. Johnson and others found that extraverts, who get energized from external stimulation like meeting new people, have increased blood flow to rear areas of the brain for sensory processing (like listening, touching, watching). Introverts, who tend to be more pensive and introspective, and are easily overwhelmed by too much external stimulation, showed more blood flow altogether (indicating more internal stimulation), over more complicated pathways, with more activity in frontal regions for inward tasks like problemsolving, reasoning and remembering. Put that together with a Chinese study adding evidence that introverts get socked with a higher level of cortical arousal from stimuli, and you get the idea that urging introverts to be more outgoing is a bit like urging scissors to be more like a stapler.

So, can it work between you and a boyfriend who probably researches the host's wallpaper so he can dress to blend into the background? Well, maybe—if you're independent enough to show up to most events without him as Your Date(TM). There will, of course, be times when it means something to you to have him there, and the compromise then is his to make. Be sensitive to his feelings, try to get there early (when the houseplant-to-quest ratio is greatest), and be O.K. with him eventually slinking off to read *The Life History* of the Dung Beetle or talking to the dog (who's sometimes the most interesting person at the party).

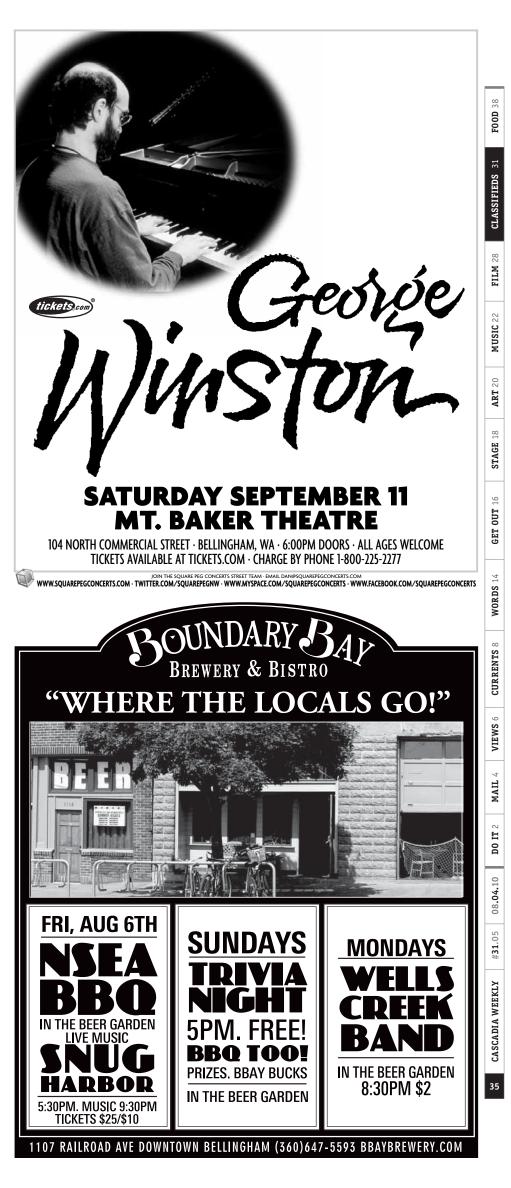
TOON DEAF

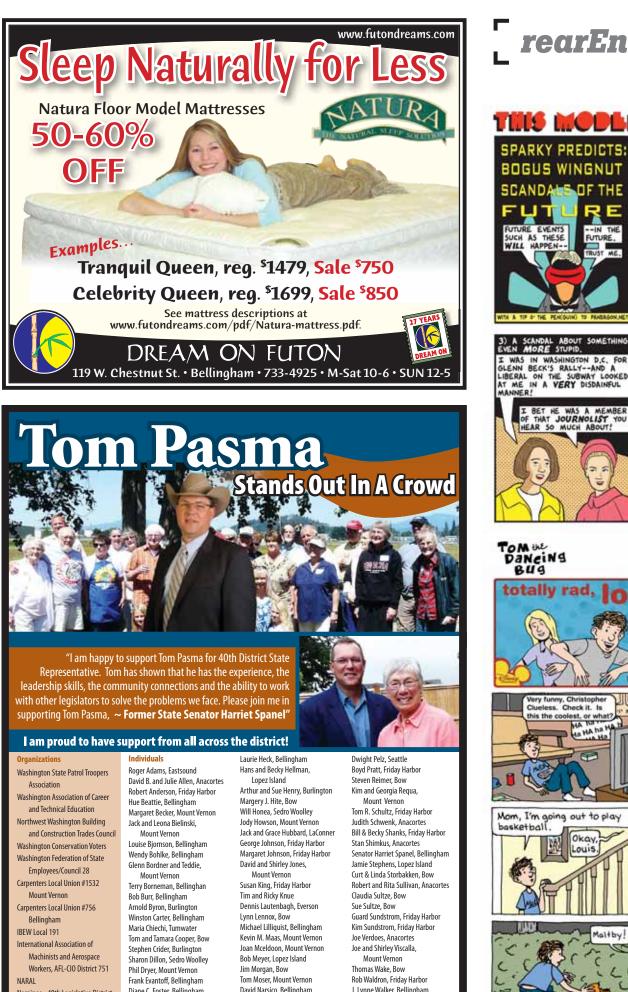
Is there any way, for a man out on a date with a woman, to utter the phrase "Whoopsie daisy" and not see a Road Runner cloud where she was just sitting? —Just Curious

Just wondering...under what circumstances would a man (you?), on a date with a woman, be compelled to utter the phrase "Whoopsie daisy?" Dropped your knitting? Or, was it your Hello Kitty wallet and matching compact?

