# Football Supporters' Federation Wales FSF Cymru Issue 18

## Russia v Wales FIFA World Cup 2010, Group 4 Qualifying Round



Wednesday 10 September 2008





Croeso i rifyn 18 o dywyslyfr gwybodaeth FSF Cymru ar gyfer gemau tramor Cymru. Rydym wedi derbyn ymateb calonogol oddi wrth y cefnogwyr ond yn awyddus i ddal ati i wella'r llyfrynau, felly os oes unrhywbeth hoffech chi weld yn cael ei gynnwys, cysylltwch ag un o wirfoddolwyr FSF Cymru.







Travelling from the city centre by Metro, the nearest station to the stadium for the senior match is Cherkizovskaya, which is the second last station on the red line, **line one** heading in a north-easterly direction.



Information for Welsh fans compiled by Welsh Fans.

**FSF Cymru helpline number + 44 7905 861848** 



FSF Cymru has been busy during the summer campaigning to both F.I.F.A. And U.E.F.A. We believe the 60 day and 90 day rule with regards to the minimum time allowed for disclosure of match venues should be extended.

Welsh fans had less than 2 months to arrange this trip to Moscow and it is unfair on our National team and particularly our supporters that venues are unknown until close to the match date. This gives countries with multi stadia options an unfair advantage over teams that always play in their national stadiums, like Wales and England.

We intend to write to FIFA and EUFA and have the full backing of the Football supporters Federation and the newly formed Football Supporters International committee, which consists of fans from all parts of Europe.

FSF Cymru has 3 main volunteers in Moscow to assist fans if required, they are Vince Alm, Neil Dymock and Gareth Dainton.





Vince Alm: Cardiff

Vince will lead the FSF Cymru volunteers and can be contacted on the FSF help line at all times + 44 7905 861848. Vince will have contact with the police officers who have travelled over from Wales, in addition, he has access to officials from the British consulate if required. Vince organises trips for Welsh fans based around south Wales to every International away match and is also on the executive council of the national FSF.



**Neil Dymock: Swindon** 

Neil will be assisting Vince and Gareth during the trip as well as doing his usual busy schedule of activities. Neil and other representatives of the Welsh charititable organisation "Gôl" will be meeting children from an orphanage to donate funds and gifts. He will also have copies of the fanzine "The Dragon has landed" available for purchase, this publication is vital in helping to raise the profile of the activities of Welsh fans.



**Gareth Dainton: Gilfach Bargoed** 

Our third member volunteering to man the Fans Embassy is Gareth, he is a regular at away games. He has played over 20 times for the Supporters' football team that represents Wales. Gareth attends most Wales games and is a Welsh speaker. Gareth will be available on call throughout the trip alongside Vince and Neil. If for whatever reason the Help line number is unobtainable please contact Gareth on + 447957 643760

FSF Cymru volunteers will be based at the COSMOS hotel in Moscow The Hotel Cosmos has a convenient location just 200 metres from the metro station (VDNKha) and 20 minutes drive from the Kremlin

150, Prospect Mira Moscow, 129366, Russia

+7 (495) 234 1000

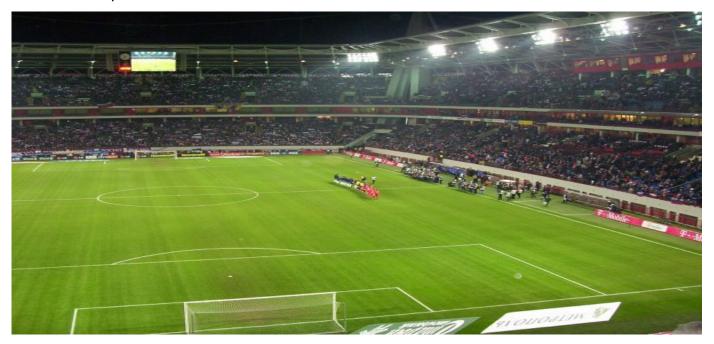
FSF HELP LINE TELEPHONE NUMBER + 44 7905 861848

