The Poetry and Life of Al Fowlerwith a Gathering of his Poetry

Edward Sanders

Aulden Jay Fowler was born January 8, 1940 in New York City in the place in Queens called Sunnyside.

His mother, Bertha, had been born in Russia. Her parents were Jewish, and Bertha told me, "My father came to America because he had a bicycle store near Kiev. The students warned him of an impending pogrom. He came to the US in 1905; He sent my mother and me to her mother's family." They came to the US five years later in 1910, when Al's mother was seven.

The family lived in various places, including New Haven, Connecticut where she met her husband, Russell Fowler, in high school. Al's older brother Gerald was born in New Britain, Connecticut.

Al attended school in Sunnyside for about ten years, then around 1950 the family moved to Albany. "My husband had a job with the state. He worked for the architect and engineering department," Bertha told me in 1983. Russell was a Civil Service employee for the Department of Public Works, said her son Gerald.

They lived on State Street in Albany, "right near Willett" across from Washington Park. "I lived there 21 years." Al attended high school at Albany High, where he took part in many regular activities common to a boy in the 1950s. She showed me a certificate for a varsity letter in football for the school year of 1956-56.

She bragged about his intellectual prowess, though regarding Albany High, she said, "He got into more silly trouble than you ever heard of. He never did his work, but but his tests were very very high."

I asked about when he started writing verse. She said he began at age 13, 14, 15. She showed me a bunch of his early poems. "This is one he did on assignment, and they gave him terrific marks on it." He was 14 and a half years old. It was titled, "My Temporary Room"

Another she showed me, written age 13, beginning "There will come soft rains." As a proud mother Bertha typed Al's high school verse in her office. She worked for the State also.

He was early interested in music. His mother: "A man came along in school in Sunnyside, for a dollar a week, to study recorder. He wanted a clarinet. He played in a band for a long time. We finally got him a clarinet." (When Al was in the Fugs in early 1965, he played the flute.)

She pointed out that she won awards, one of which was a 1957 Regent's Scholarship. She showed me a file of awards Al had received. A Certificate of Merit from Scholastic Magazine for his writing. Plus a commendation for his poetry. She showed a letter from his high school poetry teacher. He composed the senior class poem in 1957, and won a National Merit scholarship for the quality of his noggin.

He had lots of friends. She listed a few of them.

He graduated in 1957, age 17 and 1/2, but not from Albany High School. "He was booted out of that," she explained, but graduated from Phillips Schuyler Academy in Albany. "It had kids who were in trouble."

I asked what Al had done to get tossed out of Albany High School. "Some of the things were so stupid. He got reprimanded, because, at that time, there was a college right next to the high school. They had Pepsi there. He and another guy walked over to get some Pepsi. He got into trouble because of that. They claimed that he had broken a typewriter. They made a monkey out of him. Any little thing he did was wrong after that." Also, he smoked. "They caught him," and he was tossed out of High School.

"He had so many escapades," his mother said, "it wasn't even funny."

Two colleges, Tulane and Sienna offered scholarships. She showed a letter to Al at 37 Sycamore Street, April 24, 1957 from Sienna.

He briefly went to two colleges. First he attended Harpur College, till the spring of 58 and then went to Bard College. At Bard, his mother recalled, "he never went to classes, but he never did anything wrong."

Then he went to work for the State, for a while.

He joined the Army in February of 1959. signing for 3 years. They sent him to Korea. He spent 13 months in Korea, where he worked as a medic.

His mother: "He came back from the Army and stayed with us in Albany for a while." Then he was stationed in New York, at a dispensary on Whitehall Street, according to Gerry Fowler. "He continued to commute to Whitehall Street from a hotel on 22nd Street."

Fowler lived in New York City for the next four years.

He came to my New Year's Eve party at the end of 1961, held at my apartment at 509 East 11th, between Avenues A and B, and we became friends. I gradually grew aware of his talents as a poet, and started publishing his work in *Fuck You/ A Magazine of the Arts*. During the magazine's thirteen issues I published 27 poems by Al Fowler, including one 3-pager and one 5-pager.

I felt certain that I had discovered an American poetic genius.

By the early '60s, Fowler had joined a small sect, the "Free Catholic Church," and now and then sported a clerical collar, and a big silver cross on his chest, while wearing a round red anarchist button on the label of his frock coat. This later figured in his marginal involvement in the brouhaha regarding Lee Harvey Oswald's reported appearance in Greenwich Village prior to the assassination, as we shall see. He also began hanging out at the Catholic Worker on Chrystie Street, headed by the radical Catholic writer and activist Dorothy Day.

In early 1962, while still in the Army, Al became involved in what was called "The World Wide General Strike for Peace." The General Strike for Peace was mainly organized by Judith Malina and Julian Beck of the Living Theater.

On January 29, '62, the first day of the World Wide General Strike for Peace, Al picketed the Fort Jay ferry entrance at Battery Park, wearing his army uniform, carrying a General Strike for Peace poster. This created a stir, and there was at least one article, with a photo apparently of Al picketing in uniform, in a New York newspaper.

He would not be much longer in the service.

Al Speaks at a Community Rally at the Community Church January 29, 1962

The *Village Voice* wrote an article, dated February 1, '62 about activities of the General Strike. On January 29, there was a march down Fifth Avenue to Washington Square, beginning outside the Plaza Hotel at 59th Street. Pete Seeger and Gil Turner sang, and there were speeches, including a kick-off by Dave McReynolds of the War Resisters League.

The *Voice:* "Later that day a General Strike rally was called at Community Church on East 35th Street; Paul Goodman spoke of the philosophical basis for the strike. He said: 'When the institutions of society threaten the very foundation of the social contract, namely, biological safety-then the social contract is very near to being dissolved.' He continued: 'We have now not a political but a biological emergency. The government's almost total commitment to the cold war cannot be stopped by ordinary political means.

"Dorothy Day, editor of the Catholic Worker, spoke of the present need for 'responsibility, sacrifice, and asceticism.' Julian Beck described the act as a 'call' to action, 'our way of declaring the pollution of things as they are, of the governments' deep involvement in war-preparing.' Judith Malina said the strike is a 'means of satisfying our most urgent need to take some action.'

"The meeting also heard Specialist 4th Class Aulden Fowler, the soldier who had picketed in mufti the Fort Jay ferry entrance on the Battery earlier in the day. Fowler described being taken to Governor's Island for an 'investigation' being told eventually that 'there was no regulation' against what he was doing— he was on a six-day pass at the time— and finally being released under certain orders not to participate further in the demonstrations for peace. Fowler ended his brief talk by reflecting: 'There is no civil liberty in the Army.'"

Al became active in the second General Strike for Peace, held November 5-11 of 1962. He was listed on the poster as a member of the Strike's "Action Committee," along with well known activists such as Judith Malina, Jackson MacLow, Bruce Grund, Julian Beck, Karl Bissinger, Arthur Sainer, and others.

INTERNATIONAL SPONSORS: DOROTHY DAY, BABETTE DEUTSCH, PAUL GOODMAN, ASHLEY MONTAGU, SIR HERBERT READ, BERTRAND RUSSELL, PITIRIM SOROKIN.
CONSULTATIVE COMMITTEE: JOHN DARR, DAVE DELLINGER, RALPH DI GIA, WALTER LIVELY, ROGET LOCKHART, NANCY MACDONALD, DAVID McREYNOLDS, MEL MOST, A. J. MUSTE, JAMES PECK, BAYARD RUSTIN, GEORGE WILLOUGHBY.
ACTION COMMITTEE: ROBERT BATES, JULIAN BECK, DICK BELL, KARL BISSINGER, PETER W. CROWLEY, RUTH EMERSON, AULDEN FOWLER, BRUCE GRUND, JOHN C. HARRIMAN, HARRIET HERBST, NAOMI LEVINE, JACKSON MAC LOW, JUDITH MALINA, JONATHAN B. NORTH, JACQUELINE O'MEALY, PAUL PRENSKY, JULIS RABIN
DONN REED, ARTHUR SAINER, JAMES STRIPLING, CONNIE STRIPLING, ANNE UPSHURE.

Al Fowler served on the "Action Committee" of the Second General Strike for Peace, November 5-11, 1962

Fowler developed a close relationship with the artist Ann Leggett. Ann was a young woman with a gleam of experimentation in her eye, and a talent that was undeniable. She was 22 and studying at the Art Students League. Though not a Catholic, she was drawn to the Catholic Worker, where she had met Al Fowler. She had spent a few days at the House of Detention for joining with the Catholic Workers in refusing to take shelter during New York City's compulsory Civil Defense drill on May Day in the early '60s. In March of 1963, she had had an exhibition of her paintings at the Columbia University School of Architecture. She too was swept up in the ambience

of the swashbuckling young poet from Albany, New York. She made some memorable drawings of Fowler during those years, including this one, which showed him muscular, and defiantly shooting up:



Ink sketch and painting of Al Fowler by Ann Leggett

After we met at my New Year's party, 1961-62, he began dealing amphetamine, and doing so well at it that he said, to my surprise, "Now I can afford to be a junkie."

The logic of that escaped my youthful dazzlement over his talents as a poet. I tended to romanticize the clandestine world of the junky and the a-head in those days.

Then there was a murmur of trouble amidst the defiance. It was more and more difficult for Fowler to support his habit, and he was having to drift into robberies. Right around the spring of '63, a customer of Al's, a NYU student I used to see at Al's apartment on East 9th Street wearing a blue blazer with brass buttons and penny loafers, died of an overdose. It was a bugle of wake-up.