There are some women who like to date girlier types, and they're called lesbians. Otherwise, unless you're joking, and your date shares your sense of humor, you probably will see a cartoon puff of smoke in her wake if you talk like her elderly aunt. You don't have to grunt and adjust yourself every two minutes, but if you're looking for a conversational role model, lean more toward Clint Eastwood in *Dirty Harry* than Kurt Hummel in *Glee*.

People on dates often blurt out dumb stuff because they're nervous and sitting across from somebody and have nothing on their mind but "I HAVE NOTHING TO SAY!" You can avoid this if you plan dates that have you going places, seeing sights and showing off your keen powers of observation by pointing out things of interest; for example, "Wow, look at that man running away with your pocketbook." ©





rearEnd » comix

ME.

THE SUBWAY LOOKE

tilis modlen woeli 1) THERE WILL BE A SCANDAL ABOUT SOMETHING REALLY STUDIO

THE DAILY CALLER SAYS A PROM-INENT LIBERAL IS MARRIED TO ANOTNER LIBERAL--AND THEY WON'T TELL ANYONE WHAT THEY DO IN BED! T'LL BET THEY'RE HAVING SOME KIND WHAT ARE WEIRD LIBERAL HIDE? SEX! WHATEVER THAT MIGHT BE.

NO RASIS IN

DE DI ACINI

DUPLICATES

NO WONDER

ANY-

A GUY ON THE INTERNET SAYS THAT MEXICAN DRUG GANGS ARE

EXACT DU

HEM

louis

N IN

IT'S ILLEGAL

BY STEALTH!

A LOW-LEVEL WHITE HOUSE STAFFI HAS A DISTANT RELATIVE WHOSE HOUSE STAFFER FRIEND'S NEIGHBOR'S BROTHER ONCE A DISPARAGING REMARK AROU RONALD REAGAN! SO IN OTHER WORDS, HATRED OF WHITE PRESIDENTS IS EN-DEMIC AT THE HIGH-EST LEVELS OF THE OBAMA ADMINISTRATION?



by TOM TOMORROW

THAT

SAID

A SCANDAL ABOUT SOMETH

Ruben

a date'



Nominee - 40th Legislative District Democrats SEILI Healthcare 775NW UFCW Local 21 Washington State Young Democrats 39th Legislative District Democrats