#### Fans project in conjunction with the British Council in Moscow

Neil Dymock has again been working hard to organise a supporters match against the fans of our opponents, we are looking for volunteers to play in the match. Unfortunately due to difficulties with visas and late venue news, many fans have decided to miss this trip. Neil has been in contact with Oleg Eletskiy from the British council in Moscow. Once again "Gol " will be donating cash to a needy cause, this time its to go to an orphanage 50 km outside of Moscow. We have decided to organise everything on the morning of the senior match September 10,2008 starting at 10 am. The children are coming into Moscow for a day out, a master class of football coaching will be provided for the children and its hoped a famous footballer will come along to help with that. This will take place on the same pitch as the supporters match, **PLEASE CONTACT OUR HELP LINE FOR DETAILS OF VENUE** 

The coaching will take place at 10 am and we will present the Director of the Orphanage with a cash donation and other gifts for the children, donated by the Welsh fans. Dragon has landed sales and fund raising done by the Welsh fans charity "Gol"

The Supporters match will then take place at 1 pm...kits are being supplied by the British Council and there will be a lot of media interest. Please bring your boots and shin pads if you wish to take place.



Lokomotiv stadium 2004 Russia v Wales Anthems

Mel Morgan Sportswear support the volunteers of FSF Cymru.

Mel Morgan Sportswear Ebbw Vale 01495 302660

http://www.melmorgansports.co.uk/

Before you travel anywhere in the world please visit the travel advice section of the Foreign and Commonwealth (FCO) website...http://www.fco.gov.uk/en/travelling-and-living-overseas/

#### **General Information Moscow**

#### Travellers' cheques and credit cards

are not widely recognised in Russia, and use of credit cards is not as widespread as here in England – basically, only posh restaurants and hotels will accept them. Also, Russian criminals are world leaders when it comes to "skimming" credit card information and could have your credit card up to it's limit in no time. Pay cash wherever you can, and, if you use your credit card at all whilst in Russia, check your bill thoroughly when it arrives.

#### Chemists

36.6, Tverskaya 25. Tel: 095 299 2459. 24 hr. Nearest metro: Pushkinskaya

36.6, Zemlyanoy Val 25, Tel: 095 917 1285. 24 hr. Nearest metro: Kurskaya

No 57, B Tcherkizovskaya 8, Tel: 095 161 2070 24 hr. Nearest metro: Preobrazhenskaya Ploshchad

Ferin, Nikolskaya 19, Tel: 095 923 4879 24 hr. Nearest Metro: Lubyanka

#### Exporting souvenirs,

particularly memorabilia from the Soviet era like caps, badges and soon, should present no significant problems but some of the other remnants of the previous regime though – like the relatively freely available vast range of weaponry, for example – are best avoided!

Russia is outside the EU, so you can use duty free shops in airports at either end, BUT old school duty free allowances do apply when returning to Britain – there's a limit of 200 cigarettes and a litre of spirits.

Don't be surprised if it takes up to two hours to complete customs and immigration facilities on the way in to Russia. **Electricity** 

Most of Russia runs on 220v and uses continental European-style 2 pin plugs.

#### **Emergencies**

Fire пожар (pazhar) 01

Police милиция (militshya) 02

Ambulance скорая помощь (skoraya pomash) 03

#### Health

Your travel insurance policy should give good cover for medical treatment. Russian hospitals are grim, foreign-staffed clinics expensive. Travellers are advised to bring their own prescribed medications. No inoculations are mandatory before arrival, though some doctors advise diphtheria and hepatitis inoculations.

#### Hospitals

British-American Family Practice & Urgent Care, Grafskiy Pereulok 7, Tel: 095 327 6030 or 095 999 0949 European Medical Centre, Gruzinskiy Pereulok 3. Tel: 095 253 0703

American Medical Centre, Shmitovskiy Proezd 3. Tel: 095 956 3366

International SOS Clinic, 31 Grokholskiy Pereulok, 10th floor, Tel: 095 937 5760

#### **Newspapers**

The main English language newspaper is The Moscow Times. Other English language newspapers are the weekly Russian Journal and Moscow News.