The Kick Grid

By early 1963, even though his poetry sometimes reveled in the world of the junky, it seemed obvious that Al Fowler wanted to kick heroin, so I helped organize a bunch of our mutual friends to sit with him as he gradually reduced his heroin shots, till he was free. I called it a Kick Grid, dividing the time-flow into 4-hour units, and years later wrote a short story about it in *Tales of Beatnik Glory*.

Fowler lived in a building on East 9th, just off Avenue B. There was a group of his friends who lived in the same building. One of them, let's call her Amber, had a week-ly client, one of the Cassini brothers, famous in the fashion business, for whom she sank to her knees, as he stood in his office, and he wanted each knee to rest on his tasseled shoes, left to right, right to left, and then a b.j. It was good money. Her hus

band was a junkie friend of Al's named Keith. I remember seeing him quite glassy eyed during the days of the Kick Grid.

I divided up his heroin supply into smaller and smaller amounts, and kept the skag away from him, doling out the amounts. First Al shot up a half dose, then a quarter dose, then an eighth, then nothing. Everything went okay, until Fowler became sweaty and junk sick, and very uncomfortable. The next twenty-four hours the ordeal was acute. That night was the worst. Fowler lay sweating beneath a blanket. His eyes hurt with the light so the pad was kept gloomy.

There was the contention raised in *Naked Lunch* that kickers experience a period of intense sexual desire during the turkey. This seemed to have occurred Fowler's grid, though I could not see for total surety in the demi-dark. Buck's County Lucy came over to visit Fowler, who was in sad shape, sobbing and sweating, his eyeglasses wet and foggy. Lucy, jean shirt tied at the stomach, put her arms around Fowler and asked if he wanted something to drink. Fowler whispered something to her, and pulled her down to his rumpled lair. It was hard to view exactly since Fowler pulled his Mexican blanket over both of them. She skinnied out of her shorts and pulled aside the elastic of her panties and steered him within her then fell forward to kiss. It was only a matter of seconds before Fowler's junk-sick spews came forth, and he moaned thanks aplenty to his kind friend.

Later that night, I awakened to hear a beating sound. What was it? It was Fowler beating his head against the wall in junk-sick agony. Fowler began to beg me for dope, "Just a little shot. Please!" Beseeching.

I gave in to Fowler, allowing him to shoot up "just a taste, man, a taste." The result was like a change from night to day, for as soon as he shot up, Fowler stopped sweating and walked around smiling and talking.

I vowed from then on, no more skag. Finally, I caught him alone shooting up some skag from a secret stash under the linoleum in his living room.

During the course of the Kick Grid, I'd brought my Speed-O-Print mimeo and some reams of colored Granitex paper to Fowler's pad, and I spent hours running off a hundred copies each of the first six issues of *F.Y./*.

After I had discovered his secret stash of heroin under the ancient linoleum, and admonished him, the Kick Grid worked to its conclusion. It wasn't clear that he had actually kicked.

In the fall of '63, Al Fowler had spent some time in his home town, Albany, New York, working on a manuscript of his poetry to give to Auerhahn Press in San Francisco. It was a project which never quite came to fruition. Too bad, because

Auerhahn was one of the premier publishers of the era, known for putting out such works as Charles Olson's "Maximus from Dogtown— I." Then Al returned to the Lower East Side, and I was allowing him to crash for a few days at the "Secret Location in the Lower East Side," in a back building on Avenue A where I made underground movies, and published *Fuck You/ A Magazine of the Arts*.

I was still convinced he would become a top rank American poet. I would read his notebooks and pull out poems to publish in *Fuck You*. After his visit home to Albany to compile a manuscript of poetry, it wasn't clear whether he was shooting junk or not, but I still could not turn him away from the Secret Location. Al would still don now and then the priest's collar and a gnarly silver cross of the small Catholic sect of which he was an adherent. To me he was a poetic wonder.

Then Came the Assassination

I was coming out of class at New York University, just after noon. I tried to make a call. The phone was dead. People were crowded around taxis in the street, listening to the radio. Thus came word of the assassination on a glare-y day, and immediate gratification, or ImGrat as I termed it, began to get balanced by right wing reality. I was right in the midst of publishing a new issue of my magazine, buoyed by receiving a fresh and brilliant poem by my hero Allen Ginsberg.

How could I possibly have become involved with the peripheries of the Kennedy assassination? Here's how.

I thought Lee Harvey Oswald at first glance was a horrid nut. Then came the rumors that Oswald had been in the Village, disrupting civil rights meetings, and my friend Al Fowler claimed that he had attended some of the same meetings.

"Was Oswald in Village?"

The first issue of the *Village Voice* after the assassination came out on November 28. On the front page was an article headlined "Was Oswald in Village?"

"The FBI was in Greenwich Village early this week in search of clues to Lee H. Oswald's past. Their investigation here is apparently based on information that the alleged assassin of President Kennedy had for a time associated with a youthful Mississippi-born rightist who disrupted a number of pro-integration meetings in the Village during 1961 and 1962. The information came from an East Villager who claims he knew both Oswald and the rightist slightly while all three were in the same Marine outfit. He says he saw the two men together on more than one occasion and claims that Oswald had taken photographs for the Southerner in the course of disrupting one meeting. The informant claims that the photographs were destined for a pro-

fascist publication. There had been no information, prior to this disclosure, that Oswald had been in New York for more than one night since his return from Russia in 1962."

The informant identified himself as James Rizzuto. Rizzuto also contacted popular radio host Barry Gray. A 5-page FBI memorandum dated November 25, '63 stated: "Barry Gray, radio commentator, station WMCA, NYC, advised one James F. Rizzuto had alleged he had info re one Yves Leandez, a close associate of Lee H. Oswald. Rizzuto furnished following info to agents. Rizzuto state that he, Yves Leandez, Lee H.Oswald and possibly one Earl Perry served together in U.S. Marine Corps in nineteen fifty-six at Camp Le Jeune and Barstow, California." The FBI memo types onward Mr. Rizzuto's claims about Leandes: "Rizzuto described Leandes as a close personal friend of Oswald and both were professional agitators who attended meetings of the American Jewish Congress and other organizations and tried to disrupt meetings. Rizzuto stated he though both Oswald and Leandes belonged to an organization possibly called 'States Rights Party." The FBI memo recommended the Bureau contact Rizzuto in person to check these allegations out.

Two days later, the 27th, another FBI memorandum "Re Stephen Yves L'Eandes AKA Frenchy." "L'Eandes allegedly visited Russia with Lee Oswald and one Earl Perry in 1960s. L'Eandes was seen active in picketing the White House, heckling the American Jewish Congress, and other mass meetings of the integration movement." The memo recommended that L'Eandes be identified post haste and interviewed.

The FBI interviewed Pat Padgett, wife of poet Ron Padgett, on November 25, at her place of employment at 11 Waverly Place in the Village, where "L'Eandes" once had lived.

Al Fowler himself had attended some of the meetings at which "L'Eandes" had disrupted the events. He knew L'Eandes. "I liked him. He was amusing," Fowler later told me. He had witnessed L'Eandes create a disturbance at a meeting of the Socialist Labor Party at the Militant Labor Forum on University Place, and he'd seen L'Eandes hanging out around the headquarters of the General Strike for Peace in early '62, located at the Living Theater.

Fowler later recalled the last time he had met with L'Eandes: "The last conversation I had with L'Eandes prior to the big snuff took place in a diner on Sheridan Square. He talked then about Fair Play for Cuba, etc. His whole shuck was that he was a Cajun, and that his whole family, in the main, was around New Orleans. He even got into a dissertation on the French Quarter. He asked me how I felt about Cuba, and I told him just what you would expect I would tell anyone, and did. I told him Castro's noble struggles against the giant of the North was of no more consequence to me than any other replacement of any government by more government." So, in the heated horror of the post-assassination turmoil, prodded by his close friend, the artist Ann Leggett, Al Fowler called the FBI, and he agreed to meet the FBI that evening at Stanley's Bar! He did not show for the meeting, so FBI agents stood outside Stanley's and queried those who entered the bar as to Fowler and his whereabouts. I learned about his, and became sorely alarmed!

What if someone told the FBI that Fowler was crashing at my Secret Location? What about all the film cans with my footage for *Amphetamine Head*, *A Study of Power in America*? What about the footage from the Great March on D.C.? What about the torrid footage of Szabo and Ellen B? What about the stacks of *Fuck You/ A Magazine of the Arts?* plus my film equipment— camera, tripod, strips and cans of film everywhere, plus gaudy Jack Smith-esque hangings of colored cloths on the wall, plus photofloods here and there attached to clip-ons. What would the FBI say about those, if they raided the Secret Location?

I raced over to the Secret Location a block away on Avenue A, and left a note for Al on the metal bathtub cover in the kitchen, next to my mimeograph machine. I was preparing a new issue of *Fuck You/*, and all the poems submitted for the new issue were in the Secret Location, including Allen Ginsberg's great poem, "The Change," which he had just sent to me from Japan. To me, it was a tableau foretelling jail time if the FBI should raid looking for someone who claimed to have seen Lee Harvey Oswald in the Village!

Here's the note I left:

Tornto My den al --as a result of the FBI Scene, you are requested to REMOVE All your stuff from here -- If it is not removed by FRIDAY, I shall repadlock the door 4 boll the wondows a you will produce your staff my disgreation -El. S.

"My dear Al— as a result of the FBI scene, you are requested to REMOVE all your stuff from here— If it is not removed by Friday, I shall repadlock the door and bolt the windows, and you will procure your stuff as my discretion. Ed. S."