FOOD 38

CLASSIFIEDS

FILM 28

MUSIC 22

ART 20

18

STAGE 1

16 GET OUT

14 WORDS 1

CURRENTS 8

VIEWS 6

MAIL 4

D0 IT 2

08.04.10

#31.05

CASCADIA WEEKLY

36

Diane C. Foster, Bellingham Terry Gangler, Bow Randall K. Gaylord, Eastsound David Goehring, Sedro Woolley Paul Gonzales, Mount Vernon Rhonda & Roy Gothberg, Bow

Rick & Kay Grimstead, Mount Vernon Maggie Hanson, Bellingham Darcy Haughian, Sedro Woolley

Richard and Gail Nicolls, Guemes Roger Wechsler, Bow Dan & Madeleine O'Donnell. Roseanna Page, Bellingham Nick and Maria Petrish, Anacortes Boyd and Lovel Pratt, Friday Harbor Virginia Wolff, Bow Matt Sundstrom, Friday Harbor Paula Sundstrom, Friday Harbor

L Lynne Walker Bellingham Ryan Walters, Anacortes Suzanne Wechsler, Bow Richard and Carmen Werder, Bow Joe and Arie Werder, Blanchard Chris Wisnewski, Friday Harbor Mike Youngquist, Mount Vernon

Check it. Is Mom, I'm going out to play basketball. Okay

PEN-

Maltby.



e buds were over

llaxin' to the maxin'







m going to ha







Tom Pasma For State Representative • Democrat • 40th District • Position 1 More Information: www.tompasma.com Paid for by Citizens for Tom Pasma • PO Box 1277, Burlington, WA 98233

James F. Nolan, Anacortes

LaConner

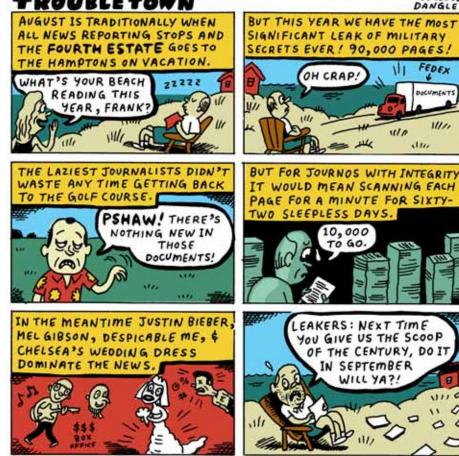


Sudoku

HOW TO SUDOKU: Arrange the digits 1-9 in such a way that each digit occurs only once in each row, only once in each column, and only once in each box. Try it!

		7	4					
	9	3		7			4	
		8				2	6	7
			5		8			2
	1						8	
5			9		3			
9	4	6				5		
	3			5		8	7	
					2	6		







Online Entry & Tickets at www.skagitfair.com



STORY AND PHOTOS BY AMY KEPFERLE

Culture and Cuisine THE LIGHTCATCHER CAFE







"HOW COULD she not want to eat you?" my lunch date cooed, directing her incredulous inquiry to the last few bites of my Cuban sandwich.

"You're so delicious," she continued, gazing with lusty affection upon the triangle of remaining bread, slow-roasted pork, ham, Swiss cheese, pickle, pepperocini and mustard sauce I'd pushed across the sunlit patio table to her during a recent visit to the Whatcom Museum's Lightcatcher Cafe.

As I watched her polish off the last of my Cuban (\$8), I reminded my friend the reason I wasn't the one currently licking my fingers like a savage had nothing whatsoever to do with the quality of the fare. The issue was that we'd already sampled so many different things—I'll get to those in a jiffy—that, even though I'd been meaning to save enough room in my person for everything coming to the table, I was simply running out of space at the inn.



