

## Referral information

The following services may be useful if you are looking for further information or looking for support options for friends or family members, or it might be a service you're contemplating accessing yourself.

Please contact me if you want to talk about which option might be the most appropriate.

## Sexual assault services

There are services situated around Australia that provide specialist counselling support and other assistance to victims of sexual assault, and their non-offending partners, and/or family and friends. Contact the service in your state/territory to access counselling support, or to obtain information in relation to legal options, physical health concerns, or referrals to other services. The services listed below are free and confidential. You don't have to identify who you are or what you do.

<b>Victoria</b>	
Sexual Assault (statewide)	1800 806 292
<b>South Australia</b>	
Yarrow Place Rape & Sexual Assault Service	(08) 8226 8787
<b>West Australia</b>	
Sexual Assault Referral Centre	1800 199 888
<b>New South Wales</b>	
NSW Rape Crisis Centre	1800 424 017
<b>ACT</b>	
Canberra Rape Crisis Service	(02) 6247 2525
Services Assisting Male Survivors of Sexual Assault (SAMSSA)	(02) 6262 7377
<b>Queensland</b>	
Statewide Sexual Assault Helpline	1800 010 120

Links to sexual assault resources:

[www.apex.net.au/~samssa](http://www.apex.net.au/~samssa)

[www.casa.org.au](http://www.casa.org.au)

[www.wch.sa.gov.au/services/az/other/yarrowplace/files/index.htm](http://www.wch.sa.gov.au/services/az/other/yarrowplace/files/index.htm)

[www.pmh.health.wa.gov.au/services/sarc/index.htm](http://www.pmh.health.wa.gov.au/services/sarc/index.htm)

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

## Domestic/Family Violence Services

Most domestic violence services provide a range of services and supports including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities. Information about these services would be particularly helpful for women/children or men who are experiencing domestic or family violence or who may have experienced or witnessed domestic/family violence in the past, perhaps as a child.

<b>Victoria</b>	
Women's Domestic Violence Crisis Service	(03) 9373 0123 (metro) 1800 015 188 (regional)
<b>South Australia</b>	
Domestic Violence Helpline	1800 800 098
<b>West Australia</b>	
Domestic Violence	1800 007 339
<b>New South Wales</b>	
Domestic Violence Service (Department of Community Services)	1800 656 463
<b>ACT</b>	
Domestic Violence Crisis Service	(02) 6280 0900
<b>Queensland</b>	
Domestic Violence Services ("DV Connect")	1800 811 811

Link to resources and other services around Australia

[www.dvirc.org.au/ServicesHub/ServicesIndex.htm](http://www.dvirc.org.au/ServicesHub/ServicesIndex.htm)  
[www.domesticviolence.com.au](http://www.domesticviolence.com.au)

## Men's services

### *Men's Referral Service (Victoria only)*

No To Violence (NTV), the Male Family Violence Prevention Association Inc., is a peak organisation of individuals and agencies working for the prevention of male family violence. Their specific focus is on working with men to assist them to change and end their violent behaviour. The aims of NTV as a peak organisation are: to provide counselling, advisory, referral and educational services to men who have inflicted or are

at risk of inflicting violence on family members and to family members exposed to male family violence or the risk of male family violence.

[www.ntv.net.au](http://www.ntv.net.au)

### ***Relationships Australia (national)***

Relationships Australia is committed to enhancing the lives of communities, families and individuals and supporting positive and respectful relationships. They provide family support services to nearly 90,000 Australians per year. And despite the reluctance in the past of men to access these services, recent figures show that 40, 000 (almost half) of their clients are now men.

Most clients seek their services to help strengthen and build relationships or resolve relationship breakdown issues. These services are provided through education programs, counselling programs, primary dispute resolution services and children's services. They operate services from around 100 locations across Australia.

[www.relationships.com.au](http://www.relationships.com.au)

### ***Mensline Australia (national)***

Mensline Australia supports men who are dealing with family and relationship difficulties, particularly surrounding family break-down or separation.

Mensline Australia's telephone counsellors are professionally trained to provide:

- confidential, professional and non-judgmental short-term counselling;
- direct telephone linkage to local services if required;
- relevant information and referrals to services and support programs in your area; and,
- relationship coaching and practical strategies for managing difficult situations

The service is available to men around Australia, 24 hours a day, seven days a week, for the cost of a local call.

[www.menslineaus.org.au](http://www.menslineaus.org.au)

<b>Victoria</b>	
Men's Referral Service	(03) 9428 2899 (metro) 1800 065 973 (rural)
Mensline Australia	1300 789 978
Relationships Australia	1300 364 277
<b>South Australia</b>	

Relationships Australia	1300 364 277
Mensline Australia	1300 789 978
<b>West Australia</b>	
Relationships Australia	1300 364 277
Mensline Australia	1300 789 978
<b>New South Wales</b>	
Relationships Australia	1300 364 277
Mensline Australia	1300 789 978
<b>ACT</b>	
Relationships Australia	1300 364 277
Mensline Australia	1300 789 978
<b>Queensland</b>	
Men's Information Line	1800 600 636
Relationships Australia	1300 364 277
Mensline Australia	1300 789 978