Most English magazines and newspapers sold on newsstands are expensive and the selection usually poor.

#### **Phoning Home**

Country code 7; international access code 8 (wait for second tone) 10.

The cheapest way to phone home is to use a special telephone card for IP-telephoning. Cards can be bought telecom shops (sa'lon s'vyazi), usually next to metro stations - usually also selling mobile phones and accessories Just dial the access number written on the card, switch to the tone mode (usually a \*(star) button), dial your PIN and then the number you are calling.

#### **Photography**

You could be arrested if found taking pictures of military bases and the like, and militia officers may object if you point your camera directly at them.

#### **Tipping**

With the exception of taxi drivers, who invariably charge double for foreigners, tip as you would anywhere else in the world.

#### **Toilets**

Russian public toilets are rare and dreadful. Go out armed with paper and make use of restaurant or museum facilities, which are marginally better!

Thanks to Peter Daykin and Kevin Miles FSF for this additional information from the Free Lions

#### More Useful facts about Moscow

#### Basic Russian Phrases

YES = dah ...NO = nyehtt... PLEASE = pazhalsta ...THANK YOU = spahseebah

GOOD MORNING = dobrahye ootrah ...GOOD AFTERNOON = dobriy dyehn

GOOD NIGHT = spahkoynoy nochee... GOOD-BYE = dah sveedahnyah

WHAT IS YOUR NAME? = kahk vaz zavoot... MY NAME IS... = meenya zahvoot...

HOW ARE YOU? = kahk dyela ... FINE THANKS, AND YOU? = khahrahsho spaseebah, ah vi

I (DON'T) UNDERSTAND. = ya (neh) pahneemahyu

DO YOU SPEAK ENGLISH? = vi guhvahreetye pah-ahngleeyskee

I DON'T SPEAK (MUCH) RUSSIAN = yah nyeh guhvaryu (mnogah) pah-rooskee

**The Moscow Metro** not only looks good - it really works efficiently too. Prices are very reasonable (60 roubles will buy you a ticket valid for 5 trips city-wide), and the trains run very frequently and very fast. A couple of tips - make sure to put your ticket correctly into the entry barrier and COLLECT IT before trying to pass through, Likewise, the doors of the trains themselves are not worth playing with. Forget the slow-closing and feeble doors of the London Underground - Moscow's train doors operate with guillotine-life efficiency and speed.

Of course navigating Moscow's metro can be tricky, especially if you're not so familiar with the language...However head straight to 'Moscow metro map' inside back cover of this booklet for a handy guide with anglicized letters!



FSF Cymru volunteers will be based at the Cosmos hotel situated in the northern part of Moscow, the enormous 25-storey Cosmos Hotel looms impressively next to VDNKh Metro Station and the Soviet Space Obelisk monument.

We are negotiating with the police to provide transport to and from this hotel for the match at the Lokomotiv stadium. We feel this is the safest option and all Welsh fans will be welcome to use this service. Vince, Gareth and Neil will take charge of running the coaches, contact them if you need assistance + 44 7905 861848

Official currency in Russia is the Ruble – banknotes in denominations of 5,10, 50,100,500 and 1,000 are in circulation. There are 1, 2 and 5 Rouble coins and 1, 5, 10 and 50 Kopeks, of which there are 100 to the Ruble.

It is theoretically illegal to use any other currency in Russia – though cab drivers and members of the oldest profession generally prefer US Dollars or Euros.

Sterling can be very difficult to exchange, and we recommend taking Euros or US Dollars for this very reason. DON'T change money on the street – it's illegal, and, anyway, you're begging to be ripped off. That excellent rate you were offered won't seem such a good deal when you're lumbered with a load of Rubles with CCCP and Lenin's portrait on them, which are worth substantially less then the paper they're printed on.