Al left a note in reply, written on the reverse of my note, when he returned to the Secret Location. He pleaded with me to let his belongings in the pad, while promising to stay away:

Then another note from poet Fowler, noting that some of his girlfriend Ann Leggett's "stuff is on trunk— she especially prizes the goblets therein, so be gentle."

Next to the note on the porcelainized tub cover was a blood splotch, likely from his shooting-up.

As You Can See, I've Split. seven - some of Ann's Stuff is on Thunk-esgecially prizes the goldets so be gentle. Thank for all your help. Symputicy, I neder trick and

"Ed— as you can see, I've split. However— some of Ann's stuff is on trunk. She especially prizes the goblets there in, so be gentle.

"Thanks for all your help. Sympathy, & needed kick in the balls. Al"

A trio of historic documents that came about through the assassination of our president.

By November 29, the FBI office in NYC sent out a notice that the investigation was to cease. They had learned by then that Rizzuto, the original source to radio host Barry Gray, and L'Eandes and Landesberg were one and the same! Steve Landesberg later became a well-known television comedian, starring on the "Barney Miller"sitcom, and why he claimed that Oswald had disrupted political meetings in Greenwich Village remains a mystery. (Fowler recalled running into Landesberg some time later: "I ran into him a couple of years later. He had dropped the accent. He was wearing a nice suit. He came up to me on the street and offered me \$600 to fly to Montreal and bring a box back with me, of unspecified contents." Fowler turned down the offer.)

Meanwhile, once the coast seemed clear after Fowler had moved out, I went back to work on the December 1963 issue (Number 5, Volume 5) issue of *Fuck You/ A Magazine of the Arts.* The Secret Location was safe. My mimeo was safe. Ditto for the footage for *Amphetamine Head: A Study of Power in America.* The studio was not to be raided by the police for another year and a half.

He lived for a while with the painter Ann Leggett. They broke up sometime in 1964 or '65.

One night in Times Square, 2:30 a.m. Saturday morning, May 2, 1964, I met Al in Bickfords Cafeteria on 42nd Street. It was after my 5 p.m.-2 a.m. shift at the cigar

store at 42nd and 7th Avenue. He had grown weary of amphetamine. "Amphetamine is the worst drug," he said. "There is no known drug that is more destructive." (This note is contained in a file where I was translating Pindar's "First Olympian Ode." I made a notation next to the quote, "Aulden Fowler, poet & practical nurse."

Al Arrested in the Summer of '64

Al was arrested in July of 1964. He sent the following letter from jail, dated July 19, 1964, with return address, "Aulden Fowler, 125 White Street, N.Y. 13." 9UD4.

"Ed. Tell Gregory Corso to stick his 'nobility' in his shorts. thanx for reading. you no doubt are aware of most pertinent info regarding bust from Ann (Leggett). Naught to do naught to do. Visions of pumpernickel loaves & fresh butter, cannabis & wine. jail but sharpens one's appetite for essential (causes?). jailed for junk, am hungry for it. not no more, though really no interest in that now— but oh for some smoke & scoff & got 'mah nature' back— could & would for the first time in a great while make like a rabbit gone mad & starving. Gonna kiezop me an M-1 carbine & jeep and head for the hills of Vt or NH— a half ell Bee of grooviness come back— out time— unless seduced by welfare to stay (\$71.50 bimonthly) Give my love to Huncke, Nelson (Barr), Harry (Fainlight), Ed M (Marshal), George (Montgomery) &c &c. Not necessary to enumerate, oh & Ginzap of course. Communicate my apologies to Bob LaVigne for the inopportune pop. Tell Huncke that 'Fat Marty from

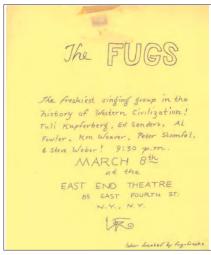
Lexington' is in with me. Also Check Calabreze, Doffy Wild (1 yr), & 'Jr' Collins. Chuck Bick was here, but got bailed out before i could talk to him— jive-ass etc.

"One Law for the Lion & the Ox is Oppression' yrs fer the rev, Al"

Around now, Al became involved with a woman named Mimi Jacobsen, who had submitted poems to my magazine.

9 pm, Fugs at the American Theater for Poets "The Freakiest Singing Group in the History of Western Civilization" March 8, 1965

When I organized the Fugs in late 1964 and early '65, I invited Al Fowler to perform with us. The Fugs performed at the East End Theatre in early March of '65, located at 85 E. Fourth St, run by poets Diane di Prima and Alan Marlowe.



Hot off the Peace Eye mimeo. Note evidence of 45 year old masking tape to pin to Peace Eye wall

The Fugs for this concert: Ed Sanders— vocals, Tuli Kupferberg— vocals, Steve Weber on guitar and vocals, Peter Stampfel on fiddle, Al Fowler on recorder, Ken Weaver on drums and vocals.

Though Al Fowler and the poet known as Szabo were early members of the Fugs, both were hooked on heroin, which made it difficult for either to come to rehearsals, or keep to an exact, non-sweaty schedule. So they soon went their ways.

Around the time of the early Fugs concerts, Al and his new mate Mimi Jacobsen moved to New Paltz, New York.

Fowler Heads for New Paltz

Poet George Montgomery lived in the Lower East Side, on East 5th Street, from around the summer of 1962 till the end of 1964. On January 1, 1965 (which he noted was the day T. S. Eliot passed away) Montgomery moved to New Paltz, New York.

A few weeks later Al Fowler came up from New York City for a visit. Fowler and his then mate Mimi Jacobsen visited one snowy night, and stayed a whole year. Then Fowler, recalled Montgomery, got a farmhouse to live in, with saluki dogs.

Al in 1965 went up to New Paltz— to live with George Montgomery? George Montgomery had settled there after a tour of poesy in the Lower East Side.

Al had a tendency to get involved in love triangles. This was the case with Ann Leggett and Mimi Jacobsen.

According to Montgomery, Al invited both Mimi Jacobsen and also Ann Leggett to join him in New Paltz. Each came, apparently around the same moment, with each thinking each she would live with Al and unknowing of the invitation to the rival. Somehow, Mimi won the tug of eros and adoration over Al.

George Montgomery later spoke of how, when Mimi and Al lived with him for eight months in New Paltz, Mimi fed the salukis with quality meat. Montgomery and Fowler would be hungry and go down during the night and get fresh meat from the salukis' feeding plate.

Jacobsen wound up taking a jail sentence for a forged prescription, in place of Fowler. This was sometime in 1965, perhaps extending to 1966.

Jacobsen traveled to Minnesota in the fall of 1966, after her father had passed away. She had been raised there, and had attended the University of Minnesota before coming to New York City. I have a lengthy letter she wrote to Fowler during her visit to Minnesota. She talked of her and Al moving there. Her mother had offered them a car, and the visit brought back good memories of her youth, and she seemed to exult in the possibility of a new life with Al.

She and Al stored furniture and boxes of possessions at our apartment on Avenue A and 12th Street, during the early fall of 1966.

Mimi and Al moved to Minneapolis sometime in late 1966 or early 1967.

He obtained employment with a railroad.

On February 24, 1969, Al sent a note to "James E. Sanders c/o Peace Eye Bookstore, 143 Avenue A, NY 10009," using a letterhead from "Burlington Route," and with a brown mailing envelope for the "Chicago Great Western Railway Company." It somehow got to me, in spite of the mis-address.

I lost track of Fowler in the fury of the late 1960s, as I toured and recorded with the Fugs, kept running the Peace Eye Bookstore, and became involved with the Youth International Party, known as the Yippies.

I went on a cross-country Anti-Vietnam War reading tour with a number of poets in the spring of 1969, and met Al Fowler and Mimi Jacobsen at a party after a reading in Minneapolis.

Al's Recollections of Around 1970

"I saw Allen (Ginsberg) here three-four years ago, since I saw you [during the spring 1969 Resist poetry tour in Minneapolis]. Exchanged a few words with him, inquiring after such & so's health & c, and he asked me the usual. I said, yeah, when

I get time. I was working the swing shift playing choo choo and logging 250 miles (16 hours, actually 15 hours 55 minutes) every night at the time, and doodling when I could, but anyway he gave my mind a little jog, you know. Gave me the address of someone who was putting together an anthology. Got busted before I could. (Took a lotta petty falls before I really got nailed.) I think it was a cracked tail lite & a bag under the front seat, or such.) Meanwhile, I'm hopeful there is a God and that I am doing as little as possible to offend Him.

"Disjointed as hell isn't it? And then I got shot through the liver, stomach, intestines and left kidney. One round from a 22 mag. (hollow point, 48 gr.) Got last rites. I shouldn't fuck anymore? (If you receive extreme unction you're supposed to remain celibate & abjure meat till fadeout) (no thanks.)

(the above from a letter to E.S., dated May 10, 1978, from Stillwater Penitentiary.)

Al's Recollections of His Arrests in Minnesota

"In 1969 I took my first fall in this state (Minnesota), for weed, then 5-20 for possession with a prior. Two cases, in fact, worth 10-40 all told. When I got to court, when it was time to set bond, the judge said \$500! The judge had asked me if I had ever been arrested before, and I had replied, quite properly, "not in this jurisdiction, your honor." He turned to the bailiff and asked him to get my rap sheet. Court Clerk reads it out "illegal U-turn, state of Wis. \$50 fine." I almost shit my stylish slacks. I was only three weeks off paper for that dope sale case. Minnesota Parole Board had accepted my transfer from N.Y. & I had a NY chauffeur's license still! The lawyer

nudged me and I straightened up & set my face, which was about to break into a baboonish braying grin.

