

2011

events for the ACT trans and intersex community.

FEB

Container Gardening

Saturday 1 to 3pm

Always wanted a food or flower garden but don't have the space? Come along and get started! Learn how to look after your plants once you take them home.

5

15 Doing it Differently

Tuesday 6 to 9pm

What does it mean to be a woman, man, both or neither? If you do want to be a man or a woman, what kind of man or woman do you want to be? Trans and intersex people aren't the only people who choose to negotiate gender stereotypes - how do we make active choices, and what can we learn from each other?

MAR

Carpentry

Sunday 9 to 4pm

Do you love the beauty of wood but need some help learning how to join two bits of timber? During this workshop you will be have the opportunity to make something functional to take home with you.

20

22 Building an Inclusive Community

Tuesday 6 to 8pm

We talk a lot in our community about how other people should be more inclusive of us - but how inclusive are we within our own community?

APR

Bushwalking

Saturday 11 to 3pm

Join us for a 2 hour walk in Namadgi National Park followed by a nutritious and budget conscious lunch in a lovely picnic setting.

2

12 Intersex 101

Tuesday 6 to 8pm

You don't have to be intersex to know what intersex issues are! This is your chance to kick-start your knowledge around intersex issues so that you can feel confident to speak and continue educating yourself (and others).

Bike Maintenance

Saturday 1 to 5pm

Do punctures leave you feeling flat? If you have a squeaky chain, sticking gears or less than perfect brakes, bring/borrow your own bicycle along to this workshop and learn how to get the best from your bike.

30

MAY

Yoga

Wednesday 7 to 9pm

Try your hand at yoga! An experienced instructor will provide this introductory session.

4

14 Discrimination

Sat 11 to 2pm (inc BBQ lunch)

Have you been treated unfairly because you are intersex or because of your gender identity? This session will be run by the ACT Human Rights Commission and will provide information about your rights.

Speak your mind and heart with art

Seven Week Course
Thursdays 5:30 - 8:30pm
19th May to 30th June

Art can provide an effective way of communicating complex ideas (even for those of us who think we can't draw!) This course is designed to give everyone the opportunity to explore the possibilities. Take a risk! Let yourself be surprised by an artistic adventure!

Self Defence

Saturday 2 to 5pm

An experienced instructor will provide this introductory session.

21

31 Hormones

Tuesday 6 to 8pm

Do you have all the info you need to make informed decisions around hormones? Come and share your questions and knowledge - a doctor will also be present to provide information.

JUN

Make-up

Friday 7 to 9pm

Would you like to learn how to look your best? Come and benefit from the experience of others and learn how to apply make-up for everyday wear. Some make-up will be provided for this session, but you can also bring your own.

10

28 Respectful Health Services

Tuesday 6 to 8pm

What have your experiences been like when you've accessed health services? Come along and share the good, the bad and the ridiculous! This session will include discussion about ways that health services can become more respectful.

JUL

Voice Health in Transition

Thursday 6:30 to 8:30pm

A professional speech pathologist will discuss the strategies of effective voice therapy, including ENT clinic services, referral processes and vocal health exercises. There will be plenty of time for questions and sharing skills.

7

Sydney Shopping Trip

Saturday (all day)

A fun day of budget conscious fashion shopping. The group will determine where their shopaholic driver will go on the day. Options include Paddy's Markets and factory outlets in Alexandria.

9

Exploring Gender...

Six Week Course
Tuesdays 6 - 8pm
12th July to 16th August

Join up with five other people for a "self-guided gender journey".

These facilitated sessions will provide a safe space for confidential discussion about absolutely anything that is gender related.

Bike Ride

Sunday 1-3pm

Try out that new bike (or a borrowed or rented one). Pedalling around Canberra is one of the best ways to see the sights whilst getting some exercise.

31

AUG

13 Story Sharing - Transition and Discovery

Saturday 5 to 9pm

Join us round a fire for a night of sharing stories! When did you discover you were intersex? Have you already transitioned, are you currently thinking about it, or have you decided not to? Come along and share your stories, thoughts and questions in a relaxed and informal setting.

Sewing

Saturday 10 to 4pm

This sewing course will cater to a wide variety of skill levels from sewing on a button through to making and modifying your own clothes.

27

SEP

Weights and Gym

Sunday 2 to 5pm

We have exclusive use of a gym! A fully qualified instructor will show effective and safe use of weights and other gym equipment, as well as information on good nutrition.

4

10 Partners and Relationships

Saturday 10 to 4pm (lunch provided)

This session is designed specifically for the partners of intersex and trans people. What's it like when you discover your partner cross dresses, is intersex or wants to transition? What does this mean for your relationship, the way you see yourself, and how you relate to the person you fell in love with? Maybe you've always known that your partner was trans or intersex? The afternoon session will provide an opportunity for discussion about what support needs to be built for the future.

OCT

Mystery Event

It could be anything... Register to find out more

?

NOV

Ice Skating

Saturday 1:30 to 3:30pm

Whether it's powerful prancing or pretty pirouettes - use your new found confidence in public whilst getting some exercise.

12

DEC

Camping Trip

Sat 3rd to Sunday 4th December

Enjoy the healthy outdoor life with bush, beach, bbq and birds (of the feathered kind) during this canvas covered escapade! You'll be close to nature for two wonderful days of camping with a group of like-minded people. Upgrade to cabin accommodation is available for the less adventurous.

Speak your mind and heart with art

Seven Week Course
Tuesdays 5:30 - 8:30pm
13th Sept to 25th Oct

Art can provide an effective way of communicating complex ideas (even for those of us who think we can't draw!) This course is designed to give everyone the opportunity to explore the possibilities. Take a risk! Let yourself be surprised by an artistic adventure!



Interested? Contact us: register@genderrights.org.au

A Gender Agenda works with the sex and gender diverse community which includes transsexuals, transgender people, intersex people, cross-dressers and other gender variant or gender non-conforming people. We provide support and information for individuals, partners, family and employers. We also provide training and advocacy services. Our calendar of events for 2011 is supported by the ACT Government under the ACT Health Promotion Grants Program.