The most reliable ATM's are those inside metro stations and branches of Sberbank, Alfa Bank and Bank Moskvy. Most big hotels have a 24hr bank or money-changing facility

Fill in a currency declaration form on arrival; get receipts for each time you change money and fill in a similar form on departure, Rubles may not be exported

- 1.00 British pounds sterling = 46.58 Russian rubles ... 1.00 US dollars = 23.50 Russian rubles
- 1.00 Euros = 36.87 Russian rubles ...rates correct July 2008

## FSF Cymru Quiz

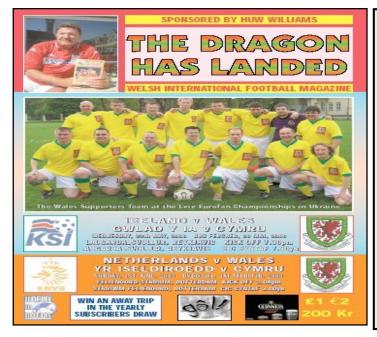
- 1. Which alcoholic drink is named after a Welsh Pirate?
- 2. Which Welsh band released the album "International Velvet"?
- 3. What does the dish 'buck rarebit' have that 'welsh rarebit' does not?
- 4. What is the sponsored name of Glamorgan's newly developed ground in Cardiff??
- 5. In Which year was Newport awarded city status to mark the Queen's Golden Jubilee?
- 6. Which Cheese was the traditional lunch of Welsh miners?
- 7. Which British River did the Romans call Sabrina and the Welsh name Hafren?
- 8. What's the main ingredient in the Welsh delicacy laver bread?
- 9. What is the name of the stadium where Haverfordwest County play home games?
- 10. Dylan Thomas wrote the play 'Under Milk Wood' but in which decade did he die?
- 11. Who was the first Welsh female singer to top the singles charts in the USA?

#### Bonnie Tyler

- 12. Who in 1991 became the youngest ever welsh football international?
- 13. Who commentated on television, on Gareth Edwards' famous try for the Barbarians v New Zealand in 1973?
- 14. Which Welsh band released the album "The Holy Bible" in 1994?
- 15. Who is the Colonel-In-Chief of the Royal Welsh Fusiliers?

#### The Queen

- 16. Which actor won an Oscar for Best Supporting Actor for his role in Ben Hur?
- 17. Which Rhondda town gave Richard Llewellyn the setting for How Green Was My Valley?
- 18. Who was the Welsh born detective monk about whom Ellis Peters wrote?
- 19. Which Welsh town's name means "Valley of the Crow"?
- 20 Which Welsh jockey won the Grand National in 1992 on Party Politics?



#### "The Dragon has landed"

Welsh International football Magazine is produced around Wales senior International matches. It contains fans stories, information about Gôl, match reports, player statistics, supporters team reports, plus many more articles. To find out more information, please email <a href="mailto:dhlfanzine@aol.com">dhlfanzine@aol.com</a>

Many thousands of pounds have been raised over the years and orphanages and Children's homes throughout Europe have benefited from the fund raising efforts of the Welsh supporters





#### Information from the Foreign and Commonwealth Office

#### WHAT KIND OF HELP WE CAN PROVIDE AT THE BRITISH EMBASSY

We can:

- issue replacement passports; provide information about transferring funds;
- provide appropriate help if you have suffered rape or serious assault, are a victim of other crime, or are in hospital;
- help people with mental illness; provide details of local lawyers, interpreters, doctors and funeral directors (see note 1 below); do all we properly can to contact you within 24 hours of being told that you have been detained
- offer support and help in a range of other cases, such as child abductions, death of relatives overseas, missing people and kidnapping contact friends and family for you, if you want; and make special arrangements in cases of terrorism, civil disturbances or natural disasters.

#### Note 1:

Neither the Government nor the relevant British Embassy, High Commission or Consulate can make any guarantee in relation to the professional ability or character of any person or company on the list, nor can they be held responsible in any way for you relying on any advice you are given.