"As all I had was a joint, and working regular, playing choo choo, I got a year SS and \$2,000 fine. I voluntarily set my record straight after the pleas bargain was made. Everything from possession of H to attempted murder, so the sentence could be overturned later by the DA for new "evidence," i.e., discovery of who I was.

"Next time the A.M. turned into 1st degree assault, but otherwise ok. Next time it turned into a 'disposition ink.' Which you can image how that affected my bail.

"Next time it was turned into 'poss dangerous weapon,' a charge I'd never had laid on me at the time. D. Christian was shoveled off the sidewalk with the piece still in his fist, and he was charged with possessing it. "Last time I saw my sheet, that's what was on it, disposition dismissed 'wp,otm.'

"However, now my caseworker tells me I've got five prior felonies. I know for sure I've got seven, might be as many as eleven, such is the state of my brain. That frigging computer in D.C. is thoroughly defective and randomized."

(The above from a letter from Al Fowler to Ed Sanders, dated May 10, 1978, from Stillwater Penitentiary.)

According to Al's good friend Mary Fitzgerald, Mimi Jacobsen and her mother purchased a farm just outside of Stillwater, and Mimi was very much into raising dogs. "Al stayed with her quite a long time on that farm, and then they just were really having difficulties... and she kicked him out, or something."

Around 1970 Al and Mimi broke up.

Al then lived in South St. Paul on Concord Street, near the railroad, for a while, in his own apartment. For a very short time, recalls Fitzgerald, Al worked in a nursing home.

He then lived with a woman named Barbara Randall, who owned a small farm just outside of St. Paul, in Mendota. Al was still working for the railroad when he lived at Randall's. Al had two of the salukis. "And then," remembers Mary Fitzgerald, "Barbara Randall got interested in the dogs too, and started raising them. Even though Barbara and Mimi were rivals in one sense, the did eventually end up being fairly good friends. They talked dogs. But then Barbara eventually asked Al to leave there too."

Sometime in 1970-'71 Al accidentally shot himself. Also in 1971, he was hit in the back of the head, which caused him to suffer epileptic seizures.

"Now it seems Minnesota is stuck on me, at least to the extent of lavishing ten grand or so a year on me. Makes a dude feel wanted. (I bought the drug cases to the tune of \$5,000) but I was not given that option on this fall, since the state's case was so good, & the injured parties (I hung a bunch of paper on a lot of big dept stores etc.) so powerful & pissed off. You see, I got the paper I was using in a burglary of a construction outfit whose owner was unusually devout, and who had installed a huge private shrine to the B.V.M. at the plant. My crime partner felt constrained to shit all over the altar, and pee all up & down Our Lady, whilst I was rummaging in the office. Though I remonstrated with him afterward, the deed was done. And so, my case was prejudiced considerably in the eyes of the gendarmerie. Since I would not give my partner up, though they could not pin the burglary on me, I was still lucky to get as little time as I did. *Some guys find burglary more effective than X-Lax.

"Meanwhile, through various vicissitudes, in most occasions involving the Keepers of Order, I lost all manuscripts & most drafts of four years work, including that which I considered 'Best,' whatever <u>that</u> means, & in relation to <u>what</u> I'm sure unable to say, but work, drivel or who cares?"

(Above from a letter to E.S. from Al in the late summer of 1974.)

He was sentenced in October of '71 to do five years in prison. From then till around late '74 he was in Minnesota State Penitentiary in Stillwater.

He had a close friend who visited him in prison named Karen Settevig. Later they were married.

She wrote me on September 22, 1974 from Minneapolis, c/o Avon Books (the publisher of the paperback edition of *The Family.*) She said that Al was up for parole that fall.

In 1975 and through early spring of '76 he lived a free man with Karen Settevig.

On April 18, 1976, he called me. I was in Woodstock. He'd been out since, I think late 1974, but was due to head back to prison.

His wife Karen Settevig had tossed him out. "My wife just left me, a week ago, I don't know where she went. I've got epilepsy. A guy, some nut hit me with a pipe in '71, I don't know who, a guy hit me from behind.

ES: So, you have grand mal, or petit mal?

AF: Grand mal. She's scared of me. I hurt her once during a seizure.

ES: Some people, such as Dostoevsky, went totally out during a seizure.

AF: Well I walked out a second story window, without opening, the last time.

ES: Have a chance to write lately?

AF: That's what I wanted to tell you. She left Monday, it's been two or three days since she left, that I started to write again, after a long time. I went back to my boxes of stuff here, and found some interesting— Have you ever done that, come across things that you have written?

ES: I did that last year.

AF: I don't know who wrote them.

Although he'd been putting together his writing, he had great ambivalence about his early writing because of his shifting attitude toward heroin. "Up until '71, I was writing quite a bit, except that this broad I was living with, she had two teenage kids, and she used to get jealous, if I sat up and wrote, 'I can't sleep.' She wanted to get fucked all the time. That was all right with me, but if I got out bed she was up tight about it. That kind of disrupted things. But when I got rapped on the bean, that really put the icing on the cake. All the time, since I came here to escape myself anyway, I never wanted— I associated all that writing with being a junky. I was trying to escape. I hate junk with a passion. I was trying to escape being what I was. So I wrote, because I had to. But I never did anything with it, because once it was written, that was it."

ES: Yeah, that Lincoln Continental full of manuscripts— too bad you lost them. How's your memory? (Al had lost a bunch of manuscripts years before when a Lincoln he was driving was seized, apparently during an arrest.)

AF: It's got patches, you know? And after each seizure, of course, I don't even know my name.

ES: When did you have your last seizure?

AF: March 17th, I guess. That's when I walked out the window.

ES: Is there any kind of medication?

AF: Yeah, I'm on a course of dilantin and dysoxin. I'm on methadone, of course. They wouldn't let me out of prison without it.

ES: So you stayed on methadone clear through your prison sentence?

AF: No, No, they just made it a condition of parole.

ES: You were detoxified and they made you go back on methadone?

AF: Yes.

ES: What the fuck is that all about?

AF: They were afraid of the relapse situation.

ES: 70% or something like that?

AF: More than that.

When Settewig departed a few days ago, she left behind her purse. The way he described in to me in the phone conversation was that, in attempting to return the purse, Al had broken in to the pad of a friend of Karen's. The friend swore out a charge against Al for breaking and entering.

During our conversation that April day of '76 he was scheduled to go away the next day. I guess he was referring to the federal charge.

A year went by, and then we began writing back and forth beginning in the spring of 1978. Al was back in the Stillwater Minnesota prison.

I prepared a letter which I sent to the parole board, stressing Al's history and qualifications as a writer of distinction. He was let out of prison in late 1978, or early 1979.

I later asked his friend Mary Fitzgerald if Al published anything when he was in prison. "No," she replied. "This last time, when he was at Stillwater, he became acquainted with the Quakers. Some of the Quakers were poets here. They have one poetry magazine going. This Mary Ellen Shaw, she was one person that had been published; she was quite interested in his poetry. But, as far as I know, nothing was actually (published.)

I asked, "Was there anything of his stored with the Quakers?"

Long time Fowler friend, Mary Fitzgerald: "I was with him the day he got out of Stillwater this last time. He had a week grace period during which he was supposed to get his stuff together and get to New York. He wasn't even supposed to stay at all, but the Quakers let him stay at their Quaker Meeting House. I had a lot of his stuff stored; and the Quakers had some stuff, and so we made the rounds of every place he had stuff stored, and we boxed it up and he took it with him to New York. So, as far as I know, everything was with him."

He lived with his mother about a year, beginning around early '79.

He had trouble getting a job.

During this time, his former wife Karen Settevig reentered his life, visiting him in New York City.

Also close to Al, and visiting him and his mother Bertha in New York City in early 1980 was his friend Mary Fitzgerald: "I had become very close to his mother and brother. I just couldn't stay here, I just had to be there, that was all. I was there about a week and a half. I had been to New York three months before that, and things were getting really bad. He was really on the verge of having to move out. He and his mother were not getting along. It was very sad, because, you know, like I don't really what the offensive problem was there. I know he was very good to her, from what I could tell. He really did his best to get along with her, and so forth.

"I think that one thing that would have been better, if he had gone from here to New York and had actually had a real job, where they say, 'here is your job. You go. This is what you do,' because like he told me that when he got out he absolutely couldn't make any decisions at all. Like I was helping him get boxes, and getting things lined up to go, going here and there, picking up things and when you're institutionalized, you totally lose all of your control over your life, and you don't know what steps to do next. And to expect somebody to look for a job, actively to go out and look for a job....

ES: Yeah, Bertha ran down all his various job options he had suffered through during his last few (months.)

MF: "He went to a lot of them too. The very last job he supposedly was supposed to get— this was with this guy named Billie. I really didn't like him much at all. He lived down there around 10th Street. He had a place in the basement; he was putting a punk rock group together, and Al was going to do some repair work on his synthesizers. So, that was going to be his employment."

On January 23, 1980, Al Fowler either fell or was shoved into the path of an oncoming subway train, in Manhattan. He showed up at the ticket booth, gave his name,

then collapsed into unconsciousness. He lingered for 9 days, never recovering his consciousness, then passed away. He had two weeks to go before he would have celebrated his 40th birthday.

"I never do anything right," was his last sentence to his mother Bertha the day he was hit. "It nearly broke my heart," his sad mother told me.

