

MyMilitaryLife App

Life already has too many unanswered questions.

Media Contact: Besa Pinchotti, bpinchotti@militaryfamily.org

<u>MyMilitaryLife</u> is a free Android and iPhone app that connects military families with resources customized to fit their lifestyle.

Why do military families need an app?

It's easy to get lost in the more than 10,000 military and community support websites. *MyMilitaryLife* puts everything in one convenient place—right in the palm of your hand.

How does it work?

- Once you register, just answer a few questions and you're guided to information and resources relevant to you.
- Navigate through 11 "Life Paths" including:
 Moving
 Deployment
 Parenthood
 Spouse Education & Employment
 Transitioning Out of the Military
- You'll receive customized to-do lists, due date reminders, and tailored resources based on your Service branch, location, and specific needs

What are people saying?

- "It is a wonderful step forward" General Michael Hayden, former Director of the CIA discussing the app on Fox & Friends
- "I highly suggest you add this app to your list of must-haves for your smart phone. As a military spouse it's one you can't live without!" Katheryn Sneed, military spouse blogger *Singing Through the Rain*
- "It's a huge timesaver." Northwest Military.com

Also featured in:

- NBCNews.com
- Stars & Stripes
- MilitaryTimes
- Ramblings of a Marine Wife

- *Daily Press*, Hampton Roads
- Military Spouse Magazine
- WJLA 's Let's Talk Live -

MyMilitaryLife has the answers to questions you never knew to ask. Take out the guesswork and get the resources you need.

The Basics

172

Answers

MyMilitaryLife is created by the National Military Family Association. The app is made possible with support from BAE Systems, Goldman Sachs Gives, TriWest Healthcare Alliance, and Value Options.