EAT WHAT: Lightcatcher

museum.org

Cafe WHEN: 11am-5pm Tues.-Sun. WHERE: 202 Grand Ave. INFO: 733-1237 or http://whatcom

when I offered her my leftovers. I never dreamed she'd take me up on it. After all, we'd already had a-lot-bigger-than-a-nibble, but-smaller-thana-full-serving's-worth servings of at least half of the foodstuffs listed on the Lightcatcher's current menu.

Seemingly, since she was already familiar with the fine fare produced by husband-and-wife team Steve and Amy Lohse—who perfected many of their recipes while running the mobile Bay Leaf Kitchen before landing the current gig operating the restaurant out of the Lightcatcher Museum-my tablemate was men-

tally prepared to consume as much of the goodness as was humanly possible.

And, until the Cuban took me down, I was along for the ride.

And what a journey it was. My wingman had warned me I was in for a treat—Amy and Steve's DIY ethics have them

38

sourcing locally when they can and making as much as possible in-house, including everything from soup stocks to homemade potato chips and pickles—but I wasn't expecting to stuff quite as many amazing things in my maw as I ultimately did.

Under a cloudless summer sky, as we watched everyone from infants to octogenarians pass through the museum's doors where they either continued on to the exhibits in pursuit of some midday culture or ordered food in the cozy cafe before joining us in the roomy courtyard—the hot summer afternoon passed in a blur.

First, there was the gazpacho (\$4-\$6), a cucumber-based cold soup thick with avocadoes—"How can something so good for you taste so good?" was a recorded observation and a house salad (\$2-\$5) with artisan greens, hazelnuts, small slivers of pears and chives.

Next up; a smoked turkey and baked Brie sandwich (\$7), which was elevated by the gooey fig spread coating the toasted baguette. As for the homemade potato chips well, let's just say I'm never going to be able to go back to eating Lay's after this.

A red sauce-based mac and cheese (\$6)—which also included plenty of cream and fresh herbs—followed. On the same plate was a generous portion of the Lohse's meatloaf sandwich (\$8), which contained a thick cut of loaf infused, we were told, with ketchup that had been caramelized with bacon (or something like that).

"Maybe I do like meatloaf," my quotable counterpart said (with her mouth full of it).

By this point, my stomach was starting to question my choices and was on its way to informing my brain that, although everything was immensely flavorful, it'd had quite enough, thank you. That was when Amy and Steve approached our table with the plates containing the Cuban sandwiches, and all was lost.

As I bit into the meaty offering, I realized why my friend had told me she'd like to rub the pork—which is marinated for three days before cooking—all over her body and then lick it off. On its own, it wouldn't require any chewing—it's that moist. Combined with the roster of traditional ingredients, and approved by native Cubans, it's a revelation.

"We want to make food that makes people happy—joyful food," Steve told us as he set the final course—mugs of Moka Joe's coffee and freshly baked chocolate chip cookies on our table. "Plus, we enjoy the process of making it."

By the look on my friend's face, and the satiated vibe coursing through my own body, it seems they'd accomplished the pleasure part of the equation. Next time I'm there, though, I plan on ordering the Cuban on its own. And I'm not going to share. (9)

v eatit

WED., AUG. 4

THURS., AUG. 5

SCHOOL GARDENS: As part of the "Get Gardening" series, Rachel Kathleen Pringle will share ideas from her book, *How to Grow a School Garden: A Complete Guide for Parents and Teachers*, at 7pm at Village Books, 1200 11th St. **6** 671-2626

EAT LOCAL: As part of the "Eat Local (Every) Week" lineup, stop by Barkley Village's Pastazza, 2945 Newmarket St., through the day and into the night. On the lineup are Persian lamb kabobs, a locally sourced pizza, ravioli and more.

FRI., AUG. 6

NUTRITION AND CANCER: Lou Kupka-Schutt will point the way to foods that help increase your protection against cancer at a "Nutrition and Cancer" class at 11am at Mount Vernon's Skagit Valley Co-op, 202 S. First St. Entry is free, but registration is required.