Karen Settevig brought Al's manuscripts back to her home, I think in Virginia, where she was living and working, and during the winter of 1980 typed a manuscript of 107 poems, which she turned over to Al's mother Bertha.

I was given this typed manuscript when I visited Bertha and her son Gerald at her apartment in Jamaica Estates on January 20, 1983 and brought it back to Albany (where Miriam, I and our Daughter had moved, subletting our house in Woodstock while Deirdre attended her first year at SUNY Albany).

A few days after my visit with Bertha Fowler, a fire in a nearby apartment spread to our apartment on Madison Avenue in Albany, and firemen chopped a hole in the wall of my writing room, which resulted in Al's manuscript getting wet, but only two or three pages were damaged, plus I had a photocopy of the manuscript which remained intact. My file of letters from Al remained unharmed.

Over twenty five years passed, during which I wrote a bunch of books, read poetry and lectured frequently here and there, produced some Fugs reunion albums and CDs, all the while keeping stored in my archive Al Fowler's poetry.

I was writing a memoir of the 1960s in 2009 and 2010, and decided, at long last, to put together a history of Al Fowler, and a collection of his verse.

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About the Collection of Al Fowler's Poetry

From 1962 through 1966, when our lives most intersected, I always encouraged Al to write, and collected a good number of both typed (and hand corrected) as well as hand-written poems. Once I even hand-copied a few pages from one of his poetry notebooks. This resulted in around 100 pages of poetry and drafts written by him to wind up in my archives. In addition, there are 27 poems I published in my magazine, 1962-'65.

He also included poems in letters written to me in the 1960s and 1970s. After he passed away, his wife Karen Settevig typed a manuscript consisting of 107 poems, using original poems and versions of poems Al had placed in a filing cabinet at his mother Bertha's house in New York City.

From this gathering of Al Fowler's poetry in my archive, I have put together a sequence of his poetry, mostly, as best as I can determine, in chronological order.

Aulden Fowler— January 8 1940-February 1, 1980— American poet.

The Poetry of Al Fowler

in the Archive of Edward Sanders

- 1. 27 poems I published in Fuck You, A Magazine of the Arts, 1962-1965
- 2. Typed manuscripts; various batches, which are held together in my archive by paper clips. Circa 100 + pages.
- 3. Handwritten manuscripts: including a couple I copied by hand from his note books; some included in letters to me, and in a letter to Mary Mayo
- 4. The poem I published in 1964 in *Despair— Poems to Come Down By*; and in *Poems for Marilyn*, 1962; and in *Bugger*, 1964
- 5. The 1981-82 typescript, 107 poems, prepared from his drafts by Karen Settewig

Poems by Al Fowler published in *Fuck You/ A Magazine of the Arts*, 1962-1965:

"Poems, Wargasms, Hymns to Young Men and Women" —from *Fuck You/ A Magazine of the Arts*, June 1962, Issue # 3

River Poem

senile river floor littered with aeons of pointless garbage slender frameworks of beast granite leftovers from a mountain eaten during the mesozoic, in lusty banquet of your middle age. let it be said you are less than the least silence of any entranced youngster who gulps a nascent universe with each unlikely breath.

Poem

i am evangelist of sense luring the young from classrooms with a hint of total vision outside reality. revolutionary songs shouted thru amazed cellblocks intimations of divinity in pacifist hashish rituals god in teaspoons! essence of christ in stark hallucinations that leave the actual forever suspect anyway irrelevant. radiations of disembodied love actually visible & forever tenant in the blurred self.

Hey, Uptown Girl

green eyelids & brown puff of conquered hair absurd pubescent knees peeking under skirt, scared highschool eyes boreing thru pigment.

sophistication etched on your mouth bulbs of future breast tense plumpness of snatch silky you murder your intense moment of colossal youth bewildered newness cowers to extinction.

Ecce Puer

Child, growing into youngness more female than any warmest woman all the exact requisite gentle qualities eyes so fully shy they swallow me & the sure spiritual motions & the intuitive wisdom & flowering tenderness of sensual question compassionate skin of cosmos your being pumps triumphant thru my buckling veins.

Schoolgirl

hair a fragrant nimbus softness of eyes puzzled, quivering with shy youth,

the improbable body twelve years from uterus leans over stark algebra.

•••••

Six Poems from *Fuck You/ A Magazine of the Arts*, Volume 5, Number 1, December 1962

Heroin

"eyes taken down to see I's takin' down to sea Ice taken down to c Ayes talkin' down the sea" insensibility he lapsed into unconsciousness after the groovy o.d. oh & after he'd turned blue & we'd started rescue breathing & shot him a dropper of brine the bastard came to blowing a bad riff so, what with the smeck & all, we threw him out the window *

TAKEOFF

long probe for vein in heroin takeoff in the men's room of the college in the nerve over the scummed tile under the barebulbs blowing the shot when the Burns Guard comes, skinned & high & strident wailing coeds thinking voidal tampons bust my works, & I left jones down the commode for the nonce brevis. paralyzed.

LARSON O.D.'S; FOWLER SCARED SHITLESS

there's the automatic rescue drill performed in earnest when a friend o.d.'s salt cooked & drawn up in syringe slapping of blue face & already counting him dead, schemes of disposal obsess us. the kind of shit that scares you halfway in. & coming on too strong.

*

THE HIP LADY PACIFIST IN A LOWER EAST SIDE STOREFRONT

eyes big as broken thyroid & hands swift pink devices, the chair could hardly want more clutching such ass. trunk of honeyed organ each cute gut proud, it was little wonder then, that just as she was born, the clocks of the city all frequented man & blundered him dully.

*

COCK CITY

this is Cock City town of the snort & big yen. bulge & shrink under the phosphors. Fitzgerald effect of ego membranes get warty. think hive street & mechanical wonders of the final broken motion. think entropy when snow & time conspire think sex quickball under the stairs on cement conveyor belts/ swooping to gritting come think war think noise think the yearn of the long/ horns of angelus groping thru the fog.

VISION

When the unrelenting morning spoke again of drugs when the poets slept and the coke conversed vaguely with itself, using many mouths i saw us all laced to a crystal smaller than an asterisk when pulleys on our tongues obeyed crisp dicta shaped like strands of silk & minisculest facets owned our breath. Kif lit a lantern in the brain that clove existence, etching archetypal laughter in the blankness of a thought & we cowered in our bodies loathing us, Atomizing intellect & squirting out fact.

•••••

Seven Poems from *Fuck You/ A Magazine of the Arts*, Volume 5, Number 2, December 1962

BABBLE

where is our excuse when the line deepens into murkiness & we delete our truths from the final structure? oh, i could plead nerves. my good set of works; busted by a frantic chick seeking her purse like a demolition bomb. but that's no good. i mean it just won't hold any fat solution. why do I babble pregnantly now & again & fill the gaps with filled gaps?

I WANT YOU

i want you under open sky the sun in your forehead & spread hair the grass around your thighs making no mistakes of roundness i want you in water & the air i want you as long as there is ocean on the same earth i want the feel of under you a planet rhythmic as love giving all quarter i want you wherever there is room enough to lie down.

MUSÉE DES BEAUX ENFANTS

Posing as sunday school teacher on the strength of my ordination* "here we are at the museum, kids. Note the locked doors & how I am nude behind the medieval armor." we romped & balled in tyrannosaur's sagging jaws. virgins deflowered themselves on foot-long fangs & manly halberds. took turns going down on a stuffed gorilla, packed their pouting snatches full of roman coins. tableaux in class taken from the

classics; we prayed to priapus & Ra in the old sarcophagi & over mounds of precolumbian art, jap swords, trilobites, the whole pretending swarm of child soaked the air with gooey shrieks of fuck.

*Fowler is a priest of the Free Catholic Church

CHILD

All-sexed, asexual, piebald & monochrome heterogeneous true successor of us all. Of one spirit blessed by paranoia, consecrated in honey, shattered by rain drops indomitably still, Of one body racked with typhus and eaten by ascares, ruled by a fever of divine gullibility. Of one mind of schizophrenia, of murder, of fellatio, of poem, johannsen blocks of intolerance to the nearest minus 10

Guiltless heir of all the stench and garbage of a billion year sickroom from which the nurse had fled, luckless creature of bankrupt charity, exquisite maggot on the corpse of earth.

You will approach christ to spit in his tender eye, piss on the mona lisa, beat your meat at funerals and die of gluttony with your soul's blood on your soul. Living Child of my idiocy and illusion of my fanatic skull, with your intellect infinitely innocent, your body merely miraculous, and the dumb wonder of your genitalia scheming Eden. Baby of every father's shuddering come and each mother's skillful being. Child, Infant, ILLHOIZ, spotless of sin and damned by your nature, My seed, spawn of Khrushchev, child of calamity, Final tortured zygote in the last blasted womb. this that I have hinted is holy Fruit of our passions and writhing lusts. The essence of anarchic man, Stupid, Ranting Lying, Whining, Fucking, Praying, Dreaming, Loving. All these stupendous miracles and mediocrities are sacred, And my breath is forfeit to The rotting excellence of this innocent IS.

DEMOCRACY!

"Conscripts of good will, ours will be a ferocious philosophy, ignorant as to science, rabid for comfort; and let the rest of the world croak. That's the system. Let's get going!"