#### We cannot:

- get you out of prison, prevent the local authorities from deporting you after your prison sentence, or interfere in criminal or civil court proceedings; help you enter a country, for example, if you do not have a visa or your passport is not valid, as we cannot interfere in another country's immigration policy or procedures;
- give you legal advice, investigate crimes or carry out searches for missing people, although we can give you details of people who may be able to help you in these cases, such as English-speaking lawyers;
- get you better treatment in hospital or prison than is given to local people;
- pay any bills or give you money (in very exceptional circumstances we may lend you some money, from public funds, which you will have to pay back);
- · make travel arrangements for you, or find you work or accommodation; or make business arrangements on your

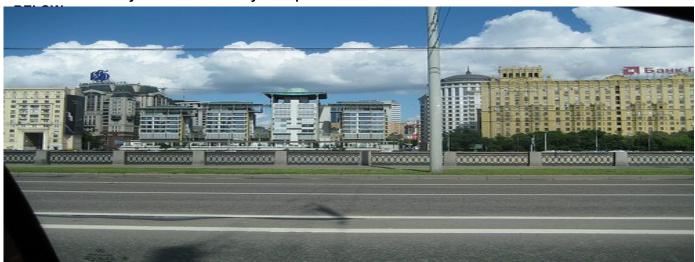
If you have the misfortune to lose your passport + Russian VISA you will need a new exit visa. First of all you must contact a local police station and make a request for an official document confirming that your visa was stolen. It is essential you obtain a police certificate (**spravka**) for the loss. Exit VISA and new passport cannot be processed without your application without a **spravka**.

Contact whoever provided your letter of invitation (or the local representatives).

You should then submit the relevant passport application form (C1 for adults, C2 for children under 16) along with two photographs (one certified) and form LS01 (Lost or Stolen Passport Notification) to the Consular Section. These application forms can be printed off on-line from the British Embassy website.

When travelling internationally, carry your passport even if you don't need one (it's always the best form of I.D.) and make two photocopies of the data page (one for someone at home and another for you, carried separately from your passport). If you lose your passport, promptly call the nearest embassy or consulate and the local police.

Contact the FSF Cymru volunteers is you require assistance with this..BRITISH EMBASSY PICTURE



#### Foreign office advice for Welsh fans in Moscow...Know before you go

You should not become involved with drugs. Penalties are severe and the courts impose long sentences for those found in possession of even small quantities of drugs, regardless of whether they are "hard" or "soft It is a legal requirement that you carry your passport at all times in the Russian Federation. A copy will not be sufficient. If you are asked for ID and cannot produce your passport, you will be fined.

The photographing of any military installation, establishment or site of strategic importance is prohibited; this includes airports. You are likely to have your film confiscated, be detained for questioning and possibly arrested if you do not observe this rule

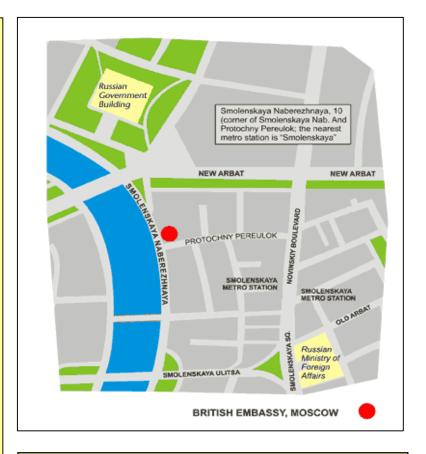
#### **Migration Cards**

All foreign nationals entering Russia must fill in a migration card. The card is in two identical parts. One part will be retained by the Immigration Officer on arrival. You should keep the other part with your passport and show it, along with your passport, to the police, if they stop you for an identity check during your stay. You should hand in the second part to the **Immigration Officer on your departure** from Russia. You must complete a new migration card each time you enter Russia, even if you have a multiple entry visa. If you lose the second part of the card you will be fined, and your departure from the country could be delayed.

If travelling by taxi, use officially marked taxis and do not share them with strangers. We advise against flagging down unofficial taxis.

As in most countries, cities in Russia have their fair share of petty crime. You should be alert at all times to the possibility of mugging, pick pocketing and theft from vehicles or

hotel rooms. Be particularly alert to groups of women and children who



#### **Money**

Russian currency (roubles) is not widely available in the UK, although the Post Office can order it in (this takes up to three days). If you wish to purchase roubles in Russia, we advise that you take US dollars or Euros to change. All dollar or euro notes should be in good condition. You should only change money at banks, hotels and recognised exchange kiosks. It is an offence to change money from street traders. It is illegal to pay directly with dollars or Euros.