SALMON AT THE BAY: Help raise funds for the Nooksack Salmon Enhancement Association at the "Salmon at the Bay" barbecue dinner from 5:30-8:30pm in the beer garden at Boundary Bay Brewery, 1107 Railroad Ave. Tickets are \$25.

AUG. 7-9

JELLY BELLY TOUR: Haggen stores will open their doors as part of the "Jelly Belly Tour" through the weekend. From 10am-2pm, stop by the Ferndale Haggen (Aug. 6), the Barkley Village Haggen (Aug. 7), and the Sehome Village Haggen (Aug. 8).

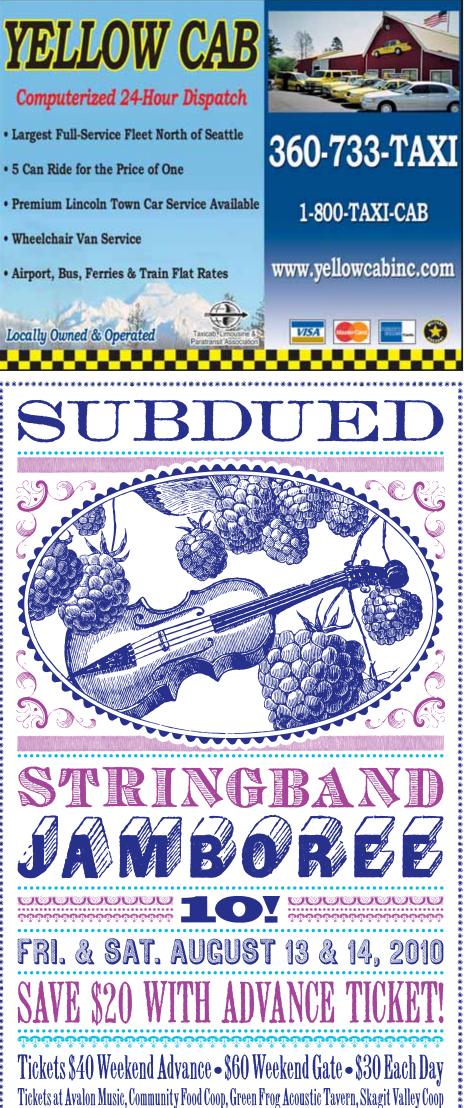
WWW.HAGGEN.COM

SUN., AUG. 8

CHILI COOK-OFF: The 4th annual "Old Fashioned Chili Cook-Off" begins at noon at Bow's Double S Quarter Horse Ranch. Bring desserts or salads to share. Entry is \$7-\$25.

647-7661

DINING AND DANCING: A spaghetti feed will be followed by live music and movement at a "Dining and Dancing" fundraiser for the Bellingham chapter of USA Dance starting at 5pm. Entry is \$20 in advance or \$30 at the door. 734-5676 OR WWW. BELLINGHAMUSADANCE.COM





PLAY

ALL YOU CAN EAT!

5 – 10 pm

Hai

Only \$1525 with Rewards Card!

\$17.95 without Rewards Card. Tax and gratuity not included.

Must be a Rewards Club Member – Membership is Free





On I-5 at Exit 236 Just 15 Minutes South of Bellingham

> theskagit.com 877-275-2448



Casino opens at 9 am daily. Must be 21 or older with valid ID to enter casino, buffet or attend shows. *Must be a Rewards Club Member – Membership is FREE! Must be present to win. Must play Full Redeemed Value of all bonus buy-in offers. Visit Rewards Club Center for details. Management reserves all rights.



соміня то The Pacific Showzoom

Craig Morgan Friday, August 13 at 7 & 9:30 pm

theskagit.com *icketmaster* WA: 800-745-3000 Buy Show Tickets Service Charge Free at the Casino Cashier Cage Or redeem your Rewards Club points for complimentary tickets. See Rewards Club Center for details.



Buy-In: 9 am – 5 pm

Present your Rewards Card at either cashier cage for \$10 Free Slot or Table Play when you buy-in for \$20. Limit one per person per day.