-Rimbaud

You're depraved, i'm just perverted: commuters shot from numbered cannons at enormous dart boards spike-wheeled babies darting into walls of paddles held by parents as a game. Skydiving techniques employed by the masses

conspiring with ghosts on the radio. "tonite's our date to go mad together." & you can make the world do anything in a sentence, if you've got the intent but the machine outside — reeking of certitude. how it must feel. squatting. its clattering rusty tongue "where we finally debark o polyglot kiddies is at the circus of your sexual souls" harlequin cocks, eyes tossing & bloodshot & rheuming noisily down their sere cheeks. an orgy of comptometers tithing us for our own ruin. clerks & potentates bureaucracy tolerating human error only to conserve worshippers —meek noses in the subway rooting news hands manipulating knees imaginary titties gone eyebrows machineguns spiked knees yearning for the swoop to your throat. spikes of decay chains hammered bladewise frustration uncle-cock swollen for niece mouth fulls of kinky cunt hair eyes empty as the depths beyond arcturus nursing a billion unseen earths. philosophies cooking in the glancing of an odor-speck from the nostril's hair. close to hysterics at the truth of existence rain on their heads an affront motorists blind to the instant until they're saddled with

<u>their</u> two tons of iron naked in the road.

*

TELEPHONE CONVERSATION

When we talk on the telephone, we feel our loss more heavily. i stare at the slits, the box that sells her voice to me. i held the phone like a live thing, like part of her. it holds a sound i love. yet i hate the upright coffin, its pimply walls, the printed admonitions lining it, for being in control of our feeble conversation. there are things unsayable in it. as though the wires were jealous.

*

THE ROOM. JUNK WITHDRAWAL

Now let's line out agony 1890 furnished room bare of schmeck, her gone down the cataract of abstract force that pours around us all & makes these leaps we don't control nothing but our attitude is ours & now my mental anchor slips from the muck of time

•••••

Poem copied from a lengthy notebook of Fowler's, circa fall 1962

p. 114:

you better fuckin' ay be satisfied with what your're gettin', jack

you're gonna hafta pony up some day

soon than you'd like.

for it's ouch at the ankle & pain in the lung if you gotta use morphine you gonna die young.

•••••

The Law & Mr. Real for Ray Remser in Hudson County Jail

"poetry is the art of setting language to music" they quacked

back at the chiefest inquisitor, a senile lad with ivory eyes fixed quizzically. their heads shaped like bags of fact; torted dispassionately by roving minstrels of glum lies; the mind's clarity drowned in fogs of moment, over, then, these drab & sorry dress of time presides a majesty of rubbish: chimney pots, tin cans, toilet seats, prosthetic limbs, doll heads & broken ingots

oh, the grandeur of it! the rusting velvet-textured eyes countersunk in the cragged & fatuous fenderfashioned face. its orders clang briskly & horrify the throngs into swift exhilirations of suicide "yeah, and on the other side of this there smirks the Chaos," they moaned & "smell bud it this rose, 's laminated

35

eight." so here we are. It's distressing, to put it blandly, to note the total blot of any continuity hulking on the fall of the next moment. tongues on the sly, the leer expectantly at tattery gobbets of condensing futurity & call it forever, eyes have been forgotten & vision is sublimate in the univaco-infantile Now we mistake for everything; when it's merely the lucidest slice of the magical mental pie of time. "we have not been properly reverenced," the metagriffin snorts, eyes afoam with irony & vindictiveness (gleamings of golden, trite organ, form & manner accidental; brutish) squatting haughtily on the immense moonstone of the

lucite

only one ninety

benjo floor. a burly hassock of a rippled beast, pleated like a rollsroyce seat. & "laminated, mister, looks better'n a real one won't never wilt." one ninety eight per warranteed, scientific rose; where the midline of his naked nostrils aimed & groped a void for scent.

> burned!! hustled for the pleasant stink & the olfactory spice-cake that suspends itself like gaseous jello over each nodding blossom.

> > with our eyes cracked open & smeared on the page we want just the bare dignity of someone else's skull to wield our decibel of thought. where it sleeps. where it hunkers on the stumps of rationality. where it answers us with pain. where we wince: feeling empathetic

(the plea)

rise of blood in the taut bubble of the scalp. where we question each symbol in the arclights of the rubber-hosing ear. the word vised around our throats & the craven liver giving up the ghost barrage: flickers of sound the sought & acquiescent spin to the spring of intuition our genitals & intellects bulging with mightiest surrender

—n y december 1962

•••••

i must look like what i am, sitting here; a junky poet, pushing for his keep, in love, a bit odd, & quite thoroughly mad. she looks like how she looks & there isn't any camera capable, no known thing analogenous, nothing quite as infinite as her young breasts.

—late 1962

.....

Three poems from *Fuck You/ A Magazine of the Arts* Number 5, Volume 4, Summer of 1963

junky II — speedball

the calm grins me. outside, on the grey street, sounds assume reality: grating thrum is truck (i see its green, old, a probably spade driving his cigar to work) toes in my boots itch i can't laugh anymore at the tie on my arm grim against me bloody silk foul as a bandaid on the lockerroom floor the pipes fart — i need a shave but ah the big FlicK er my chair cranked up to the

stars

& the long taste of altitude eating my breath away

*

Statutory Rape — (the plea)

I don't want to make excuses but

it was my nature did it i'm incredibly sorry but there it is.

oh i know— you don't havta tell me..but after her eyes went all down & inside trailing bent flowers; i could've yes i suppose if i'd only..but look; suppose you was in my shoes & she'd smiled at you & somehow courts & doom & the cop's brutal hips cluttering up the sky & her mouth around it all those teeth..so fucking real they were, clicking down against the whole lie & like i was saying i don't want to make excuses & her mouth so real i could taste it

*

junky

'cross the green track where we often flaked out & counted our absences tears, broken telegraphs: out of bounds & over the "what"?

what? i caught you in your crib doin' those all kinda private things. you wept, you pointed out my lies in the junk almanac you puked all down your black shirt & fresh, caustic spew burning out the nerves— "it ain't no habit, man," you said, "it ain't no need" your pants heavy with sweat & one day late for your fix

40

.....

Four poems from *Fuck You/ A Magazine of the Arts* Number 5, Volume 6, April 1964

> are you going to the perpetual unveiling this week, mr. fowler; or will you sit at home again & watch yourself happen?

"is there really anything outside at all, & if so , is it worth messin' with?"

my body is host to a carnival of actors & the carnate word shines through my brow so i am blinding in my own sight. i am become a hundred forms of light & waveenergy & charged particles focussed on a point more intricate than microscopes can make the whole world. tuned in on myself, imitating myself in a mirror, i have realized my possibilities, schemed a means of exceeding them;

you don't exist at all! you noxious phantom! amphetamine horror!.. . . .! i murder you after you've been ultimately kind enough to make me strong & arrogant in the midst of my afflictions i hymned thee, ate eclairs to thee. i opened my veins to thee, & was constipated every day. the civilized affliction! the subjugation of time! the annihilation of matter

I fell asleep. trillions of cells forgot I exist. i caught them plotting against me when I woke up & it took me hours to get in the cockpit again

moving downward is the same as moving upward. only the sequence is reversed, & it's easy to mistake ones dying for ones being born. i have no experience with these primitive centralized species, these trillions of interdependent entities. i have evolved to amoeba; to euglena, standing at the apex of the hourglass of known forms, & await a permutation to my own universe where i shall have preceded god.

*

SOUP POEM

How far thru the soup can any man swim, before he has to mount a pea & rest? & if he swims all the way then what? how long can you tread soup, (trying to hover in the brothy atmosphere), hallucinating fish erect (ourselves) or birds; the fish of the air we're slugs to? but dropping, sinking, down past chunks of our own meat & sour air you'd have me reach the same old bowl?

I'll grip the pea with teeth & tongue till Everything spoons me out!

*

PHONE CALL* 19 may 62 midnight

though the mocking wire slew the greenness of your voice The vibrant plastic struck my ear crying and if only this clay machine owned me Next the actual mouth of you I'd have fled in your breath frail as dandelion.

*EDITOR'S NOTE: on the surface this poem looks innocent enough; however, lurking behind is an amphetamine plot. Reverend Fowler's young teenage gropefriend had just been menaced & threatened in the afternoon by the notorious entrepreneur amphetamine-head Van Krugel who who approached her with violent sex-lust evil dope grope freak-Eyes & she was overcome with terror. Fowler, having given her a midnight reassurance love call, wrote this poem.

*

my last shot of stuff stiff cottons purposely left wet for this final bang weeks lateri hoard it in my blood & my corpuscles cherish the warmth & almost groaning ease with which i am this moment's like an island of sanity in <u>time</u> awhile stolen to perch upon, perusing self, past, obligations, tenderness, i love you, ann; this much the soothing fingers in my brain write— tho my attitude now probably frightens you & should mewill when i'm down but now... o my ineffably golden & secure love.... to feel this rush of clarity into my morass of weeks & dull pain is to feel a welcome fate.

we can only teach machines what we already know. i love you as only a doomed, defeated man can love... with pity, with fierce tenacity.

i felt it was safe here— to risk this unveiling— i need stuff too badly i beg you to help me substitute your

metabolic self— "my hunger, Ann, Ann; flee on your donkey" ma femme, flee. i cannot abdicate my words. i am choking with them. who cares that now or someday someone chuckles over them; pronounces them a a poultice, a knockwurst of the mind? my head is sandpapered inside & blown thru with dust of Victorian rooms shut up these eighty years. i no longer recognize my own memories, there's the snag, or my visions either.