Most hotels, restaurants and larger shops accept credit cards, but smaller shops do not. ATMs exist in most major cities. Travellers cheques are not widely accepted. Health

A Reciprocal Health Care Agreement operates between the UK and Russia. This entitles British nationals to free treatment in a Russian hospital. However, any treatment you receive is likely to be limited. We strongly recommend that you obtain comprehensive travel and medical insurance before travelling. You should check any exclusions, and that your policy covers you for any activities you may wish to undertake. As well as full insurance cover for medical treatment and accidents, we recommend that you obtain cover for unexpected losses such as cancelled flights, stolen cash, cards, passport or luggage

## Moscow nightlife

Probably Moscow's nightlife is the most exciting and unbridled in Europe, but also it can be one of the most expensive and dangerous. After communism fall the city opened its doors to the world and since then it attracts many top DJs, top models, wealthy entrepreneurs and uncontrolled substances.

Moscow is a beautiful city at night where in addition to the many bars, discos, casinos and nightclubs; there are also a wide variety of cultural entertainment like Opera, Theatre, Ballet and much more. Besides, the city is perfectly illuminated creating the ideal back drop to the Moscow nightlife. Moscow is a city that never sleeps, thus you can eat a midnight burger or buy an electronic device at 6 am; since many stores and restaurants are opened 24 hours.

In Moscow the lap dancing bars are very popular and both men and women attending commonly them without prejudices.

In Russia the minimum drinking age is 18 years old; but you need 21 years old to buy alcoholic drinks (bizarre); being the Vodka (obviously) the most popular drink. Clubs open usually until 6 a.m. and the parties commonly start after midnight.



The Vodka Bar,(pictured left) at Lva Tolstovo 18b; Metro: Park Kultury), is sure to be packed with dyevushki (young ladies) happy to introduce you to the 22 sorts of vodka and extensive cocktails menu, between dances to pop and house music. If all you need is under one roof then a good choice would be the Gradus Bar (Pictured right) at Sretenka 26 (607 0713; Metro:



There's no denying the potential for trouble. Binge-drinking and raucous revelry raise few eyebrows in Moscow, but there are limits – vandalism, derogatory gestures or flag-burning, for instance. Russia's riot police – the OMON – are known for policing matches as though they were war zones and are even more fearsome than Russian hooligans. So if a bloke in blue-grey camouflage wear and Darth Vader accoutrements barks "prokhodite", he's telling you to move along.

There was trouble during our last visit to Moscow but the Foreign office reported much better news from the England game last year and the recent Champions league final. Please be cautious though and there is a real probability that there will be transport put on for Welsh fans from the Cosmos hotel. Keep things friendly (you could pin a Russian tricolour to your shirt as a goodwill gesture) and most Muscovites should reciprocate. Score points with locals by toasting "Za vashe zdorovye" ("Your health") in vodka in the manner known as kamushki ("stones"), whereby drinkers cover their glasses before knocking them together to produce a satisfyingly weighty click.

INFORMATION FROM Dan Pichardson who is the author of The Rough Guide to Moscow

## Moscow...Capital city of the Russian Federation

Moscow is the financial and political centre of Russia and its biggest city. The city has a population of around 13 million, and covers an area of around 1080 km². Moscow is a huge city located on the Moskva River, which bends its way through the city. Most of the main sites are on the northern bank of the river. The other major waterway is the Yauza River, which flows into the Moskva east of the Kremlin.

Much of Moscow's geography is defined by the numerous 'Ring Roads' that circle the city at various distances from the centre, roughly following the outline of the walls that used to surround Moscow. With Red Square and the Kremlin forming the very centre, the innermost ring road is the Boulevard Ring, built in the 1820s where the 16th centuries walls used to be. It runs from the Christ the Saviour Cathedral in south-west central Moscow, to the mouth of the Yauza in south-east central Moscow. The next ring road, the Garden Ring, derives its name from the fact that landowners near the road in Tsarist times were obligated to maintain gardens to make the road attractive. In Soviet times the road was widened.