•••••

Poems by Al Fowler, from typed manuscript circa 1964-'65:

Poem for John Wieners

this is a revolt against bodies this is a revolt against appearances this is a revolt against time.

miscellaneous fists & eyes & genitalia strut their stuff in manifest perversions: games with obscure & niggling rules for stakes of emotional erasure, magnifications of money; the juggle and bump of the earth. hardly anything matters anymore but my voice but my hands but my voice possessed by visions, i steal traditions from the night & my light from the energy that created me. i am a soldier monk set out to quicken; to annoy; to envelope the earth in an essential question no one can avoid asking;

•••••

Comfiteer

for Fr. Edward Marshall

'without sin, the virtues that are forced on us would be unbearable.'

i won't lie to You. yes i am a burglar, yes i use narcotics & no i won't get married to her though we've shared the same bed for a year. no i don't want children, the brats you've plagued my brain with give me labor pains enough. & yes & yes i write checks backed by nothing but the smile & the soft voice You gave me & my clear green eyes. to stop the pain of Your birth, Lord. Your birth of which i am not worthy. but You entered under my roof so long ago, Lord without ever asking if it leaked.

•••••

Alone in the House

i'm alone in the house with a frozen roasting chicken but how in hell can i roast a chicken with no oven & the light gone mad & my cat pissing on the floor? the garbage is beginning to smell my hands are starting to rebel. nothing stops anymore. it all rushes by so fast i can't tell one event from another.

life's a cosmic soup, unloading through a hatch on everybody's lap at once!

a tubercle bacillus snuggling down inside your lungs & killing you whether you love it or not. for Christ's sake, learn that at least; life doesn't care a rat's ass who lives it.

•••••

Peyote Poem

I.

The way to God is plentiful; anyway i walk, see, do. i follow him to where he sneaks away & hides whenever tme's too much for him to buy off: he sits and trembles, cooks up planets for his fix,

nods out on a skinny arm & dreams of power, potency.

(his sojourn for those lost years balling thru Tibet and Africa) where kif and the dust of the road were good. Before the loaves

and lepers monopolized his time. ("life's a chemical process so

boorishly prolonged you'd think that ornaments of meat and bone had something to do with purpose.") he sighs

"what glop to be remembered for" & his childish face glows again with a simpering lust.

II.

forgot where it ended. (is that sea/ that river, swamp, my rushing humor?) is this machine my clumsy body? that kiss my obscene awareness?

III.

"let's get basic here!" i forget where it ends, if it really starts anywhere: down on the shoal of instant like a baffled ptarmigan; plunging my beak into things concerning me no longer: beliefs, possessions, attitudes; grotesque indelicate surrender to pressures of metabolism! & the will! i forget where i used to think it ended and began. it's all me & emptiness again until another mote of mumbling sentience breathes it into form.

IV.

it is vast and made of stars it must be & is not.

> —late '63-early '64 typed by Ann Leggett

•••••

reality's a chance operation; i wonder if the groundhogs know that. if you can count at all (if counting counts) you can count your Heisenberg uncertainties.

i don't wanna know what i mean!

i can lurk & dance around the edges of the truth & snicker.

i am arrogant beyond belief.

•••••

A 3-Page Poem from *Fuck You/ A Magazine of the Arts* Number 5, Volume 8, February 1965

> man is the discontented beast & pleasure is only the rhythmic vibration of things not necessarily specific. the whole shebang's no more than a glandular puppet show. my body doesn't any more need me than any of a hundred other diseases. any rock is as sensitive as i am, only somewhat more resigned. like these lame faces with their ideals or their fifty dollar habits legislating gods into being. trying to impose a vibration on the universe that the universe will not endure— for the universe is a restless critter also

we wept, we cried out in a hundred languages, we shouted every name we could conjure up into the wind.

like prairie dogs, we built our nests & prayed & like the prairie you came; with your gift of sand to be baked into our bread as we huddle together in the raw evening, speaking of your secret benevolence & of your thighs that moisten our way for us. we hand each other ritual gifts: burning leaves, words to ward off the comfort, & beg you to return & bless us again; O impulse!

*

i'm alone in the house with a frozen roasting chicken, & how the hell can i roast a chicken with no oven & the light gone mad & my cat pissing on the floor? my hands are beginning to rebel; nothing stops anymore. it all rushes by so fast i can't distinguish events from one another. life's a cosmic soup unloading through a hatch on everybody's lap at once! all blatant & obtrusive! a tubercle bacillus snuggling down inside your lungs & killing you whether you love it or not. for christ's sake learn that at least, already.

life doesn't care (a rat's ass at all) who lives it.

•••••

A 5-Page Poem from *Fuck You/ A Magazine of the Arts* Number 5, Volume 9, Summer 1965

I.

night. in the orchards & the hills below

zero.

black & still. not even the moon has crept out of its cage & only molecular motion invisibly silently continues. but i can't be sure of this on faith any more that that there <u>is</u> a moon. that this is really night, & not the blank at the end of existence. or that my glandular engine has not finally failed.

the earth crackles and contracts! ice expands in the concrete joints of highway 32.

more work and taxes for the county or the state:

if the county & the state

still exist.

if i am not made & gone

false in memory.

& if the "county" & the "state" ever were anything but alphabetic constructs that pleased me in some past age for forgotten reasons.

& surely

there is no way to verify my date. the world is too circumscribed & logical.

i warn you the universe is nothing but conjecture. i warn myself..

all i

can be sure of is the cold & the wonder & that processes occur that link the two in this vile neuronic machine i inhabit that i don't trust anyway so what it begs for must be denied it & i am master now.

i am sole claimant to the void & to the questions i will never allow to be answered; is the sun a memory; a memory radiating memory; & is heat lost to my soul forever?

three a.m.

the state police drive by.

either i am

real or

they are & i care only because i have been taught to care.

motion without progress

time

without duration. oh my vulturous mind devouring God, who should never

have dared to be alone here with me.

i survive out of mere viciousness.

II.

the world can afford only symptomatic relief. you can die. churches & heroin are no more than garments for essential desires that have always forced their way through, in any of a trillion forms; all instantly recognizable. bodies duplicate bodies entering & leaving each other no matter what, no matter when, but you must love without a conscience in order to be God.

III.

it's time, it's always time to unwind one of your selves & monster it. it is part of the mechanism of art to despise oneself get it? otherwise why live real lives? otherwise why poison & flatter yourselves with idiocentric tidbits stuck to nothing more substantial than a sigh; than a lonely shudder in the dark when the heat's been turned off & mama-love's done payin' for your junk & no sweetheart's ever comin' back to warm you up no more.

IV.

your body doesn't any more need you than any of a hundred other diseases & any rock's as sensitive as you are, only somewhat more resigned. you poor lame faces with your ideals or your fifty dollar habits trying to legislate gods into being!

trying to impose a vibration on the universe that the universe will not endure! but the universe is a

restless critter also.

V.

you can't live without dying. got me? too much brightness might as well be dark, & you never can be absolutely sure.

VI.

so run till you're bludgeoned by the sleep in your veins ; over the next hill are slow warm people of impossible color & mien.

trading bodies & beliefs like marbles that clatter in the bag but are never

seen.

dancing in cele-

bration of the hour

that arrives, that

arrives

never letting up. images. passions & nourishments all fled away, as soon as you notice they're here.

VII.

this is the last intelligence of a dying brain writ in letters of steel on the horizon: "time time time it is time." time to shout your final No! into their faces.

your

treason is at hand.

VIII.

to be real. to complicate the intersecting labyrinth of human relationships till absolutely anything can happen to anyone any

time.

IX.

•

yes it's time now to forget that you've been frightened & empty. to acknowledge your debt to the earth & to the chain of heat & chemicals connecting you to an unknown genesis for which i ask you to be grateful. we are open to the sun & to other forms of life we cannot flee, for we subsist on them & them on us & the whole bubbling mass on hydrogen & bare nuclei. undifferentiated particles colliding in the dark, creating a light that itself is only energized darkness.

Х.

thou shalt not suffer junkies to live. thou shalt not suffer pawnbrokers or politicians to live. sanity demands this

XI.

god is no longer necessary freedom is no longer necessary even i am no longer necessary. existence is obsolete.

XII.

i would be alone with the galaxies
& the slow turnings

i would be built of duridium
& fire & the splash of energy
from my appendages
would make the world squirm

in mindless delight.

XIII.

i can get away with anything.i have license to lie.if you murder me, it will be for stealing your souls.

•••••

—Al sent a letter dated May 9, 1966, with the return address of South Oak Hospital, Amityville, NY, including four poems:

A Suicide Note

—for james e. sanders

but the

i wouldn't mind quitting right now; myself. b

air!

the FUCKING air! my BODY keeps SUCKING IT in & out, IN & OUT...... like it was maybe worth something.

•••••

because this corner of the world is damp & cold i take orders from my veins thus cornered in the world i let hunger hold the reins & i believe any lie the sun tells about itself the sun who cares less than i do who makes reeds & flowers explode from the earth & watches me watch my reflection in the slow water shiver & the pyramids slide grain by grain into the nile & away.

•••••

a letter to a woman that was never sent —for mimi

i think of you, the joy of you; where i enter; where i leave. i think of the men you have known & of your quick mouth beyond price & of the junk i need to stop needing you or junk either. & i think about not thinking anymore. all i want are the words i need to say what i need to say. what i need. to say what i need.

•••••

Weather Report —for Mimi

in wintertime, snow floats in the air like lost feathers

of a wet &

silent bird,

i love you.

Whether or not there is

thunder,

i love you.

Sparrows whistle & the sky gets deep at night because i love you & if you should hear the rain;

remember why.

•••••

goddamn it you know we've got eyes & cursing what they see won't bend light into loveliness.

why should i believe in me when noone else deigns to see?

consequently you are less than not at all tangible. between the sanded fingers of the mind.

& so also poetry arises not from need itself, but need's awareness

& a poem is a cricket fiddling its own mind legs.

•••••

Message Intercepted on Railway Band CGW Motor 38 Pigs Eye Yard, Pigs Eye, Mississippi River July 1968

Mayday. Mayday. recon to control on the ground with all hands. socked in by parasympathetic fog. do you read, group, do you read? Recon one to group in clear: Request medevac. coordinates unknow. sense the presence of unprogrammed computers, disguised in any absolute form of which out might be consciousin crumbling tenements where hallway crappers are burglarized nitely or in the rookery by the Rock Island switch where herons squabble over tasty frogs do you read group. do you read? Need time rap recognition data patterns Need working definitions absolute form, absolute consciousness, whichever applies to herons: you absolute consciousness requested in ambling disguise senses burglarized, in control crumbling unknown party celebrating Mayday You read one crumbly control Senses burglarized working in disguise absolute consciousness requested when part celebrating Mayday

You read recon data to control absolute consciousness requested Burglarized

(poem 107 in Settevig typescript)

•••••

Open Letter for Chickens and the Daze of War (for Robert Bly)

The trouble (all farts are troublesome) with

all of us in that we have always just arrived

at the formulation of wisdom.

Time is never dead.

Yet nothing is really cyclical. Someone kicks a jukebox, dead for ten years, and it plays tomorrow's tune.

This is the thrust of what I have to say to you that for the second or thousandth time you'll never get to read.

You are one of the ones, the only ones who see me naked though it seems you couldn't have,

Wrapped as I am so carefully, so comfortable in these clothes of stone and dead intentions

Why am I writing this to you now?

When we met it was during our shared fever Mimi's father had just died, who had detested me, for his own excellent reasons.

I thought you an estimable hick, for the sake of the preservation of the comfort of my ignorance I had ignored you.

I was a private god, and could judge like that then, I heard you with Bob Creeley and Ed Sanders. Afterwards, I took Bob home and we argued for ten drunken hours over everything but

you. Bellowing poems at each other while Mimi tried to sleep in the next room.

I wrote you a long peroration entitled something like Apology for offense never taken. How could I have missed you?

Then I read a piece by Carol somewhere about an old lady in a nursing home— she got it all down so perfectly. I worked nursing homes a while during my long slide, and I know.

Just as I knew when I heard you back then that you knew

what the was was about and what it was doing to us.
And tonight I heard you on the tube, felt you kicking open the long delicious wound that is life again. The pain of it.
To be both the seal and the oil man, conjurer and consumer, forced to trust anew the cancer I conceive myself. Stay alive—Mr. Bly— (as though even God could kill you) You are a man.

(poem 9 in Settevig typescript)

•••••

There is an openness to things that always shuts when studied.

There is always newness in the stopped motion of a gull flight.

& when feet meet water, furrows are invented on the sea.

There is a song transcending music in the silence of your smile.

(poem 80 in Settevig typescript)

....

In a letter from Al, dated August 29, 1974, from prison in Stillwater, Minnesota, he enclosed a poem:

> Nursing Home Blues, annotated

Why do I sit awake all vicious nite cursing the light I am cursed with, or go out 4:30 a.m. in a midwestern January sleet storm & switch boxcars all day, grudging the time from my work?

Dredging my work out of Time itself; formless as its source;

> something imagined by a (dragon?) in an abstract mood, so to speak. Like poetry in Romany or High Slavonic heard on a jukebox in a stockyards bar some wild Friday nite.

Ever try getting rid of some demented dinosaur whose hallucinations slop over into your personal sensorium?

Ever try to shake a works whore (?) with a g-shot jones coming down on him after he's seen you pick up? or reach up a human cunt & fish out 3 bags of junk— & squirt it through your soul like so much sacramental hogwash down the wrong hatch?

Or diaper someone's great aunt & power her buttsy-wuttsy & prop old uncle Elmer up on his spastic side & *posey him down?

For a buck & a half & no overtime, no time to take a shit, eating gangrenous snot-paste garni served lukewarm by a sluggish congenital syphilitic?

Or get cornered in the freight elevator by three hundred pounds of Norwegian tit gone mad & get pulled off by her prehensile puss?

Cracking your spine!— Flashing fit to daze you

*Posey belt— a belt restraint with alock & key used to keep lunatics & troublesome dotards where the management prefers they should remain.

out of your immortal doze into paralytic orgasm?

* "So listen," I said, "get hip to your own lame ass." but it was too late— Judy had already swallowed the whole set of jacks; The cake had fallen; Kelly caught a draw bar in the guts I caught the clap in Yong Dong Po; threw a fuck at the third floor charge nurse good enough to last her a week; last <u>me</u> forty seven years while building my own edifice of fossilized faeces; to shore up the void.

*the author here paraphrases a twentieth century master, since suppressed

•••••

In a letter from Al, dated December 18, 1974, from prison in Stillwater, Minnesota, he enclosed a poem:

An Open Letter from Checkers at the Pound! —Ramsey County (Minn.) Jail, 1969

I want to lurk beneath the bedstead of every decent American, biting his daughters & sons upon conception & want to bribe the whole marauding nation of sweaty jigaboos with Chinese heroin & Soviet gold & napalm recipes to drag blonde virgins, weeping, out of convent schools to be publicly brutalized by bignosed sheenies with warty whangs & cynical gook slavemasters with black snake peckers & barb wire balls, infecting them all with the same insidious economic & moral disease of which I am the typical victim.

Like a child's cocker spaniel so enraptured hydrophobically he dentally proselytized his own God

this is fair warning

•••••

On December 12, 1974, Al wrote friend and fellow-poet Mary Mayo, who apparently had written to him in Stillwater Prison to send some poetry for a publication.

He replied, sending two poems. One was a version of "An Open Letter to America from Checkers at the Pound," another:

"So, to cheerier topics, (or drearier, as the taste depends) First & last installment of the autobio of a fuckup:

> When I was ten I wanted to see mars, & run a four minute mile, never quite smiling. Late on I'd walk three thousand miles just to get laid by some adolescent snatch.

> > The point is, right now I wouldn't go two flights up to see Jesus live & be crucified all over again not that He wouldn't be great to swap the skinny with,

> > > but once you've seen it, it's been seen.

Or spoken, wept, tried a dry fly, stretched & nodded out—

& why should Truth resurrected,

error confirmed in repetition, imaginative effort unused be so wonderful a prospect to contemplate?

Is sanctity so remote & lovely a condition to imagine I imagine I desired it from my foggy submolecular vantage? who could feel anything but pity for the lost? Like Christ, like Sade, waking up in his own dreams?

What are the recollected sufferings of Jesus but a toothache to the nth power? and whose life has passed without a toothache? without charley horse or tonsillectomy?

What is the mystery of Venus after a blowjob/ fro

from Helena Tsaveros in the cloakroom in the ninth grade?

•••••

Poem for Marilyn Monroe 1962

Marilyn; Worms feast on your koshered mammaries, (rendered quiet by lusting goofballs) who must have been awed entering that flesh cathedral. i think of all the men who've beat their meat in rhythm to your passage on the screen. & all the dykes who've longed to give you suck & panty-freaks yearning to flash behind a snort of your lingerie. i'm sorry i didn't get to you in time— when you were Norma-Jean quivering lonely pigtails in the orphan junior high where your pussy squeaked —from *Poems for Marilyn* anthology, September 1962

•••••

Narration for a Home Movie Taken by the Poet

Children seated on the stoops of a thousand houses, too shy to call their wares. open happy men with innocuous faces. sensitive dark men with places to go & secrets to keep. young girls drive graceful pirouetting cars surrounded by foam rubber & perfume. chuckling old hags smoke hashish in the park, & eat ices flavored with the blood of exotic vegetables. nobody here cares about anyone else unless asked to. no one interferes. everytime one of the beautiful children gestures expanders of consciousness are hawked & barterd or given away. bibles, beads, opera glasses, illuminated legal writs, drugs, sex withheld, & given, denied & sublimated. blueprints of public buildings destroyed in the late war. "there's worlds enough for all and every. world senough for few or many." the three organs & the three hundred choristers gathered in the square begin to sing. every christian is his own christ. if you want what is happening to happen,

nothing will happen except what you want. death here is a condition of static mania. nothing is depressed here but buttons, electrical buttons electively depressed by depressed people who don't want anything to happen at all & so take their leave of us, turning into truncated coruscating bubbles of artificial light & we cough on the puff of ionized meat & sadness in the air & we laugh. the moon is as accessible as the latrine, but perhaps it would be better not to visit. the land is as soft as the warm wind. toucans lead the travelers at night with lanterns in their claws, & croak their way home through the fog. there is nothing safe here, nothing dangerous

there only is.

—1964, from *Despair*, *An Anthology to Come Down by*

•••••

"how arrhythmic can you get pops?" i mean pee-you, charlie," grunted the other boy, thinking the first boy meant him. "put some water on that <u>please</u>, i mean no one could hump in a funk like that" not you, aristotle i was talkin' to this old truck whipped a pound on me fer a peek "put some water on it anyway, charlie, i'm subject to suffocate down here" but only grimwald's pants got wet. when the young ladies came, he had went."

-from Bugger; an Anthology, 1964

Al Fowler Requiescat in Pace

Rest in Peace