The recently constructed Third Ring is not much use for tourists but is a heavily used motorway which absorbs a bit of Moscow's traffic. It roughly follows the outline of *Kamer-Kollezhsky val*, the customs boundary of Moscow in the 18th-early 20th century. The outer edge of Moscow is largely defined by the Moscow Ring Road, a motorway which encircles the entire city (similar to London's M25 Finally, a Fourth Ring is due to be built between the Third Ring and the Moscow Ring Road in the next years.

#### **Transport**

Central Moscow is best explored on foot, but as the distances are huge, the visitor will most likely use the famous **Metro** system . It is comprehensive, boasts some great architecture, and is relatively cheap. As of January 2008, a single trip costs 19 RUB, independent of the length of the trip. Tickets are sold only at manned booths within the stations ("kassa"). In several stations there are tickets vending machines. A convenient way to avoid queuing is to buy a multi-trip card for 10 or 20 trips (10 at 155 RUB; 20 at 280 RUB). There are no day tickets or similar offers directed to visitors.

The metro is open from 5:30AM - 1AM - Stations close at 1AM so your journey must be completed by then (more precisely, at 1AM the last train starts from the end stations, the entrances are officially closed and the escalators are stopped). Before 7AM and after 7PM the metro is never busy. Between these times on work days it can be a real squeeze, especially within the ring. Some escalators are a two minute ride as the stations in the city centre are very deep. On the escalators stand on the right. (Metro guide inside back page)

It's important to know that colours in the underground's signs don't necessarily correspond to the ones on the maps, so the green line is not necessarily indicated by a green sign (that could be the sign for the gray line). To not miss your path refer to numbers, that is to say: line 3 is line 3 whatever colour is on the sign! **There are no English signs inside** so have your itinerary ready beforehand or learn to read Cyrillic, which is not impossible. Don't let yourself be stressed by the huge masses of people. The Russians also take their time to study the tiny signposts to see where to change trains or which exit to take. Don't use the metro if you are claustrophobic as the air is getting thick especially at rush hour.

In Russia and Moscow the difference between hailing a cab and simply hitchhiking is blurry. It's an old Russian tradition for drivers to offer rides to strangers, for a fee. For many Russians it's like a second job. Although it is often neglected, there is more to Moscow public transit than the underground metro. Moscow has wide network of buses, trolley-buses and tram lines. These get stuck in traffic at rush hour, so worth only taking if you live far away from a metro station. If you are at a reasonably major stop, buy a ticket at the silver kiosks near the station - one ride is 17RUB (multi-ride cards are available too), whereas a ticket bought on-board is 25RUB. Exact change helps for the latter. Board the bus, trolley-bus or tram from the front door through the turnstile.

There is also a monorail in Moscow, running from VDNKh to Metro Timiryazevskaya. A ticket costs 19RUB (same as Metro), but the gates currently don't accept standard Metro multi-trip cards. Monorail

### Moscow metro

## "Cherkizovskaya" Nearest Metro to stadium Line one



Quiz answers. 1. Captain Morgan's Rum 2. Catatonia 3. A poached egg on it 4 Swalec stadium5. 2002. 6 Caerphilly - another name for Caerphilly is Eppynt. 7 Severn 8 Seaweed 9. Bridge meadow stadium 10. Fifties 11. Bonnie Tyler 12. Ryan Giggs 13. Cliff Morgan 14. Manic Street Preachers 15. The Queen 16. Hugh Griffith 17. Gilfach Goch 18. Brother Cadfael 19. Cwmbran 20. Carl Llewellyn



## **Lokomotiv Stadium Moscow**



## CYMRU MEWN COCH

FSF Cymru strongly believes that Welsh fans should put their club loyalties aside and forget inter club rivalry when the Welsh international team is playing.

We are all Welsh fans, ambassadors for our country and we should unite together in our support of our national team both home and abroad.

Our country and our national side need our support, we are a small nation but if we stand together, we can make a difference. Lets roar

the Dragons to victory.

FSF Cymru Helpline +447905 861 848